# HARMONIC MEASURE AND RIESZ TRANSFORM IN UNIFORM AND GENERAL DOMAINS 

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#### Abstract

Let $\Omega \subsetneq \mathbb{R}^{n+1}$ be open and let $\mu$ be some measure supported on $\partial \Omega$ such that $\mu(B(x, r)) \leq$ $C r^{n}$ for all $x \in \mathbb{R}^{n+1}, r>0$. We show that if the harmonic measure in $\Omega$ satisfies some scale invariant $A_{\infty}$ type conditions with respect to $\mu$, then the $n$-dimensional Riesz transform $$
\mathcal{R}_{\mu} f(x)=\int \frac{x-y}{|x-y|^{n+1}} f(y) d \mu(y)
$$


is bounded in $L^{2}(\mu)$. We do not assume any doubling condition on $\mu$. We also consider the particular case when $\Omega$ is a bounded uniform domain. To this end, we need first to obtain sharp estimates that relate the harmonic measure and the Green function in this type of domains, which generalize classical results by Jerison and Kenig for the well-known class of NTA domains.

## 1. Introduction

In this paper we study the relationship between harmonic measure in a general domain $\Omega \subset \mathbb{R}^{n+1}$ and the $L^{2}$ boundedness of the $n$-dimensional Riesz transform with respect to some measure $\mu$ supported on $\partial \Omega$. We do not assume any doubling condition on the surface measure of $\partial \Omega$ or on the underlying measure $\mu$. We also consider the particular case when the domain $\Omega$ is a uniform domain. Further, for this type of domains we obtain sharp estimates which relate the harmonic measure and the Green function on $\Omega$ which are of independent interest and are new in such generality, as far as we know.

Let $n \geq 1$, let $\Omega \subsetneq \mathbb{R}^{n+1}$ be an open set, and let $\mu$ be a Radon measure supported on $\partial \Omega$ satisfying the growth condition

$$
\begin{equation*}
\mu(B(x, r)) \leq C_{\mu} r^{n} \quad \text { for all } x \in \mathbb{R}^{n+1} \text { and all } r>0 . \tag{1.1}
\end{equation*}
$$

Roughly speaking, our first theorem asserts that if the harmonic measure in $\Omega$ satisfies some scale invariant $A_{\infty}$ type condition with respect to $\mu$, then the Riesz transform

$$
\mathcal{R}_{\mu} f(x)=\int \frac{x-y}{|x-y|^{n+1}} f(y) d \mu(y)
$$

is bounded in $L^{2}(\mu)$. To state the theorem in detail, we need some additional notation and terminology.

Given a point $p \in \Omega$, we denote by $\omega^{p}$ the harmonic measure in $\Omega$ with pole $p$. Given $a, b>1$, we say that a ball $B \subset \mathbb{R}^{n+1}$ is $\mu$ - $(a, b)$-doubling for $\mu$ (or just $(a, b)$-doubling if the measure $\mu$ is

[^0]clear from the context) if
$$
\mu(a B) \leq b \mu(B)
$$
where $a B$ stands for the ball concentric with $B$ with radius $a$ times the radius of $B$.
Our main result is the following:
Theorem 1.1. Given $n \geq 1$, let $0<\kappa<1$ be some constant small enough and $c_{d b}>1$ another constant big enough, both depending only on $n$. Let $\Omega$ be an open set in $\mathbb{R}^{n+1}$ and $\mu$ be a Radon measure supported on $\partial \Omega$ satisfying the growth condition (1.1). Suppose that there exist $\varepsilon, \varepsilon^{\prime} \in(0,1)$ such that for every $\mu-\left(2, c_{d b}\right)$-doubling ball $B$ centered at $\operatorname{supp} \mu$ with $\operatorname{diam}(B) \leq \operatorname{diam}(\operatorname{supp} \mu)$ there exists a point $x_{B} \in \kappa B \cap \Omega$ such that the following holds: for any subset $E \subset B$,
\[

$$
\begin{equation*}
\text { if } \mu(E) \leq \varepsilon \mu(B), \quad \text { then } \quad \omega^{x_{B}}(E) \leq \varepsilon^{\prime} \omega^{x_{B}}(B) \tag{1.2}
\end{equation*}
$$

\]

Then the Riesz transform $\mathcal{R}_{\mu}: L^{2}(\mu) \rightarrow L^{2}(\mu)$ is bounded.
Let us remark that it does not matter if in the theorem the balls $B$ are assumed to be either open of closed. Observe that we do not ask the pole $x_{B}$ to be at some distance from $\partial \Omega$ comparable to $\operatorname{diam}(B)$. On the contrary, $x_{B}$ can be arbitrarily close to $\partial \Omega$. Notice also that, by taking complements, we deduce that if $\mu$ and $\omega^{x_{B}}$ satisfy the conditions above for a fixed $\left(2, c_{d b}\right)$-doubling ball $B$ centered at supp $\mu$, then the following holds: for any subset $E \subset B$,

$$
\text { if } \quad \omega^{x_{B}}(E)<\left(1-\varepsilon^{\prime}\right) \omega^{x_{B}}(B), \quad \text { then } \quad \mu(E)<(1-\varepsilon) \mu(B)
$$

Under the assumptions of the theorem, in the particular case when $\mu$ is mutually absolutely continuous with respect to the Hausdorff measure $\mathcal{H}^{n}$ on a subset $E \subset \partial \Omega$, we deduce that $E$ is $n$-rectifiable, by the Nazarov-Tolsa-Volberg theorem [NToV2]. Further, when $\mu=\left.\mathcal{H}^{n}\right|_{E}$ and $E$ is AD-regular, we infer that $E$ is uniformly rectifiable, by [NToV1], and we "essentially" reprove (by different methods) a recent result of Hofmann and Martell [HM2]. See the next section for the notions of AD-regularity and uniform rectifiability. Our theorem extends to a more general framework some of the recent results in [HM2], where the AD-regularity of the surface measure $\left.\mathcal{H}^{n}\right|_{\partial \Omega}$ is a basic assumption. See Section 11 for more details about how Theorem 1.1 specializes when $\mu$ is AD-regular and how this is connected to the main result in [HM2]. Let us also mention that, under the assumption that $\partial \Omega$ is AD-regular, an interesting partial converse in terms of "big pieces" to the aforementioned result from [HM2] has been obtained recently by Bortz and Hofmann in [BH].

When the measure $\mu$ is not absolutely continuous with respect to the Hausdorff measure $\mathcal{H}^{n}$, then from the $L^{2}(\mu)$ boundedness of $\mathcal{R}_{\mu}$ we cannot deduce that $\mu$ is $n$-rectifiable. However, in this situation the $L^{2}$ boundedness of the Riesz transform still provides some geometric information on $\mu$. This is specially clear when $n=1$, as shown in the works [To1] and [AT], for example.

We also remark that Theorem 1.1 can be considered as a local quantitative version of the main theorem in AHM3TV, where it is shown that if the harmonic measure and the Hausdorff measure $\mathcal{H}^{n}$ are mutually absolutely continuous in some subset $E \subset \partial \Omega$ with $0<\mathcal{H}^{n}(E)<\infty$, then $E$ is $n$-rectifiable. To prove this, it is shown in AHM3TV] that any such set $E$ contains another subset $F \subset E$ with $\mathcal{H}^{n}(F)>0$ such that $\mathcal{R}_{\left.\mathcal{H}^{n}\right|_{F}}$ is bounded in $L^{2}\left(\left.\mathcal{H}^{n}\right|_{F}\right)$. Some of the arguments to prove Theorem 1.1 are inspired by the techniques in AHM3TV].

In this paper we also consider the particular case when $\Omega$ is a bounded uniform domain in $\mathbb{R}^{n+1}$, that is, a bounded domain satisfying the interior corkscrew and the Harnack chain conditions (see the next section for the precise definitions). For this type of domains a variant of the preceding theorem with the harmonic measure with respect to a fix pole $p$ holds. Now the assumption (1.2) is replaced by a weaker (apparently) variant of the well known $A_{\infty}$ condition. Let $\mu$ and $\sigma$ be Radon
measures in $\mathbb{R}^{n+1}$. For $c_{d b}>1$ and $0<\varepsilon, \varepsilon^{\prime}<1$, we write $\sigma \in \widetilde{A}_{\infty}\left(\mu, c_{d b}, \varepsilon, \varepsilon^{\prime}\right)$ if for every $\mu-\left(2, c_{d b}\right)$-doubling ball $B$ centered at $\operatorname{supp} \mu$ with $\operatorname{diam}(B) \leq \operatorname{diam}(\operatorname{supp} \mu)$ the following holds: for any subset $E \subset B$,

$$
\begin{equation*}
\text { if } \quad \mu(E) \leq \varepsilon \mu(B), \quad \text { then } \quad \sigma(E) \leq \varepsilon^{\prime} \sigma(B) . \tag{1.3}
\end{equation*}
$$

It is easy to check that if $\sigma \in \widetilde{A}_{\infty}\left(\mu, c_{d b}, \varepsilon, \varepsilon^{\prime}\right)$, then $\mu$ and $\sigma$ are mutually absolutely continuous on supp $\mu$. The condition $\sigma \in \widetilde{A}_{\infty}\left(\mu, c_{d b}, \varepsilon, \varepsilon^{\prime}\right)$ can be considered as a quantitative version of this fact.

Then we have:
Theorem 1.2. Let $n \geq 1, \Omega$ be a bounded uniform domain in $\mathbb{R}^{n+1}$ and $\mu$ be a Radon measure supported on $\partial \Omega$ satisfying the growth condition (I.1). Let $c_{d b}>1$ be some constant big enough depending only on $n$ and let $0<\varepsilon, \varepsilon^{\prime}<1$. Let $p \in \Omega$ and suppose that $\omega^{p} \in \widetilde{A}_{\infty}\left(\mu, c_{d b}, \varepsilon, \varepsilon^{\prime}\right)$. Then the Riesz transform $\mathcal{R}_{\mu}: L^{2}(\mu) \rightarrow L^{2}(\mu)$ is bounded.

Analogously to Theorem [1.1, when $\mu$ coincides with $\left.\mathcal{H}^{n}\right|_{\partial \Omega}$ and is AD-regular, by [NToV1] it follows that $\partial \Omega$ is uniformly rectifiable (see Section 2 for the definition). This corollary was previously obtained by Hofmann, Martell and Uriarte-Tuero [HMU] by quite different arguments. Further, we remark that in this case the converse statement is also true, by another theorem due to Hofmann and Martell [HM1]. An alternative argument for this converse implication appears in the recent work [AHMNT], where it is shown that any uniform domain with uniformly rectifiable boundary is an NTA domain and then, by a well-known result of David and Jerison [DJ], $\omega^{p}$ is an $A_{\infty}\left(\left.\mathcal{H}^{n}\right|_{\partial \Omega}\right)$ weight. So notice that for a bounded uniform domain whose boundary is AD-regular, the following nice characterization holds:

$$
\partial \Omega \text { is uniformly } n \text {-rectifiable if and only if } \omega^{p} \text { is an } A_{\infty}\left(\left.\mathcal{H}^{n}\right|_{\partial \Omega}\right) \text { weight. }
$$

Theorem 1.2 follows from Theorem 1.1 and the following technical result, which may be of independent interest.
Theorem 1.3. Let $n \geq 1, \Omega$ be a uniform domain in $\mathbb{R}^{n+1}$ and let $B$ be a ball centered at $\partial \Omega$. Let $p_{1}, p_{2} \in \Omega$ such that $\operatorname{dist}\left(p_{i}, B \cap \partial \Omega\right) \geq c_{0}^{-1} r(B)$ for $i=1,2$. Then, for any Borel set $E \subset B \cap \partial \Omega$,

$$
\frac{\omega^{p_{1}}(E)}{\omega^{p_{1}}(B)} \approx \frac{\omega^{p_{2}}(E)}{\omega^{p_{2}}(B)},
$$

with the implicit constant depending only on $c_{0}$ and the uniform behavior of $\Omega$.
This result is already known to hold for the class of NTA domains introduced by Jerison and Kenig [JK] and also for the uniform domains satisfying the capacity density condition of Aikawa [Ai2]. However it seems to be new for the case of arbitrary uniform domains. To prove Theorem 1.3 we study first the relationship between harmonic measure and Green's function in this type of domains. In particular, in the case $n \geq 2$ we show that if $B$ is a ball with radius $r$ centered at $\partial \Omega$ and $x_{B} \in \Omega$ is a corkscrew point for $B$ (see Section 2 for the precise definition), then

$$
\omega^{x}(B) \approx \omega^{x_{B}}(B) r^{n-1} G\left(x, x_{B}\right) \quad \text { for all } x \in \Omega \backslash 2 B
$$

If $\Omega$ is an NTA domain or a uniform domain satisfying the capacity density condition, then $\omega^{x_{B}}(B) \approx$ 1 and the preceding estimate reduces to well known results due respectively to Jerison and Kenig [JK] and to Aikawa [Ai2].

The plan of the paper is the following. In Section 2 some notation and terminology is introduced. Section 3 reviews some auxiliary results regarding harmonic measure, most of them well known in
the area. Sections 4.9 are devoted to the proof of Theorem 1.1. The main step consists in proving the Main Lemma 4.1] stated in Section4 Some of the arguments to prove this (specially the ones for the Key Lemma 7.1) are inspired by similar techniques from [AHM3TV]. The proof of Theorem 1.1 is completed in Section 9 by means of the Main Lemma 4.1 and a corona type decomposition valid for non-doubling measures. Some analogous corona type decompositions have already appeared in works such as [To1] and [AT].

Section 10 is devoted to the study of harmonic measure on uniform domains and the application of the obtained results (such as Theorem 1.3) to the proof of Theorem 1.2. A basic ingredient for our results on harmonic measure in these domains is the boundary Harnack principle of Aikawa [Ail]. Finally, Section 11 deals with the situation when $\mu$ is assumed to be AD-regular.

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## 2. Notation and preliminaries

2.1. Generalities. We will write $a \lesssim b$ if there is $C>0$ so that $a \leq C b$ and $a \lesssim b$ if the constant $C$ depends on the parameter $t$. We write $a \approx b$ to mean $a \lesssim b \lesssim a$ and define $a \approx_{t} b$ similarly.

We denote the open ball of radius $r$ centered at $x$ by $B(x, r)$. For a ball $B=B(x, r)$ and $\delta>0$ we write $r(B)$ for its radius and $\delta B=B(x, \delta r)$. We let $U_{\varepsilon}(A)$ to be the $\varepsilon$-neighborhood of a set $A \subset \mathbb{R}^{n+1}$.
2.2. Measures and Riesz transforms. The Lebesgue measure of a set $A \subset \mathbb{R}^{n+1}$ is denoted by $m(A)$. Given $0<\delta \leq \infty$, we set

$$
\mathcal{H}_{\delta}^{n}(A)=\inf \left\{\sum_{i} \operatorname{diam}\left(A_{i}\right)^{n}: A_{i} \subset \mathbb{R}^{n+1}, \operatorname{diam}\left(A_{i}\right) \leq \delta, A \subset \bigcup_{i} A_{i}\right\} .
$$

We define the $n$-dimensional Hausdorff measure as

$$
\mathcal{H}^{n}(A)=\lim _{\delta \downarrow 0} \mathcal{H}_{\delta}^{n}(A)
$$

and the $n$-dimensional Hausdorff content as $\mathcal{H}_{\infty}^{n}(A)$.
Given a signed Radon measure $\nu$ in $\mathbb{R}^{n+1}$ we consider the $n$-dimensional Riesz transform

$$
\mathcal{R} \nu(x)=\int \frac{x-y}{|x-y|^{n+1}} d \nu(y)
$$

whenever the integral makes sense. For $\varepsilon>0$, its $\varepsilon$-truncated version is given by

$$
\mathcal{R}_{\varepsilon} \nu(x)=\int_{|x-y|>\varepsilon} \frac{x-y}{|x-y|^{n+1}} d \nu(y) .
$$

For a positive Radon measure $\mu$ and a function $f \in L_{l o c}^{1}(\mu)$, we set

$$
\mathcal{R}_{\mu} f \equiv \mathcal{R}(f \mu), \quad \mathcal{R}_{\mu, \varepsilon} f \equiv \mathcal{R}_{\varepsilon}(f \mu)
$$

We say that the Riesz transform $\mathcal{R}_{\mu}$ is bounded in $L^{2}(\mu)$ if the truncated operators $\mathcal{R}_{\mu, \varepsilon}: L^{2}(\mu) \rightarrow$ $L^{2}(\mu)$ are bounded uniformly on $\varepsilon>0$.

For $\delta \geq 0$ we set

$$
\mathcal{R}_{*, \delta} \nu(x)=\sup _{\varepsilon>\delta}\left|\mathcal{R}_{\varepsilon} \nu(x)\right| .
$$

We also consider the maximal operator

$$
M_{\delta}^{n} \nu(x)=\sup _{r>\delta} \frac{|\nu|(B(x, r))}{r^{n}},
$$

In the case $\delta=0$ we write $\mathcal{R}_{*} \nu(x):=\mathcal{R}_{*, 0} \nu(x)$ and $M^{n} \nu(x):=M_{0}^{n} \nu(x)$.
2.3. Rectifiability. A set $E \subset \mathbb{R}^{d}$ is called $n$-rectifiable if there are Lipschitz maps $f_{i}: \mathbb{R}^{n} \rightarrow \mathbb{R}^{d}$, $i=1,2, \ldots$, such that

$$
\begin{equation*}
\mathcal{H}^{n}\left(E \backslash \bigcup_{i} f_{i}\left(\mathbb{R}^{n}\right)\right)=0, \tag{2.1}
\end{equation*}
$$

where $\mathcal{H}^{n}$ stands for the $n$-dimensional Hausdorff measure. Also, one says that a Radon measure $\mu$ on $\mathbb{R}^{d}$ is $n$-rectifiable if $\mu$ vanishes out of an $n$-rectifiable set $E \subset \mathbb{R}^{d}$ and moreover $\mu$ is absolutely continuous with respect to $\left.\mathcal{H}^{n}\right|_{E}$.

A measure $\mu$ is called $n$-AD-regular (or just AD-regular or Ahlfors-David regular) if there exists some constant $c>0$ such that

$$
c^{-1} r^{n} \leq \mu(B(x, r)) \leq c r^{n} \quad \text { for all } x \in \operatorname{supp}(\mu) \text { and } 0<r \leq \operatorname{diam}(\operatorname{supp}(\mu))
$$

A measure $\mu$ is uniformly $n$-rectifiable if it is $n$-AD-regular and there exist $\theta, M>0$ such that for all $x \in \operatorname{supp}(\mu)$ and all $r>0$ there is a Lipschitz mapping $g$ from the ball $B_{n}(0, r)$ in $\mathbb{R}^{n}$ to $\mathbb{R}^{d}$ with $\operatorname{Lip}(g) \leq M$ such that

$$
\mu\left(B(x, r) \cap g\left(B_{n}(0, r)\right)\right) \geq \theta r^{n} .
$$

In the case $n=1, \mu$ is uniformly 1-rectifiable if and only if $\operatorname{supp}(\mu)$ is contained in a rectifiable curve $\Gamma$ in $\mathbb{R}^{d}$ such that the arc length measure on $\Gamma$ is 1-AD-regular.

A set $E \subset \mathbb{R}^{d}$ is called $n$-AD-regular if $\left.\mathcal{H}^{n}\right|_{E}$ is $n$-AD-regular, and it is called uniformly $n$ rectifiable if $\mathcal{H}^{n}{ }_{E}$ is uniformly $n$-rectifiable.
2.4. Uniform and NTA domains. Following [JK], we say that an open set $\Omega \subset \mathbb{R}^{n+1}$ satisfies the "corkscrew condition" if there exists some constant $c>0$ such that for all $\xi \in \partial \Omega$ and all $0<r<\operatorname{diam}(\partial \Omega)$ there is a ball $B(x, c r) \subset B(\xi, r) \cap \Omega$. The point $x$ is called a "Corkscrew point" relative to the ball $B(\xi, r)$.

Again as in [JK], we say that $\Omega$ satisfies the Harnack Chain condition if there is a constant $c$ such that for every $\rho>0, \Lambda \geq 1$, and every pair of points $x_{1}, x_{2} \in \Omega$ with $\operatorname{dist}\left(x_{i}, \partial \Omega\right) \geq \rho$ for $i=1,2$ and $\left|x_{1}-x_{2}\right|<\Lambda \rho$, there is a chain of open balls $B_{1}, \ldots, B_{N} \subset \Omega$, with $N \leq C(\Lambda)$, with $x_{1} \in B_{1}$, $x_{2} \in B_{N}, B_{k} \cap B_{k+1} \neq \varnothing$ and $\operatorname{dist}\left(B_{k}, \partial \Omega\right) \approx_{c} \operatorname{diam}\left(B_{k}\right)$ for all $k$. The preceding chain of balls is called a "Harnack chain".

A domain $\Omega \subset \mathbb{R}^{n+1}$ is called uniform if it satisfies the corkscrew and the Harnack chain conditions. On the other hand, $\Omega$ is uniform and the exterior of $\Omega$ is non-empty and also satisfies the corkscrew condition, then $\Omega$ is called NTA (which stands for "non-tangentially accessible").

## 3. Some general estimates concerning harmonic measure

The following is a classical result due Bourgain. For the proof of this in the precise way it is stated below, see [AMT] or AHM3TV].

Lemma 3.1. There is $\delta_{0} \in(0,1)$ depending only on $n \geq 1$ so that the following holds for $0<\delta \leq$ $\delta_{0}$. Let $\Omega \subsetneq \mathbb{R}^{n+1}$ be a domain, $\xi \in \partial \Omega, r>0, B=B(\xi, r)$. For all $s>n-1$ we have

$$
\omega_{\Omega}^{x}(B) \gtrsim s \frac{\mathcal{H}_{\infty}^{s}(\partial \Omega \cap \delta B)}{(\delta r)^{s}} \quad \text { for all } x \in \delta B \cap \Omega
$$

Remark 3.2. If $\mu$ is some measure supported on $\partial \Omega$ such that $\mu(B(x, r)) \leq C r^{n}$, from the preceding lemma we deduce that

$$
\begin{equation*}
\omega_{\Omega}^{x}(B) \gtrsim \frac{\mu(\partial \Omega \cap \delta B)}{(\delta r)^{n}} \quad \text { for all } x \in \delta B \cap \Omega \tag{3.1}
\end{equation*}
$$

For a Greenian open set, we may write the Green function as follows (see [Hel Lemma 4.5.1]):

$$
\begin{equation*}
G(x, y)=\mathcal{E}(x-y)-\int_{\partial \Omega} \mathcal{E}(x-z) d \omega^{y}(z), \quad \text { for } x, y \in \Omega, x \neq y \tag{3.2}
\end{equation*}
$$

where $\mathcal{E}$ denotes the fundamental solution of Laplace's equation in $\mathbb{R}^{n+1}$, so that $\mathcal{E}(x)=c_{n}|x|^{1-n}$ for $n \geq 2$, and $\mathcal{E}(x)=-c_{1} \log |x|$ for $n=1, c_{1}, c_{n}>0$.

For $x \in \mathbb{R}^{n+1} \backslash \Omega$ and $y \in \Omega$, we will also set

$$
\begin{equation*}
G(x, y)=0 \tag{3.3}
\end{equation*}
$$

The next result is proved in AHM3TV too.
Lemma 3.3. Let $\Omega$ be a Greenian domain and let $y \in \Omega$. For m-almost all $x \in \Omega^{c}$ we have

$$
\begin{equation*}
\mathcal{E}(x-y)-\int_{\partial \Omega} \mathcal{E}(x-z) d \omega^{y}(z)=0 \tag{3.4}
\end{equation*}
$$

Remark 3.4. As a corollary of the preceding lemma we deduce that

$$
G(x, y)=\mathcal{E}(x-y)-\int_{\partial \Omega} \mathcal{E}(x-z) d \omega^{y}(z) \quad \text { for } m \text {-a.e. } x \in \mathbb{R}^{n+1} \text { and all } y \in \Omega
$$

We will also need the following auxiliary result, which follows by standard arguments involving the maximum principle. For the proof, see [HMMTV] or [AHM3TV].

Lemma 3.5. Let $n \geq 2$ and $\Omega \subset \mathbb{R}^{n+1}$ be a bounded open connected set. Let $B=B(x, r)$ be a closed ball with $x \in \partial \Omega$ and $0<r<\operatorname{diam}(\partial \Omega)$. Then, for all $a>0$,

$$
\begin{equation*}
\omega^{x}(a B) \gtrsim \inf _{z \in 2 B \cap \Omega} \omega_{\Omega}^{z}(a B) r^{n-1} G(x, y) \quad \text { for all } x \in \Omega \backslash 2 B \text { and } y \in B \cap \Omega \tag{3.5}
\end{equation*}
$$

with the implicit constant independent of $a$.

## 4. The Main Lemma

Given a fixed Radon measure $\mu$, we say that a ball $B$ has $C_{1}$-thin boundary (or just thin boundary) if

$$
\begin{equation*}
\mu(\{x \in 2 B: \operatorname{dist}(x, \partial B) \leq \operatorname{tr}(B)\}) \leq C_{1} t \mu(2 B) \quad \text { for all } t \in(0,1) \tag{4.1}
\end{equation*}
$$

Main Lemma 4.1. Let $n \geq 1, \Omega$ be an open set in $\mathbb{R}^{n+1}$ and $\mu$ be a Radon measure supported on $\partial \Omega$ and such that $\mu(B(x, r)) \leq C_{\mu} r^{n}$, for every $x \in \partial \Omega$ and $r>0$. For some $C_{1}, C_{2} \geq 1$, let $B \subset \mathbb{R}^{n+1}$ be a ball with $C_{1}$-thin boundary centered at $\operatorname{supp} \mu$ such that $\mu(2 B) \leq C_{2} \mu\left(\frac{\delta_{0}}{2} B\right)$, where $\delta_{0}$ is the constant in Lemma 3.1. Suppose that there exist $x_{B} \in \frac{\delta_{0}}{2} B \cap \Omega$ and $\varepsilon, \varepsilon^{\prime} \in(0,1)$ such that for any subset $E \subset B$,

$$
\begin{equation*}
\text { if } \quad \mu(E) \leq \varepsilon \mu(B), \quad \text { then } \quad \omega^{x_{B}}(E) \leq \varepsilon^{\prime} \omega^{x_{B}}(B) \tag{4.2}
\end{equation*}
$$

Then, for every $\eta \in\left(0, \frac{1}{10}\right)$, one of the following alternatives holds:
(i) Either

$$
\mu\left(B\left(x_{B}, \eta r(B)\right)\right) \geq \tau \mu(B)
$$

where $\tau$ is some positive constant depending on $C_{\mu}, \varepsilon, \varepsilon^{\prime}, C_{1}$ and $C_{2}$ (but not on $\eta$ ); or
(ii) there exists some subset $G \subset B$ with $\mu(G) \geq \theta \mu(B), \theta>0$, such that the Riesz transform $\mathcal{R}_{\left.\mu\right|_{G}}: L^{2}\left(\left.\mu\right|_{G}\right) \rightarrow L^{2}\left(\left.\mu\right|_{G}\right)$ is bounded. The constant $\theta$ and the $L^{2}\left(\left.\mu\right|_{G}\right)$ norm depend only on $C_{\mu}, \varepsilon, \varepsilon^{\prime}, C_{1}, C_{2}$, and $\eta$.
From now on, we assume that the constant $\kappa$ from Theorem 1.1 is

$$
\kappa=\frac{\delta_{0}}{2}
$$

The first step for the proof of the Main Lemma is the following.
Lemma 4.2. Let $\Omega, \mu$, and $B$ be as in the Main Lemma 4.1 Let $\lambda=1-\frac{\varepsilon}{2 C_{1} C_{2}}$. The ball $B_{0}=\lambda B$ is $\mu$ - $\left(2,2 C_{2}\right)$-doubling, $\omega^{x_{B}}-\left(\lambda^{-1},(1-\varepsilon)^{-1}\right)$-doubling, and satisfies the following: for any subset $E \subset B_{0}$,

$$
\begin{equation*}
\text { if } \quad \mu(E) \leq \frac{\varepsilon}{2} \mu\left(B_{0}\right), \quad \text { then } \quad \omega^{x_{B}}(E) \leq \varepsilon^{\prime} \omega^{x_{B}}\left(B_{0}\right) \tag{4.3}
\end{equation*}
$$

Note that in the preceding lemma, the pole for harmonic measure is $x_{B}$, the same as for the ball $B$. Observe also that $\lambda \in(1 / 2,1)$ and thus

$$
\frac{1}{2} B \subset B_{0} \subset B
$$

Since $\mu(B) \leq \mu(2 B) \leq C_{2} \mu\left(\frac{\delta_{0}}{2} B\right)$ and $\delta_{0} \leq 1$, we have

$$
\begin{equation*}
\mu(B) \leq C_{2} \mu\left(B_{0}\right) \tag{4.4}
\end{equation*}
$$

Note also that, by taking complements, the assertion (4.3) implies that

$$
\begin{equation*}
\text { if } \quad \omega^{x_{B}}(E)<\left(1-\varepsilon^{\prime}\right) \omega^{x_{B}}\left(B_{0}\right), \quad \text { then } \quad \mu(E)<(1-\varepsilon / 2) \mu\left(B_{0}\right) \tag{4.5}
\end{equation*}
$$

Proof of Lemma 4.2 From the thin boundary property and the doubling condition, we deduce that

$$
\begin{equation*}
\mu(B \backslash \lambda B) \leq C_{1}(1-\lambda) \mu(2 B) \leq C_{1} C_{2}(1-\lambda) \mu(B)=\frac{\varepsilon}{2} \mu(B) \tag{4.6}
\end{equation*}
$$

This implies that

$$
\mu(\lambda B)=\mu(B)-\mu(B \backslash \lambda B) \geq\left(1-\frac{\varepsilon}{2}\right) \mu(B) \geq \frac{1-\frac{\varepsilon}{2}}{C_{2}} \mu(2 B) \geq \frac{1-\frac{\varepsilon}{2}}{C_{2}} \mu(2 \lambda B)
$$

and since $\frac{1-\frac{\varepsilon}{2}}{C_{2}} \geq \frac{1}{2 C_{2}}, B_{0}=\lambda B$ is (2,2C $C_{2}$-doubling.

From (4.6) and (4.2) we deduce that

$$
\omega^{x_{B}}(B \backslash \lambda B) \leq \varepsilon^{\prime} \omega^{x_{B}}(B)=\varepsilon^{\prime} \omega^{x_{B}}(B \backslash \lambda B)+\varepsilon^{\prime} \omega^{x_{B}}(\lambda B)
$$

Thus,

$$
\omega^{x_{B}}(B \backslash \lambda B) \leq \frac{\varepsilon^{\prime}}{1-\varepsilon^{\prime}} \omega^{x_{B}}(\lambda B)
$$

and so

$$
\omega^{x_{B}}(B) \leq \omega^{x_{B}}(\lambda B)+\frac{\varepsilon^{\prime}}{1-\varepsilon^{\prime}} \omega^{x_{B}}(\lambda B)=\frac{1}{1-\varepsilon^{\prime}} \omega^{x_{B}}(\lambda B)
$$

In other words, $B_{0}=\lambda B$ is $\omega^{x_{B}}-\left(\lambda^{-1},(1-\varepsilon)^{-1}\right)$-doubling.
To prove that for $E \subset B_{0}$ the condition (4.3) holds, consider the auxiliary set

$$
\widetilde{E}=E \cup(B \backslash \lambda B)
$$

Using (4.6), we deduce that

$$
\mu(\widetilde{E})=\mu(E)+\mu(B \backslash \lambda B) \leq \frac{\varepsilon}{2} \mu(B)+\frac{\varepsilon}{2} \mu(B)=\varepsilon \mu(B)
$$

So from the condition (4.2) we infer that

$$
\omega^{x_{B}}(\widetilde{E}) \leq \varepsilon^{\prime} \omega^{x_{B}}(B)
$$

which is equivalent to saying that

$$
\omega^{x_{B}}(E)+\omega^{x_{B}}(B \backslash \lambda B) \leq \varepsilon^{\prime} \omega^{x_{B}}(\lambda B)+\varepsilon^{\prime} \omega^{x_{B}}(B \backslash \lambda B)
$$

This implies that

$$
\omega^{x_{B}}(E) \leq \varepsilon^{\prime} \omega^{x_{B}}(\lambda B)
$$

as wished.

Lemma 4.3. We have

$$
\begin{equation*}
\omega^{x_{B}}\left(B_{0}\right) \gtrsim \frac{\mu\left(B_{0}\right)}{r\left(B_{0}\right)^{n}} \tag{4.7}
\end{equation*}
$$

Proof. By (3.1) we have

$$
\omega^{x}\left(B_{0}\right) \gtrsim \frac{\mu\left(\delta_{0} B_{0}\right)}{\left(\delta_{0} r\right)^{n}} \quad \text { for all } x \in \delta_{0} B_{0} \cap \Omega
$$

So (4.7) holds because $x_{B} \in \frac{\delta_{0}}{2} B \subset \delta_{0} B_{0}$ (since $B \subset 2 B_{0}$ ) and

$$
\mu\left(B_{0}\right) \leq \mu(B) \leq C_{2} \mu\left(\frac{\delta_{0}}{2} B\right) \leq C_{2} \mu\left(\delta_{0} B_{0}\right)
$$

## 5. The dyadic lattice of David and Mattila

Now we will consider the dyadic lattice of cubes with small boundaries of David-Mattila associated with a Radon measure $\sigma$. This lattice has been constructed in [DM, Theorem 3.2]. Its properties are summarized in the next lemma.

Lemma 5.1 (David, Mattila). Let $\sigma$ be a compactly supported Radon measure in $\mathbb{R}^{n+1}$. Consider two constants $C_{0}>1$ and $A_{0}>5000 C_{0}$ and denote $W=\operatorname{supp} \sigma$. Then there exists a sequence of partitions of $W$ into Borel subsets $Q, Q \in \mathcal{D}_{\sigma, k}$, with the following properties:

- For each integer $k \geq 0, W$ is the disjoint union of the "cubes" $Q, Q \in \mathcal{D}_{\sigma, k}$, and if $k<l$, $Q \in \mathcal{D}_{\sigma, l}$, and $R \in \mathcal{D}_{\sigma, k}$, then either $Q \cap R=\varnothing$ or else $Q \subset R$.
- The general position of the cubes $Q$ can be described as follows. For each $k \geq 0$ and each cube $Q \in \mathcal{D}_{\sigma, k}$, there is a ball $B(Q)=B\left(z_{Q}, r(Q)\right)$ such that

$$
\begin{gathered}
z_{Q} \in W, \quad A_{0}^{-k} \leq r(Q) \leq C_{0} A_{0}^{-k} \\
W \cap B(Q) \subset Q \subset W \cap 28 B(Q)=W \cap B\left(z_{Q}, 28 r(Q)\right),
\end{gathered}
$$

and

$$
\text { the balls } 5 B(Q), Q \in \mathcal{D}_{\sigma, k} \text {, are disjoint. }
$$

- The cubes $Q \in \mathcal{D}_{\sigma, k}$ have small boundaries. That is, for each $Q \in \mathcal{D}_{\sigma, k}$ and each integer $l \geq 0$, set

$$
\begin{aligned}
& N_{l}^{e x t}(Q)=\left\{x \in W \backslash Q: \operatorname{dist}(x, Q)<A_{0}^{-k-l}\right\} \\
& N_{l}^{i n t}(Q)=\left\{x \in Q: \operatorname{dist}(x, W \backslash Q)<A_{0}^{-k-l}\right\}
\end{aligned}
$$

and

$$
N_{l}(Q)=N_{l}^{e x t}(Q) \cup N_{l}^{i n t}(Q)
$$

Then

$$
\begin{equation*}
\sigma\left(N_{l}(Q)\right) \leq\left(C^{-1} C_{0}^{-3(n+1)-1} A_{0}\right)^{-l} \sigma(90 B(Q)) \tag{5.1}
\end{equation*}
$$

- Denote by $\mathcal{D}_{\sigma, k}^{d b}$ the family of cubes $Q \in \mathcal{D}_{\sigma, k}$ for which

$$
\begin{equation*}
\sigma(100 B(Q)) \leq C_{0} \sigma(B(Q)) \tag{5.2}
\end{equation*}
$$

We have that $r(Q)=A_{0}^{-k}$ when $Q \in \mathcal{D}_{\sigma, k} \backslash \mathcal{D}_{\sigma, k}^{d b}$ and

$$
\begin{equation*}
\sigma(100 B(Q)) \leq C_{0}^{-l} \sigma\left(100^{l+1} B(Q)\right) \quad \text { for all } l \geq 1 \text { with } 100^{l} \leq C_{0} \text { and } Q \in \mathcal{D}_{\sigma, k} \backslash \mathcal{D}_{\sigma, k}^{d b} \tag{5.3}
\end{equation*}
$$

We use the notation $\mathcal{D}_{\sigma}=\bigcup_{k \geq 0} \mathcal{D}_{\sigma, k}$. Observe that the families $\mathcal{D}_{\sigma, k}$ are only defined for $k \geq 0$. So the diameter of the cubes from $\mathcal{D}$ are uniformly bounded from above. We set $\ell(Q)=56 C_{0} A_{0}^{-k}$ and we call it the side length of $Q$. Notice that

$$
\frac{1}{28} C_{0}^{-1} \ell(Q) \leq \operatorname{diam}(28 B(Q)) \leq \ell(Q)
$$

Observe that $r(Q) \approx \operatorname{diam}(Q) \approx \ell(Q)$. Also we call $z_{Q}$ the center of $Q$, and the cube $Q^{\prime} \in \mathcal{D}_{\sigma, k-1}$ such that $Q^{\prime} \supset Q$ the parent of $Q$. We set $B_{Q}=28 B(Q)=B\left(z_{Q}, 28 r(Q)\right)$, so that

$$
W \cap \frac{1}{28} B_{Q} \subset Q \subset B_{Q}
$$

We assume $A_{0}$ big enough so that the constant $C^{-1} C_{0}^{-3(n+1)-1} A_{0}$ in (5.1) satisfies

$$
C^{-1} C_{0}^{-3(n+1)-1} A_{0}>A_{0}^{1 / 2}>10
$$

Then we deduce that, for all $0<\lambda \leq 1$,

$$
\begin{array}{r}
\sigma(\{x \in Q: \operatorname{dist}(x, W \backslash Q) \leq \lambda \ell(Q)\})+\sigma\left(\left\{x \in 3.5 B_{Q}: \operatorname{dist}(x, Q) \leq \lambda \ell(Q)\right\}\right) \\
\leq c \lambda^{1 / 2} \sigma\left(3.5 B_{Q}\right) \tag{5.4}
\end{array}
$$

We denote $\mathcal{D}_{\sigma}^{d b}=\bigcup_{k \geq 0} \mathcal{D}_{\sigma, k}^{d b}$. Note that, in particular, from (5.2) it follows that

$$
\begin{equation*}
\sigma\left(3 B_{Q}\right) \leq \sigma(100 B(Q)) \leq C_{0} \sigma(Q) \quad \text { if } Q \in \mathcal{D}_{\sigma}^{d b} \tag{5.5}
\end{equation*}
$$

For this reason we will call the cubes from $\mathcal{D}_{\sigma}^{d b}$ doubling. Given $Q \in \mathcal{D}_{\sigma}$, we denote by $\mathcal{D}_{\sigma}(Q)$ the family of cubes from $\mathcal{D}_{\sigma}$ which are contained in $Q$. Analogously, we write $\mathcal{D}_{\sigma}^{d b}(Q)=\mathcal{D}_{\sigma}^{d b} \cap \mathcal{D}(Q)$.

As shown in [DM, Lemma 5.28], every cube $R \in \mathcal{D}_{\sigma}$ can be covered $\sigma$-a.e. by a family of doubling cubes:

Lemma 5.2. Let $R \in \mathcal{D}_{\sigma}$. Suppose that the constants $A_{0}$ and $C_{0}$ in Lemma 5.1 are chosen suitably. Then there exists a family of doubling cubes $\left\{Q_{i}\right\}_{i \in I} \subset \mathcal{D}_{\sigma}^{d b}$, with $Q_{i} \subset R$ for all $i$, such that their union covers $\sigma$-almost all $R$.

The following result is proved in [DM, Lemma 5.31].
Lemma 5.3. Let $R \in \mathcal{D}_{\sigma}$ and let $Q \subset R$ be a cube such that all the intermediate cubes $S, Q \subsetneq$ $S \subsetneq R$ are non-doubling (i.e. belong to $\mathcal{D}_{\sigma} \backslash \mathcal{D}_{\sigma}^{d b}$ ). Then

$$
\begin{equation*}
\sigma(100 B(Q)) \leq A_{0}^{-10 n(J(Q)-J(R)-1)} \sigma(100 B(R)) . \tag{5.6}
\end{equation*}
$$

Given a ball (or an arbitrary set) $B \subset \mathbb{R}^{n+1}$, we consider its $n$-dimensional density:

$$
\Theta_{\sigma}(B)=\frac{\sigma(B)}{\operatorname{diam}(B)^{n}}
$$

From the preceding lemma we deduce:
Lemma 5.4. Let $Q, R \in \mathcal{D}_{\sigma}$ be as in Lemma5.3 Then

$$
\Theta_{\sigma}(100 B(Q)) \leq C_{0} A_{0}^{-9 n(J(Q)-J(R)-1)} \Theta_{\sigma}(100 B(R))
$$

and

$$
\sum_{S \in \mathcal{D}_{\sigma}: Q \subset S \subset R} \Theta_{\sigma}(100 B(S)) \leq c \Theta_{\sigma}(100 B(R)),
$$

with $c$ depending on $C_{0}$ and $A_{0}$.
For the easy proof, see [T03, Lemma 4.4], for example.

## 6. GOOD AND BAD COLLECTIONS OF CUBES FROM $\mathcal{D}_{\omega}$

6.1. Definition of good and bad cubes. From now on, $B$ and $B_{0}$ are the balls in Main Lemma 4.1 and Lemma 4.2. To simplify notation, we denote $\alpha=\lambda^{-1}$, so that $B_{0}$ is $\omega^{x_{B}}\left(\alpha,\left(1-\varepsilon^{\prime}\right)^{-1}\right)$ doubling. We consider the dyadic lattice of Lemma 5.1 associated with the measure $\sigma=\left.\omega^{x_{B}}\right|_{10 B_{0}}$, and we denote this by $\mathcal{D}_{\omega}$, to shorten notation.

We now need to define a family of bad cubes. We say that $Q \in \mathcal{D}_{\omega}$ is bad and we write $Q \in$ Bad, if $Q \in \mathcal{D}_{\omega}$ is a maximal cube which is contained in $B \equiv \alpha B_{0}$ satisfying one of the conditions below:

$$
\begin{align*}
\frac{\omega^{x_{B}}(Q)}{\omega^{x_{B}}\left(B_{0}\right)} & \leq A^{-1} \frac{\mu(Q)}{\mu\left(B_{0}\right)}  \tag{6.1}\\
\frac{\mu(Q)}{\mu\left(B_{0}\right)} & \leq A^{-1} \frac{\omega^{x_{B}}(Q)}{\omega^{x_{B}}\left(B_{0}\right)} \tag{6.2}
\end{align*}
$$

where $A$ is some big constant to be chosen below. If the condition (6.1) holds, we write $Q \in \operatorname{Bad}_{1}$ and in the case (6.2), $Q \in \operatorname{Bad}_{2}(R)$. Thefore, $\operatorname{Bad}=\operatorname{Bad}_{1} \cup \operatorname{Bad}_{2}$.

We say that $Q \in \mathcal{D}_{\omega}$ is good, and we write $Q \in \operatorname{Good}$ if $Q$ is contained in $\alpha B_{0}$ and $Q$ is not contained in any cube from the family Bad.
6.2. Packing conditions. Abusing notation, below we write $\operatorname{Bad}_{i}$ instead of $\bigcup_{Q \in \operatorname{Bad}_{i}} Q$. Notice that, using the definition of $\mathrm{Bad}_{1}, \mathrm{Bad}_{2}$, and the doubling properties of $\mu$ and $\omega^{x_{B}}$,

$$
\begin{align*}
\omega^{x_{B}}\left(\operatorname{Bad}_{1}\right) & \leq A^{-1} \frac{\mu\left(\operatorname{Bad}_{1}\right)}{\mu\left(B_{0}\right)} \omega^{x_{B}}\left(B_{0}\right) \leq A^{-1} \frac{\mu\left(\alpha B_{0}\right)}{\mu\left(B_{0}\right)} \omega^{x_{B}}\left(B_{0}\right) \leq C A^{-1} \omega^{x_{B}}\left(B_{0}\right)  \tag{6.3}\\
\mu\left(\operatorname{Bad}_{2}\right) & \leq A^{-1} \frac{\omega^{x_{B}}\left(\operatorname{Bad}_{2}\right)}{\omega^{x_{B}}\left(B_{0}\right)} \mu\left(B_{0}\right) \leq A^{-1} \frac{\omega^{x_{B}}\left(\alpha B_{0}\right)}{\omega^{x_{B}}\left(B_{0}\right)} \mu\left(B_{0}\right) \leq C\left(\varepsilon^{\prime}\right) A^{-1} \mu\left(B_{0}\right) \tag{6.4}
\end{align*}
$$

In view of (4.3) and (4.5), if $A$ is large enough, there exist $\varepsilon_{1}, \varepsilon_{2} \in(0,1)$ such that

$$
\begin{align*}
\mu\left(\operatorname{Bad}_{1} \cap B_{0}\right) & <\varepsilon_{1} \mu\left(B_{0}\right)  \tag{6.5}\\
\omega^{x_{B}}\left(\operatorname{Bad}_{2} \cap B_{0}\right) & <\varepsilon_{2} \omega^{x_{B}}\left(B_{0}\right) . \tag{6.6}
\end{align*}
$$

Combining (6.3), (6.4), (6.5) and (6.6) we obtain that

$$
\begin{gathered}
\omega^{x_{B}}\left(\operatorname{Bad} \cap B_{0}\right)<\left(c_{\omega} A^{-1}+\varepsilon_{2}\right) \omega^{x_{B}}\left(B_{0}\right) \\
\mu\left(\operatorname{Bad} \cap B_{0}\right)<\left(c_{\mu} A^{-1}+\varepsilon_{1}\right) \mu\left(B_{0}\right)
\end{gathered}
$$

Choose now $A$ so large that $c_{\mu} A^{-1}+\varepsilon_{1}=1-\varepsilon_{1}^{\prime}$ and $c_{\omega} A^{-1}+\varepsilon_{2}=1-\varepsilon_{2}^{\prime}$, for some $\varepsilon_{1}^{\prime}, \varepsilon_{2}^{\prime} \in(0,1)$. If we set $G_{0}:=B_{0} \backslash \bigcup_{Q \in \text { Bad }} Q$, we deduce that

$$
\begin{equation*}
\omega^{x_{B}}\left(G_{0}\right)=\omega^{x_{B}}\left(B_{0} \backslash \mathrm{Bad}\right) \geq \varepsilon_{2}^{\prime} \omega^{x_{B}}\left(B_{0}\right) \tag{6.7}
\end{equation*}
$$

and also that

$$
\begin{equation*}
\mu\left(G_{0}\right)=\mu\left(B_{0} \backslash \mathrm{Bad}\right) \geq \varepsilon_{1}^{\prime} \mu\left(B_{0}\right) \tag{6.8}
\end{equation*}
$$

Notice that by Lebesgue's differentiation theorem, 6.1), and 6.2) we have that

$$
\begin{equation*}
A^{-1} \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} \leq \frac{d \omega^{x_{B}}}{d \mu}(x) \leq A \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} \quad \text { for } \mu \text {-a.e. } x \in G_{0} \tag{6.9}
\end{equation*}
$$

and also

$$
\begin{equation*}
A^{-1} \frac{\mu\left(B_{0}\right)}{\omega^{x_{B}}\left(B_{0}\right)} \leq \frac{d \mu}{d \omega^{x_{B}}}(x) \leq A \frac{\mu\left(B_{0}\right)}{\omega^{x_{B}}\left(B_{0}\right)} \quad \text { for } \omega^{x_{B}}-\text { a.e. } x \in G_{0} \tag{6.10}
\end{equation*}
$$

We can think of $\frac{d \omega^{x} B}{d \mu}=: k^{x_{B}}$ as the Poisson kernel with respect to $\mu$ with pole at $x_{B}$. What we just proved is that $k^{x_{B}}$ is bounded from above and away from zero in $G_{0}$ apart from a set of $\mu$-measure zero.

### 6.3. The growth of $\omega^{x_{B}}$ on the good cubes.

Lemma 6.1. If $Q \in \mathcal{D}_{\omega} \cap$ Good, $100 B(Q) \subset \alpha B_{0}$, and $Q \cap B_{0} \neq \varnothing$, then

$$
\begin{equation*}
\omega^{x_{B}}(100 B(Q)) \leq C \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} \ell(Q)^{n} \tag{6.11}
\end{equation*}
$$

Proof. Suppose first that $Q \in \mathcal{D}_{\omega}^{d b}$. Then, using also that $Q$ is good,

$$
\omega^{x_{B}}(100 B(Q)) \leq C \omega^{x_{B}}(Q) \leq C A \mu(Q) \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)}
$$

and by the polynomial growth of $\mu$ (6.11) follows.
Suppose now that $Q \notin \mathcal{D}_{\omega}^{d b}$. Let $Q^{\prime}$ be the cube from $\mathcal{D}_{\omega}^{d b}$ with minimal side length that contains $Q$. If $Q^{\prime} \subset \alpha B_{0}$, then $Q^{\prime} \in G o o d$ and we have already shown that (6.11) holds for $Q^{\prime}$. Thus, by Lemma 5.4 and (6.1), we get

$$
\Theta_{\omega^{x_{B}}}(100 B(Q)) \leq C \Theta_{\omega^{x_{B}}}\left(100 B\left(Q^{\prime}\right)\right) \leq C \frac{\omega^{x_{B}}\left(Q^{\prime}\right)}{\ell\left(Q^{\prime}\right)^{n}} \lesssim A \frac{\mu\left(Q^{\prime}\right)}{\ell\left(Q^{\prime}\right)^{n}} \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} \lesssim A \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)},
$$

and so (6.11) also holds.
Suppose now that there is not any cube $Q^{\prime} \in \mathcal{D}_{\omega}^{d b}$ such that $Q \subset Q^{\prime} \subset \alpha B_{0}$. Then denote by $Q^{\prime \prime}$ the cube containing $Q$ which has maximal side length such that $100 B\left(Q^{\prime \prime}\right)$ is contained in $\alpha B_{0}$. It turns out that $\ell\left(Q^{\prime \prime}\right) \approx_{\alpha} r\left(B_{0}\right)$ (for this we use the fact that $\alpha>1$ and that $Q \cap B_{0} \neq \varnothing$ ). Then we deduce that

$$
\Theta_{\omega^{x} B}\left(100 B\left(Q^{\prime \prime}\right)\right) \leq C \Theta_{\omega^{x_{B}}}\left(B_{0}\right)
$$

Then applying Lemma 5.4 again,

$$
\Theta_{\omega^{x_{B}}}(100 B(Q)) \leq C \Theta_{\omega^{x_{B}}}\left(100 B\left(Q^{\prime \prime}\right)\right) \leq C \Theta_{\omega^{x_{B}}}\left(B_{0}\right),
$$

and hence (6.11) also holds in this case.
From Lemma 6.1 we easily get the following.
Lemma 6.2. If $Q \in \mathcal{D}_{\omega} \cap$ Good, $Q \subset \alpha B_{0}$, and $Q \cap B_{0} \neq \varnothing$, then

$$
\omega^{x_{B}}(B(x, r)) \leq C \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} r^{n} \quad \text { for all } x \in Q \text { and } r \geq \ell(Q) .
$$

Proof. Notice first that, by Lemma 4.3, any ball $B(x, r)$ with $r \gtrsim r\left(B_{0}\right)$ satisfies

$$
\begin{equation*}
\omega^{x_{B}}(B(x, r)) \leq 1 \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} r\left(B_{0}\right)^{n} \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} r^{n} . \tag{6.12}
\end{equation*}
$$

Suppose now that $r \leq \operatorname{cr}\left(B_{0}\right)$ for small $c>0$. Let $R \in \mathcal{D}_{\omega}$ be the smallest cube containing $Q$ such that $B(x, r) \subset 100 B(R)$, so that moreover $r \approx \ell(R)$ and $R \cap B_{0} \neq \varnothing$ (because $Q \cap B_{0} \neq \varnothing$ ). If $100 B(R) \subset \alpha B_{0}$ (in particular this implies that $R \in$ Good), by Lemma 6.1

$$
\begin{equation*}
\omega^{x_{B}}(B(x, r)) \leq \omega^{x_{B}}(100 B(R)) \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} \ell(R)^{n} \approx \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} r^{n} \tag{6.13}
\end{equation*}
$$

If $100 B(R) \not \subset \alpha B_{0}$, from the fact $R \cap B_{0} \neq \varnothing$ we deduce that $r \approx \ell(R) \gtrsim \alpha r\left(B_{0}\right)$ and so (6.13) also holds, because of (6.12).

The lemma follows easily from the previous discussion.

## 7. The key lemma about the RiesZ transform on good cubes

Key Lemma 7.1. Let $\Omega, \mu, \eta, B$ and $B_{0}$ be as in the Main Lemma 4.1 and Lemma 4.2 Let also $Q \in G$ ood be such that $Q \cap\left(B_{0} \backslash B\left(x_{B}, \eta r(B)\right)\right) \neq \varnothing, 100 B(Q) \subset B, \delta_{0} r\left(B_{Q}\right) \leq \eta r(B)$ and $Q \subset \partial \Omega \backslash B\left(x_{B}, \frac{\eta}{2} r(B)\right)$. For all $z \in Q$ we have

$$
\begin{equation*}
\left|\mathcal{R}_{\ell(Q)} \omega^{x_{B}}(z)\right| \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)}, \tag{7.1}
\end{equation*}
$$

where the implicit constant depends on $c_{\omega}, \varepsilon, \varepsilon^{\prime}, C_{1}, C_{2}, A$ and $\eta$.
Proof in the case $\boldsymbol{n} \geq \mathbf{2}$. Let $\varphi: \mathbb{R}^{d} \rightarrow[0,1]$ be a radial $\mathcal{C}^{\infty}$ function which vanishes on $B(0,1)$ and equals 1 on $\mathbb{R}^{d} \backslash B(0,2)$, and for $\varepsilon>0$ and $z \in \mathbb{R}^{n+1}$ denote $\varphi_{\varepsilon}(z)=\varphi\left(\frac{z}{\varepsilon}\right)$ and $\psi_{\varepsilon}=1-\varphi_{\varepsilon}$. We set

$$
\widetilde{\mathcal{R}}_{\varepsilon} \omega^{x_{B}}(z)=\int K(z-y) \varphi_{\varepsilon}(z-y) d \omega^{x_{B}}(y),
$$

where $K(\cdot)$ is the kernel of the $n$-dimensional Riesz transform.
We consider first the case when $Q \in \mathcal{D}_{\omega}^{d b}$. Take a ball $\widetilde{B}_{Q}$ centered at some point of $Q$ such that $r\left(\widetilde{B}_{Q}\right)=\frac{\delta_{0}}{10} r\left(B_{Q}\right)$ and $\mu\left(\widetilde{B}_{Q}\right) \gtrsim \mu\left(B_{Q}\right)$, with the implicit constant depending on $\delta_{0}$. Notice that for any $x \in \widetilde{B}_{Q}$ we have that $\left|x-x_{B}\right| \geq c(\eta) r(B)>2 r\left(\widetilde{B}_{Q}\right)$. To shorten notation, in the rest of the proof we will write $r=r\left(\widetilde{B}_{Q}\right)$.

Note that, for every $z \in Q \subset \partial \Omega$, by standard Calderón-Zygmund estimates

$$
\begin{aligned}
\left|\widetilde{\mathcal{R}}_{r} \omega^{x_{B}}(x)-\mathcal{R}_{r\left(B_{Q}\right)} \omega^{x_{B}}(z)\right| & \lesssim \frac{\omega^{x_{B}}\left(B\left(x, 3 r\left(B_{Q}\right)\right)\right.}{r^{n}} \\
& \lesssim \delta_{0} \frac{\omega^{x_{B}}(100 B(Q))}{\mu(Q)} \lesssim \frac{\omega^{x_{B}}(Q)}{\mu(Q)} \lesssim A \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)},
\end{aligned}
$$

where in the penultimate inequality we used that $Q \in \mathcal{D}_{\omega}^{d b}$ and in the last one that $Q \in \operatorname{Good}$.
For a fixed $x \in Q \subset \partial \Omega$ and $z \in \mathbb{R}^{n+1} \backslash\left[\operatorname{supp}\left(\varphi_{r}(x-\cdot) \omega^{x_{B}}\right) \cup\left\{x_{B}\right\}\right]$, consider the function

$$
u_{r}(z)=\mathcal{E}\left(z-x_{B}\right)-\int \mathcal{E}(z-y) \varphi_{r}(x-y) d \omega^{x_{B}}(y)
$$

so that, by Remark 3.4,

$$
\begin{equation*}
G\left(z, x_{B}\right)=u_{r}(z)-\int \mathcal{E}(z-y) \psi_{r}(x-y) d \omega^{x_{B}}(y) \quad \text { for } m \text {-a.e. } z \in \mathbb{R}^{n+1} . \tag{7.2}
\end{equation*}
$$

Since the kernel of the Riesz transform is

$$
\begin{equation*}
K(x)=c_{n} \nabla \mathcal{E}(x), \tag{7.3}
\end{equation*}
$$

for a suitable absolute constant $c_{n}$, we have

$$
\nabla u_{r}(z)=c_{n} K\left(z-x_{B}\right)-c_{n} \mathcal{R}\left(\varphi_{r}(\cdot-x) \omega^{x_{B}}\right)(z) .
$$

In the particular case $z=x$ we get

$$
\nabla u_{r}(x)=c_{n} K\left(x-x_{B}\right)-c_{n} \widetilde{\mathcal{R}}_{r} \omega^{x_{B}}(x),
$$

and thus

$$
\begin{equation*}
\left|\widetilde{\mathcal{R}}_{r} \omega^{x_{B}}(x)\right| \lesssim \frac{1}{\left|x-x_{B}\right|^{n}}+\left|\nabla u_{r}(x)\right| . \tag{7.4}
\end{equation*}
$$

Observe that, by Lemma4.3,

$$
\frac{1}{\left|x-x_{B}\right|^{n}} \lesssim \frac{C(\eta)}{r\left(B_{0}\right)^{n}} \lesssim \eta \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} .
$$

Now we deal with the last summand in (7.4). Since $u_{r}$ is harmonic in $\mathbb{R}^{n+1} \backslash\left[\operatorname{supp}\left(\varphi_{r}(x-\right.\right.$ .) $\left.\left.\omega^{x_{B}}\right) \cup\left\{x_{B}\right\}\right]$ (and so in $B(x, r)$ ), we have

$$
\begin{equation*}
\left|\nabla u_{r}(x)\right| \lesssim \frac{1}{r} f_{B(x, r)}\left|u_{r}(z)\right| d m(z) . \tag{7.5}
\end{equation*}
$$

From the identity (7.2) we deduce that

$$
\begin{align*}
\left|\nabla u_{r}(x)\right| & \lesssim \frac{1}{r} f_{B(x, r)} G\left(z, x_{B}\right) d m(z)+\frac{1}{r} f_{B(x, r)} \int \mathcal{E}(z-y) \psi_{r}(x-y) d \omega^{x_{B}}(y) d m(z) \\
& =: I+I I . \tag{7.6}
\end{align*}
$$

To estimate the term $I I$ we use Fubini and the fact that supp $\psi_{r} \subset B(x, 2 r)$ :

$$
\begin{aligned}
I I & \lesssim \frac{1}{r^{n+2}} \int_{y \in B(x, 2 r)} \int_{z \in B(x, r)} \frac{1}{|z-y|^{n-1}} d m(z) d \omega^{x_{B}}(y) \\
& \lesssim \frac{\omega^{x_{B}}(B(x, 2 r))}{r^{n}} \lesssim \frac{\omega^{x_{B}}\left(3 B_{Q}\right)}{\mu(Q)} \lesssim A \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)},
\end{aligned}
$$

where the last inequality follows from the fact that $Q \in \mathcal{D}_{\omega}^{d b} \cap$ Good. We intend to show now that $I \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)}$. Clearly it is enough to show that

$$
\begin{equation*}
\frac{1}{r}\left|G\left(y, x_{B}\right)\right| \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} \quad \text { for all } y \in B(x, r) \cap \Omega . \tag{7.7}
\end{equation*}
$$

To prove this, observe that by Lemma 3.5 (with $B=B(x, r), a=2 \delta_{0}{ }^{-1}$ ), for all $y \in B(x, r) \cap \Omega$, we have

$$
\omega^{x_{B}}\left(B\left(x, 2 \delta_{0}^{-1} r\right)\right) \gtrsim \inf _{z \in B(x, 2 r) \cap \Omega} \omega^{z}\left(B\left(x, 2 \delta_{0}^{-1} r\right)\right) r^{n-1}\left|G\left(y, x_{B}\right)\right| .
$$

On the other hand, by Lemma 3.1, for any $z \in B(x, 2 r) \cap \Omega$,

$$
\omega^{z}\left(B\left(x, 2 \delta_{0}^{-1} r\right)\right) \gtrsim \frac{\mu(B(x, 2 r))}{r^{n}} \geq \frac{\mu\left(\widetilde{B}_{Q}\right)}{r^{n}}
$$

Therefore we have

$$
\omega^{x_{B}}\left(B\left(x, 2 \delta_{0}{ }^{-1} r\right)\right) \gtrsim \frac{\mu\left(\widetilde{B}_{Q}\right)}{r^{n}} r^{n-1}\left|G\left(y, x_{B}\right)\right|
$$

and thus

$$
\frac{1}{r}\left|G\left(y, x_{B}\right)\right| \lesssim \frac{\omega^{x_{B}}\left(B\left(x, 2 \delta_{0}^{-1} r\right)\right)}{\mu\left(\widetilde{B}_{Q}\right)}
$$

Now, recall that by construction $\mu\left(\widetilde{B}_{Q}\right) \gtrsim \mu\left(B_{Q}\right) \geq \mu(Q)$ and $B\left(x, 2 \delta_{0}{ }^{-1} r\right)=2 \delta_{0}{ }^{-1} \widetilde{B}_{Q} \subset 3 B_{Q}$, since $r\left(\widetilde{B}_{Q}\right)=\frac{\delta_{0}}{10} r\left(B_{Q}\right)$ and since $Q \in \mathcal{D}_{\omega}^{d b} \cap$ Good, we have

$$
\frac{1}{r}\left|G\left(y, x_{B}\right)\right| \lesssim \frac{\omega^{x_{B}}\left(B\left(x, 2 \delta_{0}^{-1} r\right)\right)}{\mu\left(\widetilde{B}_{Q}\right)} \lesssim \frac{\omega^{x_{B}}\left(3 B_{Q}\right)}{\mu(Q)} \lesssim A \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} .
$$

So (7.7) is proved and the proof of the Key lemma is complete in the case $n \geq 2, Q \in \mathcal{D}_{\omega}^{d b}$.
Consider now the case $Q \in \operatorname{Good} \backslash \mathcal{D}_{\omega}^{d b}$. Let $Q^{\prime} \in \mathcal{D}_{\omega}^{d b}$ be the cube with minimal side length such that $Q \subset Q^{\prime} \subset \alpha B_{0} \backslash B\left(x_{B}, \frac{\eta}{2} r(B)\right)$. If such cube does not exist, we let $Q^{\prime} \in \mathcal{D}_{\omega}$ be the largest cube such that $Q \subset Q^{\prime} \subset \alpha B_{0} \backslash B\left(x_{B}, \frac{\eta}{2} r(B)\right)$, so that $\ell\left(Q^{\prime}\right) \approx r\left(B_{0}\right)$ (because $\left.Q^{\prime} \cap\left(B_{0} \backslash B\left(x_{B}, \eta r(B)\right)\right) \neq \varnothing\right)$. For all $z \in Q$ then we have

$$
\begin{equation*}
\left|\mathcal{R}_{\ell(Q)} \omega^{x_{B}}(z)\right| \leq\left|\mathcal{R}_{\ell\left(Q^{\prime}\right)} \omega^{x_{B}}(z)\right|+C \sum_{P \in \mathcal{D}_{\omega}: Q \subset P \subset Q^{\prime}} \frac{\omega^{x_{B}}(100 B(P))}{\ell(P)^{n}} . \tag{7.8}
\end{equation*}
$$

In any case, the first term on the right hand side is bounded by some constant multiple of $\frac{\omega^{x} B\left(B_{0}\right)}{\mu\left(B_{0}\right)}$. This has already been shown if $Q^{\prime} \in \mathcal{D}_{\omega}^{d b}$, while in the case $Q^{\prime} \notin \mathcal{D}_{\omega}^{d b}$, since $\ell\left(Q^{\prime}\right) \approx r\left(B_{0}\right)$ we have

$$
\left|\mathcal{R}_{\ell\left(Q^{\prime}\right)} \omega^{x_{B}}(x)\right| \lesssim \frac{\left\|\omega^{x_{B}}\right\|}{\ell\left(Q^{\prime}\right)^{n}} \lesssim \frac{1}{r\left(B_{0}\right)^{n}} \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)},
$$

by Lemma 4.3
To bound the last sum in (7.8), we first notice that every $P \in \mathcal{D}_{\omega}$ such that $Q \subset P \subset Q^{\prime}$ is in $\mathcal{D}_{\omega} \backslash \mathcal{D}_{\omega}^{d b}$ and thus, by Lemma 5.4, we obtain

$$
\sum_{P \in \mathcal{D}_{\omega}: Q \subset P \subset Q^{\prime}} \frac{\omega^{x_{B}}(100 B(P))}{\ell(P)^{n}} \lesssim \frac{\omega^{x_{B}}\left(100 B\left(Q^{\prime}\right)\right)}{\ell\left(Q^{\prime}\right)^{n}} .
$$

Since $Q^{\prime}$ satisfies the assumptions of Lemma 6.1, by (6.11) we have

$$
\frac{\omega^{x_{B}}\left(100 B\left(Q^{\prime}\right)\right)}{\ell\left(Q^{\prime}\right)^{n}} \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} .
$$

So (7.1) also holds for $Q \in \mathcal{D}_{\omega} \backslash \mathcal{D}_{\omega}^{d b}$.

Proof of the Key Lemma in the planar case $\boldsymbol{n}=1$. We note that the arguments to prove Lemma 3.5 fail in the planar case. Therefore this cannot be applied to prove the Key Lemma and some changes are required.

We follow the same scheme and notation as in the case $n \geq 2$ and highlight the important modifications. We start by assuming that $Q \in \mathcal{D}_{\omega}^{d b}$ and claim that for any constant $\alpha \in \mathbb{R}$,

$$
\begin{equation*}
\left|\widetilde{\mathcal{R}}_{r} \omega^{x_{B}}(x)\right| \lesssim \frac{1}{r} f_{B(x, r)}\left|G\left(y, x_{B}\right)-\alpha\right| d m(y)+\frac{1}{\left|x-x_{B}\right|}+\frac{\omega^{x_{B}}(Q)}{\mu(Q)} . \tag{7.9}
\end{equation*}
$$

To check this, we can argue as in the proof of the Key Lemma for $n \geq 2$ to get

$$
\begin{equation*}
\left|\widetilde{\mathcal{R}}_{r} \omega^{p}(x)\right| \lesssim \frac{1}{\left|x-x_{B}\right|}+\left|\nabla u_{r}(x)\right| \lesssim_{\eta} \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} . \tag{7.10}
\end{equation*}
$$

Since $u_{r}$ is harmonic in $\mathbb{R}^{2} \backslash\left[\operatorname{supp}\left(\varphi_{r}(x-\cdot) \omega^{x_{B}}\right) \cup\left\{x_{B}\right\}\right]$ (and so in $B(x, r)$ ), for any constant $\alpha^{\prime} \in \mathbb{R}$, we have

$$
\left|\nabla u_{r}(x)\right| \lesssim \frac{1}{r} f_{B(x, r)}\left|u_{r}(z)-\alpha^{\prime}\right| d m(z) .
$$

Note that this estimate is the same as the one in in (7.5) in the case $n \geq 2$ with $\alpha^{\prime}=0$. Let $\alpha^{\prime}=\alpha+\beta \int \psi_{r}(x-y) d \omega^{x_{B}}(y)$ where $\beta=f_{B(x, r)} \mathcal{E}(x-z) d m(z)$. From the identity (7.2), we deduce that

$$
\begin{align*}
\left|\nabla u_{r}(x)\right| \lesssim & \frac{1}{r} f_{B(x, r)}\left|G\left(z, x_{B}\right)-\alpha\right| d m(z) \\
& +\frac{1}{r} f_{B(x, r)} \int|\mathcal{E}(z-y)-\beta| \psi_{r}(x-y) d \omega^{x_{B}}(y) d m(z) \\
= & I+I I, \tag{7.11}
\end{align*}
$$

for any $\alpha \in \mathbb{R}$.
To estimate the term $I I$ we apply Fubini:

$$
I I \leq \frac{c}{r} \int_{y \in B(x, 2 r)} f_{z \in B(x, r)}|\mathcal{E}(z-y)-\beta| d m(z) d \omega^{p}(y) .
$$

Observe that for all $y \in B(x, 2 r)$,

$$
f_{z \in B(x, r)}|\mathcal{E}(z-y)-\beta| d m(z) \lesssim 1
$$

since $\mathcal{E}(\cdot)=-c_{1} \log |\cdot|$ is in BMO. So, by the choice of $\widetilde{B}_{Q}$ and that $Q \in \mathcal{D}_{\omega}^{d b}$ we obtain

$$
\begin{equation*}
I I \lesssim \frac{\omega^{x_{B}}(B(x, 2 r))}{r} \lesssim \frac{\omega^{x_{B}}(100 B(Q))}{\mu(Q)} \lesssim \frac{\omega^{x_{B}}(Q)}{\mu(Q)} . \tag{7.12}
\end{equation*}
$$

Hence (7.9) follows from (7.10), (7.11) and (7.12).
Choosing $\alpha=G\left(z, x_{B}\right)$ with $z \in B(x, r)$ in (7.9) and averaging with respect Lebesgue measure for such $z$ 's, we get

$$
\left|\widetilde{\mathcal{R}}_{r} \omega^{x_{B}}(x)\right| \lesssim \frac{1}{r^{5}} \iint_{B(x, r) \times B(x, r)}\left|G\left(y, x_{B}\right)-G\left(z, x_{B}\right)\right| d m(y) d m(z)+\frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)}+\frac{\omega^{x_{B}}(Q)}{\mu(Q)}
$$

where we understand that $G\left(z, x_{B}\right)=0$ for $z \notin \Omega$. Now for $y, z \in B(x, r)$ and $\phi$ a radial smooth function such that $\phi \equiv 0$ in $B(0,2)$ and $\phi \equiv 1$ in $\mathbb{R}^{2} \backslash B(0,3)$ we write

$$
\begin{aligned}
2 \pi\left(G\left(y, x_{B}\right)-G\left(z, x_{B}\right)\right)= & \log \frac{\left|z-x_{B}\right|}{\left|y-x_{B}\right|}-\int_{\partial \Omega} \log \frac{|z-\xi|}{|y-\xi|} d \omega^{x_{B}}(\xi) \\
= & \left(\log \frac{\left|z-x_{B}\right|}{\left|y-x_{B}\right|}-\int_{\partial \Omega} \phi\left(\frac{\xi-x}{r}\right) \log \frac{|z-\xi|}{|y-\xi|} d \omega^{x_{B}}(\xi)\right) \\
& -\int_{\partial \Omega}\left(1-\phi\left(\frac{\xi-x}{r}\right)\right) \log \frac{|z-\xi|}{|y-\xi|} d \omega^{x_{B}}(\xi)=A_{y, z}+B_{y, z} .
\end{aligned}
$$

Notice that the above identities also hold if $y, z \notin \Omega$. Let us observe that

$$
\frac{\left|z-x_{B}\right|}{\left|y-x_{B}\right|} \approx 1 \quad \text { and } \quad \frac{|z-\xi|}{|y-\xi|} \approx 1 \quad \text { for } \xi \notin B(x, 2 r) .
$$

We claim that

$$
\begin{equation*}
\left|A_{y, z}\right| \lesssim \frac{\omega^{x_{B}}\left(B\left(x, 2 \delta_{0}^{-1} r\right)\right)}{\inf _{z \in B(x, 2 r) \cap \Omega} \omega^{z}\left(B\left(x, 2 \delta_{0}^{-1} r\right)\right)} \tag{7.13}
\end{equation*}
$$

We defer the details till the end of the proof. Then, by Lemma3.1, we get

$$
\inf _{z \in B(x, 2 r) \cap \Omega} \omega^{z}\left(B\left(x, 2 \delta_{0}^{-1} r\right)\right) \gtrsim \frac{\mu(B(x, 2 r))}{r} \geq \frac{\mu\left(\widetilde{B}_{Q}\right)}{r} .
$$

and thus

$$
\frac{\left|A_{y, z}\right|}{r} \lesssim \frac{\omega^{x_{B}}\left(B\left(x, 2 \delta_{0}^{-1} r\right)\right)}{\mu\left(\widetilde{B}_{Q}\right)} \lesssim \frac{\omega^{x_{B}}(Q)}{\mu(Q)},
$$

by the doubling properties of $Q\left(\right.$ for $\left.\omega^{x_{B}}\right)$ and the choice of $\widetilde{B}_{Q}$.
To deal with the term $B_{y, z}$ we write:

$$
\left|B_{y, z}\right| \leq \int_{B(x, 3 r)}\left(\left|\log \frac{r}{|y-\xi|}\right|+\left|\log \frac{r}{|z-\xi|}\right|\right) d \omega^{x_{B}}(\xi)
$$

So we have

$$
\iint_{B(x, r) \times B(x, r)}\left|B_{y, z}\right| d m(y) d m(z) \lesssim r^{2} \int_{B(x, r)} \int_{B(x, 3 r)}\left|\log \frac{r}{|y-\xi|}\right| d \omega^{x_{B}}(\xi) d m(y) .
$$

Notice that for all $\xi \in B(x, 3 r)$,

$$
\int_{B(x, r)}\left|\log \frac{r}{|y-\xi|}\right| d m(y) \lesssim r^{2}
$$

So by Fubini and $Q \in \mathcal{D}_{\omega}^{d b}$ we obtain

$$
\frac{1}{r^{5}} \iint_{B(x, r) \times B(x, r)}\left|B_{y, z}\right| d m(y) d m(z) \lesssim \frac{\omega^{x_{B}}(B(x, 3 r))}{r} \lesssim \frac{\omega^{x_{B}}(Q)}{\mu(Q)} .
$$

Together with the bound for the term $A_{y, z}$, this gives

$$
\left|\widetilde{\mathcal{R}}_{r} \omega^{x_{B}}(x)\right| \lesssim \frac{\omega^{x_{B}}(Q)}{\mu(Q)}+\frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} \lesssim A \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)},
$$

where the last inequality follows from the fact that $Q \in$ Good.
It remains now to show (7.13). The argument uses ideas analogous to the ones for the proof of Lemma 3.5 with some modifications. Recall that

$$
\begin{aligned}
A_{y, z} & =A_{y, z}\left(x_{B}\right)=\log \frac{\left|z-x_{B}\right|}{\left|y-x_{B}\right|}-\int_{\partial \Omega} \phi\left(\frac{\xi-x}{r}\right) \log \frac{|z-\xi|}{|y-\xi|} d \omega^{x_{B}}(\xi) \\
& =: \log \frac{\left|z-x_{B}\right|}{\left|y-x_{B}\right|}-v_{x, y, z}\left(x_{B}\right)
\end{aligned}
$$

where $y, z \in B(x, r)$. The two functions

$$
q \longmapsto A_{y, z}(q) \quad \text { and } \quad q \longmapsto \frac{c \omega^{q}\left(B\left(x, 2 \delta_{0}^{-1} r\right)\right)}{\inf _{z \in B(x, 2 r) \cap \Omega} \omega_{\Omega}^{z}\left(B\left(x, 2 \delta_{0}{ }^{-1} r\right)\right)}
$$

are harmonic in $\Omega \backslash B(x, 2 r)$. Note that for all $q \in \partial B(x, 2 r)$ we clearly have

$$
\left|A_{y, z}(q)\right| \leq c \leq \frac{c \omega^{q}\left(B\left(x, 2 \delta_{0}^{-1} r\right)\right)}{\inf _{z \in B(x, 2 r) \cap \Omega} \omega_{\Omega}^{z}\left(B\left(x, 2 \delta_{0}^{-1} r\right)\right)}
$$

Since $A_{y, z}(q)=0$ for all $q \in \partial \Omega \backslash B(x, 3 r)$ except for a polar set we can apply the maximum principle in [Hel, Lemma 5.2.21] and obtain (7.13), as desired.

The case $Q \notin \mathcal{D}_{\omega}^{d b}$ can be handled exactly as for the case of $n \geq 2$ and the proof is omitted.
From the lemma above we deduce the following corollary.
Lemma 7.2. Let $\Omega, \mu, \eta, B$ and $B_{0}$ be as in the Main Lemma 4.1 and Lemma 4.2. Let

$$
\widetilde{G}_{0}=G_{0} \backslash B\left(x_{B}, \eta r(B)\right)
$$

For all $x \in \widetilde{G}_{0}$ we have

$$
\begin{equation*}
\mathcal{R}_{*} \omega^{x_{B}}(x) \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} \tag{7.14}
\end{equation*}
$$

with the implicit constant depending on $n, A, \varepsilon, \varepsilon^{\prime}, \eta, \delta_{0}, \eta$.
Proof. We need to show that for all $x \in \widetilde{G}_{0}$ and all $t>0$,

$$
\begin{equation*}
\left|\mathcal{R}_{t} \omega^{x_{B}}(x)\right| \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} \tag{7.15}
\end{equation*}
$$

Recall that the cubes from $\mathcal{D}_{\omega}$ are only defined for generations $k \geq 0$. However, by a suitable rescaling we can assume that they are defined for $k \geq k_{0}$, where $k_{0} \in \mathbb{Z}$ can be arbitrary. So we suppose that there are cubes $Q \in \mathcal{D}_{\omega}$ such that $\ell(Q) \geq r(B)$.

Denote by $\mathcal{G}_{\eta}$ the family of the cubes $Q \in \operatorname{Good}$ such that $Q \cap\left(B_{0} \backslash B\left(x_{B}, \eta r(B)\right)\right) \neq \varnothing$, $100 B(Q) \subset B, \delta_{0} r\left(B_{Q}\right) \leq \eta r(B)$, and $Q \subset \partial \Omega \backslash B\left(x_{B}, \frac{\eta}{2} r(B)\right)$, so that (7.1) holds for all $z \in Q \in \mathcal{G}_{\eta}$.

Given $x \in \widetilde{G}_{0}$, let $Q_{x}$ be the maximal cube from $\mathcal{G}_{\eta}$ that contains $x$. From the definition of $\widetilde{G}_{0}$ and $\mathcal{G}_{\eta}$ it follows that such cube $Q_{x}$ exists and $\ell\left(Q_{x}\right) \approx r(B) \approx r\left(B_{0}\right)$, with the implicit constant depending on $\alpha, \eta$, and $\delta_{0}$. Given $0<t \leq \ell\left(Q_{x}\right)$, let $P \in \mathcal{D}_{\omega}$ be the cube containing $x$ such that $\ell(P)<t \leq \ell(\widehat{P})$, where $\widehat{P}$ stands for the parent of $P$. Note that $P, \widehat{P} \in \mathcal{G}_{\eta}$, and by the Key Lemma 7.1, we have

$$
\left|\mathcal{R}_{\ell(P)} \omega^{x_{B}}(x)\right| \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)}
$$

Then, taking also into account Lemma 6.1. we get

$$
\begin{aligned}
\left|\mathcal{R}_{t} \omega^{x_{B}}(x)\right| & \leq\left|\mathcal{R}_{\ell(P)} \omega^{x_{B}}(x)\right|+\frac{\omega^{x_{B}}(B(x, t))}{\ell(P)^{n}} \\
& \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)}+\frac{\omega^{x_{B}}(B(x, \ell(\widehat{P})))}{\ell(\widehat{P})^{n}} \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)}
\end{aligned}
$$

In the case $t>\ell\left(Q_{x}\right)$, using that $\ell\left(Q_{x}\right) \approx r\left(B_{0}\right)$ together with a brutal estimate and Lemma4.3 we obtain

$$
\left|\mathcal{R}_{t} \omega^{x_{B}}(x)\right| \lesssim \frac{\left\|\omega^{x_{B}}\right\|}{\ell\left(Q_{x}\right)^{n}} \lesssim \frac{1}{r\left(B_{0}\right)^{n}} \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)}
$$

So the proof of 7.15 is concluded.

## 8. Proof of the Main Lemma 4.1

Recall that $G_{0}=B_{0} \backslash \bigcup_{Q \in \text { Bad }} Q$, and that in (6.7) and (6.8) we saw that

$$
\begin{equation*}
\omega^{x_{B}}\left(G_{0}\right) \geq \varepsilon_{2}^{\prime} \omega^{x_{B}}\left(B_{0}\right), \quad \mu\left(G_{0}\right) \geq \varepsilon_{1}^{\prime} \mu\left(B_{0}\right) \tag{8.1}
\end{equation*}
$$

By Lemma 6.2 is clear that there exists some constant $C_{3}$ such that

$$
\begin{equation*}
\omega^{x_{B}}(B(x, r)) \leq C_{3} \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} r^{n} \quad \text { for all } x \in G_{0} \text { and all } r>0 \tag{8.2}
\end{equation*}
$$

Recall also that in Lemma 7.2 we introduced the set $\widetilde{G}_{0}=G_{0} \backslash B\left(x_{B}, \eta r(B)\right)$ and we showed that

$$
\begin{equation*}
\mathcal{R}_{*} \omega^{x_{B}}(x) \lesssim \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} \quad \text { for all } x \in \widetilde{G}_{0} \tag{8.3}
\end{equation*}
$$

We intend to apply the following T 1 theorem:
Theorem 8.1. Let $\nu$ be a compactly supported Borel measure in $\mathbb{R}^{d}$. Suppose that there is an open set $H \subset \mathbb{R}^{d}$ with the following properties.
(1) If $B_{r}$ is a ball of radius $r$ such that $\nu\left(B_{r}\right)>C_{4} r^{n}$, then $B_{r} \subset H$.
(2) There holds that $\int_{\mathbb{R}^{n} \backslash H} \mathcal{R}_{*} \nu d \nu \leq C_{5}\|\nu\|$.
(3) $\nu(H) \leq \delta_{1}\|\nu\|$, where $\delta_{1}<1$.

Then there is a closed set $G$ satisfying that $G \subset \mathbb{R}^{d} \backslash H$ and the following properties:
(a) $\nu(G) \gtrsim\|\nu\|$.
(b) $\nu\left(G \cap B_{r}\right) \leq C_{4} r^{n}$ for every ball $B_{r}$ of radius $r$.
(c) $\left\|1_{G} \mathcal{R}_{\nu} f\right\|_{L^{2}(\nu)} \lesssim\|f\|_{L^{2}(\nu)}$ for every $f \in L^{2}(\nu)$ such that supp $f \subset G$.

The implicit constants in (a) and (c) depend only on $n, d, C_{4}, C_{5}$, and $\delta_{1}$.
This result is a particular case of the deep non-homogeneous Tb theorem of Nazarov, Treil and Volberg in (NTrV] (see also [V0] and [To2, Theorem 8.14]).

Set

$$
\nu:=\left.\frac{\mu\left(B_{0}\right)}{\omega^{x_{B}}\left(B_{0}\right)} \omega^{x_{B}}\right|_{\alpha B_{0}} .
$$

Observe that $\|\nu\| \approx \mu\left(B_{0}\right)$, because $\omega^{x_{B}}\left(\alpha B_{0}\right) \leq\left(1-\varepsilon^{\prime}\right)^{-1} \omega^{x_{B}}\left(B_{0}\right)$. Also, by (8.2),

$$
\begin{equation*}
\nu(B(x, r)) \leq C_{3} r^{n} \quad \text { for all } x \in G_{0} \text { and all } r>0 \tag{8.4}
\end{equation*}
$$

From this fact, it easily follows that any ball $B_{r}$ such that $\nu\left(B_{r}\right)>2^{n} C_{3} r^{n}$ does not intersect $G_{0}$. Indeed, if there exists $x \in G_{0} \cap B_{r}$, then

$$
\nu(B(x, 2 r)) \geq \nu\left(B_{r}\right)>C_{3}(2 r)^{n},
$$

which contradicts (8.4).
To simplify notation, we denote

$$
B_{\eta}=B\left(x_{B}, \eta r(B)\right)
$$

There are two alternatives: either $\omega^{x_{B}}\left(B_{\eta} \cap G_{0}\right)>\frac{\varepsilon_{2}^{\prime}}{2} \omega^{x_{B}}\left(B_{0}\right)$ or $\omega^{x_{B}}\left(B_{\eta} \cap G_{0}\right) \leq \frac{\varepsilon_{2}^{\prime}}{2} \omega^{x_{B}}\left(B_{0}\right)$. In the first case, from (6.10) we deduce that

$$
\mu\left(B_{\eta} \cap G_{0}\right) \geq \frac{1}{A} \omega^{x_{B}}\left(B_{\eta} \cap G_{0}\right) \frac{\mu\left(B_{0}\right)}{\omega^{x_{B}}\left(B_{0}\right)}>\frac{\varepsilon_{2}^{\prime}}{2 A} \mu\left(B_{0}\right) \geq \frac{\varepsilon_{2}^{\prime}}{2 C_{2} A} \mu(B),
$$

by (4.4). So letting $\tau=\varepsilon_{2}^{\prime} /\left(2 C_{2} A\right)$ (which does not depend on $\eta$ ), the alternative (i) of the Main Lemma 4.1 holds.

In the second case, from (8.1) we infer that

$$
\omega^{x_{B}}\left(\widetilde{G}_{0}\right)=\omega^{x_{B}}\left(G_{0}\right)-\omega^{x_{B}}\left(B_{\eta} \cap G_{0}\right) \geq \varepsilon_{2}^{\prime} \omega^{x_{B}}\left(B_{0}\right)-\frac{\varepsilon_{2}^{\prime}}{2} \omega^{x_{B}}\left(B_{0}\right)=\frac{\varepsilon_{2}^{\prime}}{2} \omega^{x_{B}}\left(B_{0}\right)
$$

We consider a closed set $\widetilde{G}_{1} \subset \widetilde{G}_{0}$ with $\omega^{x_{B}}\left(\widetilde{G}_{1}\right) \geq \frac{\varepsilon_{2}^{\prime}}{3} \omega^{x_{B}}\left(B_{0}\right)$, which is equivalent to saying that $\nu\left(\widetilde{G}_{1}\right) \geq \frac{\varepsilon_{2}^{\prime}}{3} \nu\left(B_{0}\right)$, and we denote $H=\alpha B_{0} \backslash \widetilde{G}_{1}$. Because of the discussion just below (8.4), the assumption (1) of the theorem holds with $C_{4}=2^{n} C_{3}$. Further, since $\nu\left(B_{0}\right) \approx \nu\left(\alpha B_{0}\right)$, we have

$$
\nu\left(\widetilde{G}_{1}\right) \geq c \frac{\varepsilon_{2}^{\prime}}{3} \nu\left(\alpha B_{0}\right)
$$

and thus

$$
\nu(H)=\nu\left(\alpha B_{0}\right)-\nu\left(\widetilde{G}_{1}\right) \leq\left(1-c \frac{\varepsilon_{2}^{\prime}}{3}\right) \nu\left(\alpha B_{0}\right)=\left(1-c \frac{\varepsilon_{2}^{\prime}}{3}\right)\|\nu\|,
$$

which ensures that the assumption (3) holds with $\delta_{1}=1-c \frac{\varepsilon_{2}^{\prime}}{3}$.
To check that the assumption (2) is satisfied, note that

$$
\nu=\frac{\mu\left(B_{0}\right)}{\omega^{x_{B}}\left(B_{0}\right)} \omega^{x_{B}}-\left.\frac{\mu\left(B_{0}\right)}{\omega^{x_{B}}\left(B_{0}\right)} \omega^{x_{B}}\right|_{\left(\alpha B_{0}\right)^{c}},
$$

and then it holds that

$$
\mathcal{R}_{*} \nu \leq \frac{\mu\left(B_{0}\right)}{\omega^{x_{B}}\left(B_{0}\right)} \mathcal{R}_{*} \omega^{x_{B}}+\frac{\mu\left(B_{0}\right)}{\omega^{x_{B}}\left(B_{0}\right)} \mathcal{R}_{*}\left(\left.\omega^{x_{B}}\right|_{\left(\alpha B_{0}\right)^{c}}\right) .
$$

By (8.3), for any $x \in \alpha B_{0} \backslash H=\widetilde{G}_{1}$, the first term on the right hand side is uniformly bounded by some constant $C$. On the other hand, using that $\widetilde{G}_{1} \subset B_{0}$ and taking into account Lemma 4.3 , for the last term we have

$$
\frac{\mu\left(B_{0}\right)}{\omega^{x_{B}}\left(B_{0}\right)} \mathcal{R}_{*}\left(\left.\omega^{x_{B}}\right|_{\left(\alpha B_{0}\right)^{c}}\right)(x) \lesssim \alpha \frac{\mu\left(B_{0}\right)}{\omega^{x_{B}}\left(B_{0}\right)} \frac{\omega^{x_{B}}\left(\left(\alpha B_{0}\right)^{c}\right)}{r\left(B_{0}\right)^{n}} \lesssim \frac{\mu\left(B_{0}\right)}{\omega^{x_{B}}\left(B_{0}\right)} \frac{1}{r\left(B_{0}\right)^{n}} \lesssim 1 .
$$

So we get $\mathcal{R}_{*} \nu(x) \lesssim 1$, for $\nu$-a.e. $x \in H^{c}$, which yields (2) in Theorem 8.1
We can now apply Theorem 8.1 to obtain $G \subset \widetilde{G}_{1} \subset G_{0} \subset B_{0}$ such that
(a) $\nu(G) \gtrsim\|\nu\| \approx \mu\left(B_{0}\right) \approx \mu(B)$.
(b) $\nu\left(G \cap B_{r}\right) \leq C_{4} r^{n}$ for every ball $B_{r}$ of radius $r$.
(c) $\left\|1_{G} \mathcal{R}_{\nu} f\right\|_{L^{2}(\nu)} \lesssim\|f\|_{L^{2}(\nu)}$ for every $f \in L^{2}(\nu)$ satisfying that supp $f \subset G$.

Recall now that, by (6.9),

$$
k^{x_{B}}=\frac{d \omega^{x_{B}}}{d \mu} \approx \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} \quad \text { in } G_{0}
$$

and that $\nu=\left.\frac{\mu\left(B_{0}\right)}{\omega^{x} B\left(B_{0}\right)} k^{x_{B}} \mu\right|_{\alpha B_{0}}$. First this implies that $\mu(G) \approx_{A, \varepsilon_{2}^{\prime}} \mu\left(B_{0}\right)$, and second, for any $f \in L^{2}(\mu)$ supported in $G$ it holds that

$$
\begin{aligned}
\int_{G}\left|\mathcal{R}_{\mu} f\right|^{2} d \mu & \approx \int_{G}\left|\mathcal{R}_{\mu} f\right|^{2} d \nu \\
& =\int_{G}\left|\int K(x-y) f(y)\left(k^{x_{B}}(y)\right)^{-1} \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)} d \nu(y)\right|^{2} d \nu(x) \\
& \lesssim \int_{G}\left|f(x)\left(k^{x_{B}}(x)\right)^{-1} \frac{\omega^{x_{B}}\left(B_{0}\right)}{\mu\left(B_{0}\right)}\right|^{2} d \nu(x) \\
& \approx \int_{G}|f(x)|^{2} d \mu(x) .
\end{aligned}
$$

This concludes the proof of the Main Lemma 4.1

## 9. Proof of Theorem 1.1

In this section we will assume that $\Omega$ and $\mu$ satisfy the assumptions in Theorem 1.1. For the proof we will need to work with the dyadic lattice of David-Mattila from Section 5 with the associated measure $\sigma=\mu$. This new dyadic lattice is now denoted by $\mathcal{D}_{\mu}$. Recall that the cubes from $\mathcal{D}_{\mu}$ are only defined for generations $k \geq 0$. However, by a suitable rescaling we can assume that they are defined for $k \geq k_{0}$, where $k_{0} \in \mathbb{Z}$ can be arbitrary.
9.1. The Final Lemma and the good $\lambda$ inequality. Our next objective consists in proving the following.

Lemma 9.1 (Final Lemma). For every $R \in \mathcal{D}_{\mu}^{d b}$ there exists a subset $G_{R} \subset R$ with $\mu\left(G_{R}\right) \gtrsim \mu(R)$ such that $\mathcal{R}_{\mu_{G_{R}}}: L^{2}\left(\left.\mu\right|_{G_{R}}\right) \rightarrow L^{2}\left(\left.\mu\right|_{G_{R}}\right)$ is bounded, with norm bounded above uniformly by some constant depending on the various constants in the assumptions of Theorem [.1]

Recall that by standard non-homogeneous Calderón-Zygmund theory, the boundedness of the operator $\mathcal{R}_{\left.\mu\right|_{G_{R}}}: L^{2}\left(\left.\mu\right|_{G_{R}}\right) \rightarrow L^{2}\left(\left.\mu\right|_{G_{R}}\right)$ implies that $\mathcal{R}_{*}$ is bounded from the space of finite real Radon measures $M\left(\mathbb{R}^{n+1}\right)$ to $L^{1, \infty}(\mu)$. See [To2, Chapter 2], for example. Then, from Lemma 9.1 , we deduce Theorem 1.1 by means of the following result:

Theorem 9.2. Let $\mu$ be a Radon measure measure in $\mathbb{R}^{n+1}$ such that $\mu(B(x, r)) \leq C r^{n}$ for all $r>0$. Suppose that the constant $C_{0}$ in the construction of $\mathcal{D}_{\mu}$ in Lemma 5.1 is big enough and let $\theta_{0}>0$. Suppose that for every cube $R \in \mathcal{D}_{\mu}^{d b}$ there exists a subset $G_{R} \subset R$ with $\mu\left(G_{R}\right) \geq \theta_{0} \mu(R)$, such that $\mathcal{R}_{*}$ is bounded from $M\left(\mathbb{R}^{n}\right)$ to $L^{1, \infty}\left(\left.\mu\right|_{G_{R}}\right)$, with norm bounded uniformly on $R$. Then $\mathcal{R}_{\mu}$ is bounded in $L^{p}(\mu)$, for $1<p<\infty$, with its norm depending on $p$ and on the preceding constants.

This theorem is a variant of Theorem 2.22 from [To2]. In fact, in this reference the theorem is stated in terms of "true" dyadic cubes and it is proved by using a suitable good $\lambda$ inequality. Similar arguments, with minor variations, work with cubes from the lattice $\mathcal{D}_{\mu}$. Below we just give a brief sketch of the proof, which highlights the modifications required with respect to Theorem 2.22 from [To2].

Sketch of the proof of Theorem 9.2 Denote by $M_{\mu}$ the centered Hardy-Littlewood maximal operator:

$$
M_{\mu} f(x)=\sup _{r>0} \frac{1}{\mu(B(x, r))} \int_{B(x, r)}|f| d \mu .
$$

Arguing as in Theorem 2.22 from [To2], it is enough to show that for all $\varepsilon>0$ there exists $\gamma=\gamma(\varepsilon)>0$ such that for all $\lambda>0$,

$$
\begin{equation*}
\mu\left(\left\{x: \mathcal{R}_{\mu, *} f(x)>(1+\varepsilon) \lambda, M_{\mu} f(x) \leq \gamma \lambda\right\}\right) \leq\left(1-\frac{\theta_{0}}{4}\right) \mu\left(\left\{x: \mathcal{R}_{\mu, *} f(x)>\lambda\right\}\right) \tag{9.1}
\end{equation*}
$$

for every compactly supported $f \in L^{1}(\mu)$.
Denote

$$
\Omega_{\lambda}=\left\{x: \mathcal{R}_{\mu, *} f(x)>\lambda\right\} .
$$

The first step to prove (9.1) consists in decomposing supp $\mu \cap \Omega_{\lambda}$ into Whitney cubes from the DavidMattila lattice $\mathcal{D}_{\mu}$. Let us remark that in Theorem 2.22 from [To2], the Whitney decomposition is performed in terms of "true" dyadic cubes from $\mathbb{R}^{n+1}$. The analogous result with the David-Mattila cubes is the following.

Claim 1. Assume that the cubes from $\mathcal{D}_{\mu}$ are defined for the generations $k \geq k_{0}$, with $k_{0} \in \mathbb{Z}$ small enough. Then there are cubes $Q_{i} \in \mathcal{D}_{\mu}$ such that

$$
\Omega_{\lambda} \cap \operatorname{supp} \mu=\bigcup_{i \in I} Q_{i},
$$

and so that for some constants $T_{0}>10^{4}$ and $D_{0} \geq 1$ the following holds:
(i) $10^{4} B\left(Q_{i}\right) \subset \Omega$ for each $i \in I$.
(ii) $T_{0} B\left(Q_{i}\right) \cap \Omega^{c} \neq \varnothing$ for each $i \in I$.
(iii) For each cube $Q_{i}$, there are at most $D_{0}$ cubes $Q_{j}$ such that $10^{4} B\left(Q_{i}\right) \cap 10^{4} B\left(Q_{j}\right) \neq \varnothing$. Further, for such cubes $Q_{i}, Q_{j}$, we have $\ell\left(Q_{i}\right) \approx \ell\left(Q_{j}\right)$.
(iv) The family of doubling cubes

$$
\left\{Q_{j}\right\}_{j \in S}:=\left\{Q_{i}\right\}_{i \in I} \cap \mathcal{D}_{\mu}^{d b}
$$

satisfies

$$
\begin{equation*}
\mu\left(\bigcup_{j \in S} Q_{j}\right) \geq \frac{1}{2} \mu\left(\Omega_{\lambda}\right) \tag{9.2}
\end{equation*}
$$

assuming the parameter $C_{0}$ in the construction of $\mathcal{D}_{\mu}$ in Lemma5.1 big enough.
Using the above decomposition, by arguments which are very similar to the ones in the proof of Theorem 2.22 from [To2], one proves that for all $i \in I \cap S$,

$$
\mu\left(\left\{x \in G_{Q_{i}}: \mathcal{R}_{\mu, *} f(x)>(1+\varepsilon) \lambda, M_{\mu} f(x) \leq \gamma \lambda\right\}\right) \leq \frac{c \gamma}{\varepsilon} \mu\left(Q_{i}\right)
$$

and then one shows that this implies (9.1) and the theorem follows.
The arguments to prove the Claim 1 are quite similar to the ones for Lemma 2.23 of Theorem 2.22 from [T02]. However, the proof of the property (iv) is more tricky and so we show the details.

Proof of Claim $\square$ Note that the open set $\Omega_{\lambda}$ is bounded (since $f \in L^{1}(\mu)$ is assumed to be compactly supported). So assuming $k_{0} \in \mathbb{Z}$ to be sufficiently small (recall the comment at the beginning of Section 9 , the existence of cubes from $Q \in \mathcal{D}_{\mu}$ with $\ell(Q) \approx \operatorname{diam}\left(\Omega_{\lambda}\right)$ is guarantied and so by standard arguments one can find cubes $Q_{i} \in \mathcal{D}_{\mu}$ satisfying the properties (i) and (ii) above. Indeed, the cubes $Q_{i}, i \in I$, can be defined as follows. Let $0<\delta_{1}<\frac{1}{100}$ be some small constant to be fixed below. Then, for all $x \in \operatorname{supp} \mu \cap \Omega_{\lambda}$, let $Q_{x} \in \mathcal{D}_{\mu}$ be the maximal cube containing $x$ such that

$$
\begin{equation*}
\ell\left(Q_{x}\right) \leq \delta_{1} \operatorname{dist}\left(x, \partial \Omega_{\lambda}\right) \tag{9.3}
\end{equation*}
$$

Let $\left\{Q_{i}\right\}_{i \in I}$ be the subfamily of the maximal and thus disjoint cubes from $\left\{Q_{x}\right\}_{x \in \operatorname{supp} \mu \cap \Omega_{\lambda}}$. The properties (i) and (ii) are immediate (assuming $\delta_{1}$ small enough). On the other hand, (iii) follows easily from the following:
(iii) If $10^{4} B\left(Q_{i}\right) \cap 10^{4} B\left(Q_{j}\right) \neq \varnothing$ for some $i, j \in I$, then $\left|J\left(Q_{i}\right)-J\left(Q_{j}\right)\right| \leq 1$, assuming $\delta_{1}$ small enough in (9.3) (here $J\left(Q_{i}\right)$ and $J\left(Q_{j}\right)$ are the generations to which $Q_{i}$ and $Q_{j}$ belong, respectively).
To prove this, take $i, j \in I$ as above. By definition, there exists some point $p_{i} \in Q_{i}$ such that $\ell\left(Q_{i}\right) \leq \delta_{1} \operatorname{dist}\left(p_{i}, \partial \Omega_{\lambda}\right)$. So for any $p_{j} \in Q_{j}$, by the triangle inequality

$$
\ell\left(Q_{i}\right) \leq \delta_{1}\left(\left|p_{i}-p_{j}\right|+\operatorname{dist}\left(p_{j}, \partial \Omega_{\lambda}\right)\right)
$$

From the condition $10^{4} B\left(Q_{i}\right) \cap 10^{4} B\left(Q_{j}\right) \neq \varnothing$, we get $\left|p_{i}-p_{j}\right| \leq C\left(A_{0}, C_{0}\right)\left(\ell\left(Q_{i}\right)+\ell\left(Q_{j}\right)\right)$ and thus

$$
\left.\ell\left(Q_{i}\right) \leq \delta_{1} C\left(A_{0}, C_{0}\right)\left(\ell\left(Q_{i}\right)+\ell\left(Q_{j}\right)\right)+\delta_{1} \operatorname{dist}\left(p_{j}, \partial \Omega_{\lambda}\right)\right)
$$

On the other hand, from the definition of $\ell\left(Q_{j}\right)$ we infer that the parent $\widehat{Q}_{j}$ of $Q_{j}$ satisfies

$$
A_{0} \ell\left(Q_{j}\right)=\ell\left(\widehat{Q}_{j}\right)>\delta_{1} \operatorname{dist}\left(p_{j}, \partial \Omega_{\lambda}\right)
$$

So we derive

$$
\ell\left(Q_{i}\right) \leq \delta_{1} C\left(A_{0}, C_{0}\right)\left(\ell\left(Q_{i}\right)+\ell\left(Q_{j}\right)\right)+A_{0} \ell\left(Q_{j}\right)
$$

Taking $\delta_{1}$ small enough (depending on $A_{0}$ and $C_{0}$ ), this implies that

$$
\ell\left(Q_{i}\right) \leq 2 A_{0} \ell\left(Q_{j}\right)
$$

Since the side-lengths of cubes from $\mathcal{D}_{\mu}$ are of the form $56 C_{0} A_{0}^{k}, k \in \mathbb{Z}$, and $A_{0} \gg 2$, the above estimate is equivalent to saying that $\ell\left(Q_{i}\right) \leq A_{0} \ell\left(Q_{j}\right)$. By analogous arguments, it follows that $\ell\left(Q_{j}\right) \geq A_{0} \ell\left(Q_{j}\right)$, and so (iii') is proved.

Finally, we show that the property (iv) holds. If $Q_{i} \in I \backslash S$, then

$$
\mu\left(Q_{i}\right) \leq \mu\left(100 B\left(Q_{i}\right)\right) \leq \frac{1}{C_{0}} \mu\left(10^{4} B\left(Q_{i}\right)\right)
$$

by (5.3), assuming $C_{0}>100$. Then we deduce

$$
\begin{equation*}
\sum_{i \in I \backslash S} \mu\left(Q_{i}\right) \leq \frac{1}{C_{0}} \sum_{i \in I \backslash S} \mu\left(10^{4} B\left(Q_{i}\right)\right) \tag{9.4}
\end{equation*}
$$

To bound the last sum we need to estimate the number of cubes $Q_{i}, i \in I \backslash S$, such that $x \in$ $10^{4} B\left(Q_{i}\right)$, for a given $x \in \operatorname{supp} \mu$. From the property (iii') it is clear that such cubes can belong at most to two different generations. Since the cubes $Q_{i}, i \in I \backslash S$, are not from $\mathcal{D}_{\mu}^{d b}$, by construction we have $r\left(B\left(Q_{i}\right)\right)=A_{0}^{-J\left(Q_{i}\right)}$. So all the cubes $Q_{i}$ of a given generation $J_{0}$ such that $x \in 10^{4} B\left(Q_{i}\right)$
are contained $B\left(x, 2 \cdot 10^{4} A_{0}^{-J_{0}}\right)$. Since the balls $B\left(Q_{i}\right)$ of a fixed generation $J_{0}$ are disjoint, arguing with Lebesgue measure, we have

$$
\begin{aligned}
A_{0}^{-J_{0}(n+1)} \#\left\{i \in I \backslash S: x \in 10^{4} B\left(Q_{i}\right) \text { and } J\left(Q_{i}\right)=J_{0}\right\} & =\sum_{\substack{i \in I \backslash S: x \in 10^{4} B\left(Q_{i}\right) \\
J\left(Q_{i}\right)=J_{0}}} r\left(B\left(Q_{i}\right)\right)^{n+1} \\
& \leq\left(2 \cdot 10^{4} A_{0}^{-J_{0}}\right)^{n+1} .
\end{aligned}
$$

Using this estimate and the fact there are at most two possible values for $J_{0}$, we get

$$
\#\left\{i \in I \backslash S: x \in 10^{4} B\left(Q_{i}\right)\right\} \leq 2\left(2 \cdot 10^{4}\right)^{n+1}
$$

The key point of this estimate is that the value on the right hand side is an absolute constant that does not depend on the parameters $C_{0}$ and $A_{0}$ from the construction of the lattice $\mathcal{D}_{\mu}$ in Lemma 5.1 Then, plugging this inequality into (9.4) and using also (i) we deduce

$$
\sum_{i \in I \backslash S} \mu\left(Q_{i}\right) \leq \frac{1}{C_{0}} \int_{\Omega_{\lambda}} \sum_{i \in I \backslash S} \chi_{10^{4} B\left(Q_{i}\right)}(x) d \mu(x) \leq \frac{2\left(2 \cdot 10^{4}\right)^{n+1}}{C_{0}} \mu\left(\Omega_{\lambda}\right) \leq \frac{1}{2} \mu\left(\Omega_{\lambda}\right),
$$

assuming that the parameter $C_{0}$ is chosen big enough in Lemma 5.1 for the last inequality. This yields

$$
\mu\left(\bigcup_{j \in S} Q_{j}\right) \geq \mu\left(\Omega_{\lambda}\right)-\sum_{j \in I \backslash S} \mu\left(Q_{j}\right) \geq \frac{1}{2} \mu\left(\Omega_{\lambda}\right)
$$

as wished and concludes the proof of (9.2).
The next Subsections $9.2 \cdot 9.5$ are devoted to the proof of the Final Lemma 9.1 .
9.2. The nice and the ugly cubes. Given $Q \in \mathcal{D}_{\mu}^{d b}$, for $\lambda>0$, denote

$$
Q_{\lambda}=\{x \in Q: \operatorname{dist}(x, \operatorname{supp} \mu \backslash Q) \geq \lambda \ell(Q)\}
$$

Recall that, by the thin boundary property (5.4) and the fact that $Q$ is doubling,

$$
\mu\left(Q \backslash Q_{\lambda}\right) \leq c \lambda^{1 / 2} \mu\left(3.5 B_{Q}\right) \leq c^{\prime} \lambda^{1 / 2} \mu(Q)
$$

Thus, for $\lambda_{0}>0$ small enough,

$$
\mu\left(Q_{\lambda_{0}}\right) \geq \frac{1}{2} \mu(Q)
$$

Now consider an open ball $B^{\prime}$ whose center lies in $Q_{\lambda_{0}}$, with $r\left(B^{\prime}\right)=\frac{\delta_{0} \lambda_{0}}{10} \ell(Q)$, such that $\mu\left(B^{\prime}\right)$ is maximal among such balls, and so

$$
\mu\left(B^{\prime}\right) \geq C\left(\delta_{0}, \lambda_{0}\right) \mu\left(Q_{\lambda_{0}}\right) \gtrsim \mu(Q)
$$

Suppose that the constant $C_{1}$ in the definition of balls with thin boundaries in (4.1) has been chosen big enough. Then there is another ball $B$, concentric with $B^{\prime}$, with $C_{1}$-thin boundary, and such that $2 \delta_{0}{ }^{-1} B^{\prime} \subset B \subset 2.2 \delta_{0}^{-1} B^{\prime}$. For the proof, with cubes instead of balls, we refer the reader to Lemma 9.43 of [To2], for example. Observe now that $B$ satisfies the assumptions of Main Lemma 4.1, assuming $C_{2}$ big enough. Indeed, since

$$
\begin{equation*}
2 B \cap \operatorname{supp} \mu \subset 4.4 \delta_{0}^{-1} B^{\prime} \cap \operatorname{supp} \mu \subset Q \quad \text { and } \quad B^{\prime} \subset \frac{\delta_{0}}{2} B \tag{9.5}
\end{equation*}
$$

we get

$$
\mu(2 B) \leq \mu\left(4.4 \delta_{0}^{-1} B^{\prime}\right) \leq \mu(Q) \leq C_{2}\left(\delta_{0}, \lambda_{0}\right) \mu\left(B^{\prime}\right) \leq C_{2}\left(\delta_{0}, \lambda_{0}\right) \mu\left(\frac{\delta_{0}}{2} B\right)
$$

Notice that $C_{2}=C_{2}\left(\delta_{0}, \lambda_{0}\right)$ is an absolute constant which depends on $n$, but not on other parameters such as the parameters $\varepsilon$ and $\varepsilon^{\prime}$ in Theorem 1.1. The existence of a point $x_{B}$ as in the Main Lemma such that (4.2) holds is guarantied by the assumptions of Theorem 1.1 applied to $B$, with $c_{d b}=$ $C_{2}\left(\delta_{0}, \lambda_{0}\right)$.

By the Main Lemma, one of the following statement holds:
(i) Either

$$
\mu\left(B\left(x_{B}, \eta r(B)\right)\right) \geq \tau \mu(B)
$$

where $\tau$ is some positive constant depending on $C_{\mu}, \varepsilon, \varepsilon^{\prime}, C_{1}$ and $C_{2}$ (but not on $\eta$ ); or
(ii) there exists some subset $G_{B} \subset B$ with $\mu\left(G_{B}\right) \geq \theta \mu(B), \theta>0$, such that the Riesz transform $\mathcal{R}_{\left.\mu\right|_{G_{B}}}: L^{2}\left(\left.\mu\right|_{G_{B}}\right) \rightarrow L^{2}\left(\left.\mu\right|_{G_{B}}\right)$ is bounded. The constant $\theta$ and the $L^{2}\left(\left.\mu\right|_{G_{B}}\right)$ norm depend only on $C_{\mu}, \varepsilon, \varepsilon^{\prime}, C_{1}, C_{2}$, and $\eta$.

If (ii) holds, we say that $Q$ is nice, and we write $Q \in \mathcal{N}$. Otherwise, i.e., in case (i), we say that $Q$ is ugly and we write $Q \in \mathcal{U}$. Clearly, since $2 B \cap \operatorname{supp} \mu \subset Q$ (by (9.5)), we have:

- If $Q \in \mathcal{D}_{\mu}^{d b} \cap \mathcal{N}$, then there exists $\widetilde{G}_{Q} \equiv G_{B} \subset Q$ such that

$$
\begin{equation*}
\mu\left(\widetilde{G}_{Q}\right) \approx \mu(Q) \quad \text { and } \quad \mathcal{R}_{\left.\mu\right|_{\tilde{G}_{Q}}}: L^{2}\left(\left.\mu\right|_{\widetilde{G}_{Q}}\right) \rightarrow L^{2}\left(\left.\mu\right|_{\widetilde{G}_{Q}}\right) \text { is bounded } \tag{9.6}
\end{equation*}
$$

with the implicit constants in both estimates uniform on $Q$. Further,

$$
\begin{equation*}
\operatorname{dist}\left(\widetilde{G}_{Q}, \operatorname{supp} \mu \backslash Q\right) \geq r(B) \gtrsim \ell(Q) \tag{9.7}
\end{equation*}
$$

- If $Q \in \mathcal{D}_{\mu}^{d b} \cap \mathcal{U}$, then

$$
\begin{equation*}
\mu\left(B\left(x_{B}, \eta r(B)\right)\right) \geq \tau C\left(\delta_{0}, \lambda_{0}\right) \mu(B) \tag{9.8}
\end{equation*}
$$

Note that since $x_{B} \in \frac{\delta_{0}}{2} B$, we have

$$
\operatorname{supp} \mu \cap B\left(x_{B}, \eta r(B)\right) \subset \operatorname{supp} \mu \cap B \subset Q
$$

Assuming $Q \in \mathcal{D}_{\mu}^{d b} \cap \mathcal{U}$, since $B\left(x_{B}, \eta r(B)\right)$ is covered by a bounded number of cubes of side length comparable to $\eta r(B)$, we infer that there exists a cube $\widetilde{P}_{Q} \subset Q$ which satisfies:

$$
\begin{gather*}
\ell\left(\widetilde{P}_{Q}\right) \approx \eta r(B) \approx C\left(\delta_{0}, \lambda\right) \eta \ell(Q)  \tag{9.9}\\
\mu\left(\widetilde{P}_{Q}\right) \geq C\left(\delta_{0}, \lambda_{0}, \tau\right) \mu(Q) \tag{9.10}
\end{gather*}
$$

and

$$
\begin{equation*}
\Theta_{\mu}\left(\widetilde{P}_{Q}\right) \geq \frac{C\left(\delta_{0}, \lambda_{0}, \tau\right)}{\eta^{n}} \Theta_{\mu}(Q) . \tag{9.11}
\end{equation*}
$$

Consider now the smallest doubling cube $P_{Q} \in \mathcal{D}_{\mu}^{d b}$ such that $\widetilde{P}_{Q} \subset P_{Q} \subset Q$. Clearly, $P_{Q} \subset Q$ and the estimates (9.9) and (9.10) also hold with $\widetilde{P}_{Q}$ replaced by $P_{Q}$. It also easy to see that (9.11) is satisfied:

Claim 2. Assume $Q \in \mathcal{D}_{\mu}^{d b} \cap \mathcal{U}$. Then

$$
\Theta_{\mu}\left(P_{Q}\right) \geq C^{-1} \Theta_{\mu}\left(\widetilde{P}_{Q}\right) \geq \frac{C\left(\delta_{0}, \lambda_{0}, \tau\right)}{\eta^{n}} \Theta_{\mu}(Q)
$$

Proof. Indeed, by Lemma 5.4 since all the intermediate cubes $S$ with $\widetilde{P}_{Q} \subsetneq S \subsetneq P_{Q}$ are nondoubling, we have

$$
\Theta_{\mu}\left(\widetilde{P}_{Q}\right) \lesssim \Theta_{\mu}\left(100 B\left(\widetilde{P}_{Q}\right)\right) \leq C_{0} A_{0}^{-9 n\left(J\left(\widetilde{P}_{Q}\right)-J\left(P_{Q}\right)-1\right)} \Theta_{\mu}\left(100 B\left(P_{Q}\right)\right) \lesssim \Theta_{\mu}\left(P_{Q}\right),
$$

since $J\left(\widetilde{P}_{Q}\right)-J\left(P_{Q}\right) \geq 0$ and $\Theta_{\mu}\left(100 B\left(P_{Q}\right)\right) \approx \Theta_{\mu}\left(P_{Q}\right)$, because $P_{Q} \in \mathcal{D}_{\mu}^{d b}$.
Note that for $Q \in \mathcal{D}_{\mu}^{d b} \cap \mathcal{U}$, from the estimates (9.10) and (9.11) applied to $P_{Q}$, we deduce that

$$
\begin{equation*}
\Theta_{\mu}\left(P_{Q}\right) \mu\left(P_{Q}\right) \geq \frac{C\left(\tau, \delta_{0}, \lambda_{0}\right)}{\eta^{n}} \Theta_{\mu}(Q) \mu(Q) \gg \Theta_{\mu}(Q) \mu(Q) \tag{9.12}
\end{equation*}
$$

assuming $\eta$ small enough.
9.3. The corona decomposition. In order to prove the Final Lemma 9.1 we have to show that for any $R \in \mathcal{D}_{\mu}^{d b}$ there exists a subset $G_{R} \subset R$ with $\mu\left(G_{R}\right) \approx \mu(R)$ such that $\mathcal{R}_{\left.\mu\right|_{G_{R}}}: L^{2}\left(\left.\mu\right|_{G_{R}}\right) \rightarrow$ $L^{2}\left(\left.\mu\right|_{G_{R}}\right)$ is bounded uniformly on $R$. If $R \in \mathcal{N}$, then we take $G_{R}=\widetilde{G}_{R}$ and we are done. For a general cube $R \in \mathcal{D}_{\mu}^{d b}$, in order to find an appropriate set $G_{R}$ we have to construct a corona decomposition of $\left.\mu\right|_{R}$.

For every $Q \in \mathcal{D}_{\mu}^{d b}(R)$ we define a family of stopping cubes $\operatorname{Stop}(Q) \subset \mathcal{D}_{\mu}$ as follows:
(a) If $Q \in \mathcal{N}$, then we set $\operatorname{Stop}(Q)=\varnothing$.
(b) If $Q \in \mathcal{U}$, then $\operatorname{Stop}(Q)$ consists of all the cubes from $\mathcal{D}_{\mu}$ which are contained in $Q$ and are of the same generation as the cube $P_{Q}$ defined in Subsection 9.2
Given a cube $P \in \mathcal{D}_{\mu}$, we denote by $\mathcal{M D}(P)$ the family of maximal cubes (with respect to inclusion) from $\mathcal{D}_{\mu}^{d b}(P)$. Recall that, by Lemma [5.2, this family covers $\mu$-almost all $P$. Moreover, by Lemma 5.4 it follows that if $S \in \mathcal{M D}(P)$, then

$$
\Theta_{\mu}\left(2 B_{S}\right) \leq c \Theta_{\mu}\left(2 B_{P}\right)
$$

Given $Q \in \mathcal{D}_{\mu}^{d b}$, we denote

$$
\operatorname{Next}(Q)=\bigcup_{P \in \operatorname{Stop}(Q)} \mathcal{M D}(P) .
$$

So if $Q \in \mathcal{N}$, then $\operatorname{Next}(Q)=\varnothing$. On the other hand, if $Q \in \mathcal{U}$, then $P_{Q} \in \operatorname{Next}(Q)$, and thus by (9.12), if $\eta$ is chosen small enough in the Main Lemma 4.1 .

$$
\begin{equation*}
\sum_{P \in \operatorname{Next}(Q)} \Theta_{\mu}(P) \mu(P) \geq \Theta_{\mu}\left(P_{Q}\right) \mu\left(P_{Q}\right) \geq 2 \Theta_{\mu}(Q) \mu(Q) \tag{9.13}
\end{equation*}
$$

We are now ready to construct the family of the Top cubes of the corona construction. We will have Top $=\bigcup_{k \geq 0}$ Top $_{k}$. First we set

$$
\mathrm{Top}_{0}=\{R\} .
$$

Assuming that $\mathrm{Top}_{k}$ has been defined, we set

$$
\operatorname{Top}_{k+1}=\bigcup_{P \in \operatorname{Top}_{k}} \operatorname{Next}(P) .
$$

Note that the families $\operatorname{Next}(Q)$, with $Q \in \operatorname{Top}_{k}$, are pairwise disjoint. Observe also that Top $\subset$ $\mathcal{D}_{\mu}^{d b}(R)$.

### 9.4. The packing condition. Next we prove a key estimate.

Claim 3. If $\eta$ is chosen small enough (so that (9.13) holds for $Q \in \mathcal{U}$ ), then

$$
\begin{equation*}
\sum_{Q \in \text { Top }} \Theta_{\mu}(Q) \mu(Q) \leq C \mu(R) \tag{9.14}
\end{equation*}
$$

Proof. For a given $k \leq 0$, we denote

$$
\operatorname{Top}_{0}^{k}=\bigcup_{0 \leq j \leq k} \operatorname{Top}_{j},
$$

and also

$$
\mathcal{N}_{0}^{k}=\mathcal{N} \cap \operatorname{Top}_{0}^{k} \quad \text { and } \quad \mathcal{U}_{0}^{k}=\mathcal{U} \cap \operatorname{Top}_{0}^{k} .
$$

To prove (9.14), first we deal with the cubes from the family $\mathcal{U}$. Recall that, by (9.13), the cubes $Q$ from this family satisfy

$$
\sum_{P \in \operatorname{Next}(Q)} \Theta_{\mu}(P) \mu(P) \geq 2 \Theta_{\mu}(Q) \mu(Q),
$$

and thus

$$
\sum_{Q \in \mathcal{U}_{0}^{k}} \Theta_{\mu}(Q) \mu(Q) \leq \frac{1}{2} \sum_{S \in \mathcal{U}_{0}^{k}} \sum_{Q \in \operatorname{Next}(S)} \Theta_{\mu}(Q) \mu(Q) \leq \frac{1}{2} \sum_{Q \in \operatorname{Top}_{0}^{k+1}} \Theta_{\mu}(Q) \mu(Q),
$$

because the cubes from $\operatorname{Next}(Q)$ with $Q \in \operatorname{Top}_{0}^{k}$ belong to $\operatorname{Top}_{0}^{k+1}$. So we have

$$
\begin{aligned}
\sum_{Q \in \operatorname{Top}_{0}^{k}} \Theta_{\mu}(Q) \mu(Q) & =\sum_{Q \in \mathcal{N}_{0}^{k}} \Theta_{\mu}(Q) \mu(Q)+\sum_{Q \in \mathcal{U}_{0}^{k}} \Theta_{\mu}(Q) \mu(Q) \\
& \leq \sum_{Q \in \mathcal{N}_{0}^{k}} \Theta_{\mu}(Q) \mu(Q)+\frac{1}{2} \sum_{Q \in \operatorname{Top}_{0}^{k}} \Theta_{\mu}(Q) \mu(Q)+c C_{\mu} \mu(R),
\end{aligned}
$$

where we took into account that $\Theta_{\mu}(Q) \lesssim C_{\mu}$ for every $Q \in$ Top (and in particular for all $Q \in$ $\mathrm{Top}_{k+1}$ ) for the last inequality. So we deduce that

$$
\sum_{Q \in \text { Top }_{0}^{k}} \Theta_{\mu}(Q) \mu(Q) \leq 2 \sum_{Q \in \mathcal{N}_{0}^{k}} \Theta_{\mu}(Q) \mu(Q)+c C_{\mu} \mu(R) .
$$

Letting $k \rightarrow \infty$, we derive

$$
\begin{equation*}
\sum_{Q \in \text { Top }} \Theta_{\mu}(Q) \mu(Q) \leq 2 \sum_{Q \in \text { Top } \cap \mathcal{N}} \Theta_{\mu}(Q) \mu(Q)+c C_{\mu} \mu(R) . \tag{9.15}
\end{equation*}
$$

Now notice that

$$
\sum_{Q \in \mathrm{Top} \cap \mathcal{N}} \Theta_{\mu}(Q) \mu(Q) \leq c C_{\mu} \mu(R)
$$

using the polynomial growth of $\mu$ and that the nice cubes $Q \in \operatorname{Top} \cap \mathcal{N}$ are pairwise disjoint, since $\operatorname{Next}(Q)=\varnothing$ for such cubes $Q$, by construction.
9.5. The measure $\boldsymbol{\nu}$ and the $L^{1}(\nu)$ norm of $\mathcal{R}_{*} \nu$. Recall that in (9.6) we have introduced the good sets $\widetilde{G}_{Q}$ for the nice cubes $Q \in \mathcal{N}$. In particular, $\widetilde{G}_{R}$ has already been defined in the case $R \in \mathcal{N}$. When $R \in \mathcal{U}$ we set

$$
\widetilde{G}_{R}=\left(R \backslash \bigcup_{Q \in \mathcal{N}} Q\right) \cup \bigcup_{Q \in \mathcal{N}} \widetilde{G}_{Q} .
$$

Note that this identity is also valid if $R \in \mathcal{N}$. Since $\mu\left(\widetilde{G}_{Q}\right) \approx \mu(Q)$ for every $Q \in \mathcal{N}$, we deduce that

$$
\mu\left(\widetilde{G}_{R}\right) \approx \mu(R)
$$

Denote $\nu=\left.\mu\right|_{\widetilde{G}_{R}}$. To complete the proof of Lemma 9.1, we wish to show that there exists $G_{R} \subset \widetilde{G}_{R}$ with $\nu\left(G_{R}\right) \approx \nu\left(\widetilde{G}_{R}\right)$ such that $\mathcal{R}_{\left.\nu\right|_{G_{R}}}: L^{2}\left(\left.\nu\right|_{G_{R}}\right) \rightarrow L^{2}\left(\left.\nu\right|_{G_{R}}\right)$ is bounded. The main step is the following.

Claim 4. We have

$$
\left\|\mathcal{R}_{*} \nu\right\|_{L^{1}(\nu)} \leq C \nu(R) .
$$

Proof. Given $Q \in$ Top and $x \in Q$, we denote by $r(x, Q)$ the radius of the ball $B(P)$ with $P \in$ $\operatorname{Next}(Q)$ such that $x \in P$. If such cube $P$ does not exist (for example, because $Q \in \mathcal{N}$ ), we set $r(x, Q)=0$.

For $x \in R$, we write

$$
\begin{align*}
\mathcal{R}_{*} \nu(x) \leq & \sup _{\varepsilon>r(B(R))}\left|\mathcal{R}_{\varepsilon} \nu(x)\right|+\sum_{Q \in \operatorname{Top} \cap \mathcal{U}} \chi_{Q}(x) \sup _{r(B(Q)) \geq \varepsilon>r(x, Q)}\left|\mathcal{R}_{\varepsilon} \nu(x)\right|  \tag{9.16}\\
& +\sum_{Q \in \text { Top } \cap \mathcal{N}} \chi_{Q}(x) \sup _{r(B(Q)) \geq \varepsilon>0}\left|\mathcal{R}_{\varepsilon} \nu(x)\right| .
\end{align*}
$$

Observe first that

$$
\sup _{\varepsilon>r(B(R))}\left|\mathcal{R}_{\varepsilon} \nu(x)\right| \leq \frac{\|\nu\|}{r(B(R))} \lesssim \Theta_{\nu}(R) \leq \Theta_{\mu}(R) \lesssim C_{\mu} .
$$

On the other hand, for $x \in Q \in \operatorname{Top} \cap \mathcal{N}$, we write

$$
\sup _{r(B(Q)) \geq \varepsilon>0}\left|\mathcal{R}_{\varepsilon} \nu(x)\right| \lesssim \mathcal{R}_{*}\left(\left.\nu\right|_{100 B(Q)}\right)(x) .
$$

Finally, consider case $x \in Q \in \operatorname{Top} \cap \mathcal{U}$. Let $P_{x} \in \operatorname{Next}(Q)$ be such that $P_{x} \ni x$ (with $P_{x}=\varnothing$ is $P_{x}$ does not exist). Then we have

$$
\begin{aligned}
\sup _{r(B(Q)) \geq \varepsilon>r(x, Q)}\left|\mathcal{R}_{\varepsilon} \nu(x)\right| & \lesssim \sum_{S \in \mathcal{D}_{\mu}: Q \supset S \supset P_{x}} \Theta_{\nu}(100 B(S)) \\
& \leq \sum_{S \in \mathcal{D}_{\mu}: Q \supset S \supset P_{x}} \Theta_{\mu}(100 B(S)) .
\end{aligned}
$$

Recall now the way that the cube $P_{x} \in \operatorname{Next}(Q)$ has been constructed: there exists some cube $\widetilde{P}_{x} \in \operatorname{Stop}(Q)$ such that $\ell\left(\widetilde{P}_{x}\right) \approx \ell(Q)$ and $P_{x}$ is the maximal cube from $\mathcal{D}_{\mu}^{d b}\left(\widetilde{P}_{x}\right)$ that contains $x$. Then by Lemma5.4,

$$
\sum_{S \in \mathcal{D}_{\mu}: \widetilde{P}_{x} \supset S \supset P_{x}} \Theta_{\mu}(100 B(S)) \lesssim \Theta_{\mu}\left(100 B\left(\widetilde{P}_{x}\right)\right) \lesssim \Theta_{\mu}(100 B(Q)),
$$

taking into account for the last inequality that $100 B\left(\widetilde{P}_{x}\right) \subset 100 B(Q)$ and that $r\left(B\left(\widetilde{P}_{x}\right)\right) \approx r(B(Q))$. This trivial estimate also yields

$$
\sum_{S \in \mathcal{D}_{\mu}: Q \supset S \supset \widetilde{P}_{x}} \Theta_{\mu}(100 B(S)) \lesssim \Theta_{\mu}(100 B(Q)) .
$$

So we deduce that, for $x \in Q \in \operatorname{Top} \cap \mathcal{U}$,

$$
\sup _{r(B(Q)) \geq \varepsilon>r(x, Q)}\left|\mathcal{R}_{\varepsilon} \nu(x)\right| \lesssim \Theta_{\mu}(100 B(Q)) \lesssim \Theta_{\mu}(Q),
$$

using also that $Q \in \mathcal{D}_{\mu}^{d b}$ for the last inequality.
From (9.16) and the above estimates, we infer that

$$
\mathcal{R}_{*} \nu(x) \lesssim \Theta_{\mu}(R)+\sum_{Q \in \text { Top } \cap \mathcal{U}} \chi_{Q}(x) \Theta_{\mu}(Q)+\sum_{Q \in \text { Top } \mathcal{N}} \chi_{Q}(x) \mathcal{R}_{*}\left(\left.\nu\right|_{100 B(Q)}\right)(x) .
$$

Integrating on $R$ with respect to $\nu$, we get

$$
\begin{align*}
\left\|\mathcal{R}_{*} \nu\right\|_{L^{1}(\nu)} & \lesssim \Theta_{\mu}(R) \nu(R)+\sum_{Q \in \mathrm{Top} \cap \mathcal{U}} \Theta_{\mu}(Q) \nu(Q)+\sum_{Q \in \operatorname{Top} \cap \mathcal{N}} \int_{Q} \mathcal{R}_{*}\left(\left.\nu\right|_{100 B(Q)}\right) d \nu  \tag{9.17}\\
& \lesssim \sum_{Q \in \text { Top }} \Theta_{\mu}(Q) \mu(Q)+\sum_{Q \in \operatorname{Top} \cap \mathcal{N}}\left\|\mathcal{R}_{*}\left(\left.\nu\right|_{100 B(Q)}\right)\right\|_{L^{1}\left(\left.\nu\right|_{Q}\right)}
\end{align*}
$$

where we took into account that $R \in$ Top in the last inequality. By (9.14) we know that the first sum on the right hand side does not exceed $C \mu(R)$. To deal with the last sum, recall first that, by (9.7),

$$
\operatorname{dist}(Q \cap \operatorname{supp} \nu, \operatorname{supp} \nu \backslash Q) \geq \operatorname{dist}\left(\widetilde{G}_{Q}, \operatorname{supp} \mu \backslash Q\right) \gtrsim \ell(Q)
$$

Thus, for all $x \in Q \cap \operatorname{supp} \nu$,

$$
\begin{aligned}
\mathcal{R}_{*}\left(\left.\nu\right|_{100 B(Q)}\right)(x) & \leq \mathcal{R}_{*}\left(\left.\nu\right|_{100 B(Q) \backslash Q}\right)(x)+\mathcal{R}_{*}\left(\left.\nu\right|_{Q}\right)(x) \\
& \lesssim \Theta_{\nu}(100 B(Q))+\mathcal{R}_{*}\left(\left.\nu\right|_{Q}\right)(x) \lesssim \Theta_{\mu}(Q)+\mathcal{R}_{*}\left(\left.\nu\right|_{Q}\right)(x)
\end{aligned}
$$

By the Cauchy-Schwarz inequality we obtain

$$
\| \mathcal{R}_{*}\left(\left.\nu\right|_{100 B(Q)}\left\|_{L^{1}\left(\left.\nu\right|_{Q}\right)} \leq \Theta_{\mu}(Q) \nu(Q)+\right\| \mathcal{R}_{*}\left(\left.\nu\right|_{Q}\right) \|_{L^{2}\left(\left.\nu\right|_{Q)}\right.} \nu(Q)^{1 / 2} .\right.
$$

Since $\mathcal{R}_{\left.\mu\right|_{\tilde{G}_{Q}}}$ is bounded in $L^{2}\left(\left.\mu\right|_{\widetilde{G}_{Q}}\right)$, by standard non-homogeneous Calderón-Zygmund theory, it follows that $\mathcal{R}_{\mu_{\tilde{G}_{Q}, *}}$ is bounded in $L^{2}\left(\left.\mu\right|_{\widetilde{G}_{Q}}\right)$, and thus

$$
\left\|\mathcal{R}_{*}\left(\left.\nu\right|_{Q}\right)\right\|_{L^{2}\left(\left.\nu\right|_{Q}\right)}=\left\|\mathcal{R}_{*}\left(\left.\mu\right|_{\widetilde{G}_{Q}}\right)\right\|_{L^{2}\left(\left.\mu\right|_{\widetilde{G}_{Q}}\right)} \lesssim \mu\left(\widetilde{G}_{Q}\right)^{1 / 2}=\nu(Q)^{1 / 2} .
$$

Therefore,

$$
\| \mathcal{R}_{*}\left(\left.\nu\right|_{100 B(Q)} \|_{L^{1}\left(\left.\nu\right|_{Q}\right)} \leq \Theta_{\mu}(Q) \nu(Q)+\nu(Q) \lesssim \mu(Q)\right.
$$

Since the cubes from $\operatorname{Top} \cap \mathcal{N}$ are pairwise disjoint, from (9.17) we deduce that

$$
\left\|\mathcal{R}_{*} \nu\right\|_{L^{1}(\nu)} \lesssim \mu(R)+\sum_{Q \in \operatorname{Top} \cap \mathcal{N}} \mu(Q) \lesssim \mu(R) \approx \nu(R) .
$$

9.6. Proof of Lemma 9.1. To find the set $G_{R} \subset R$ with $\mu\left(G_{R}\right) \gtrsim \mu(R)$ such that $\mathcal{R}_{\mu_{G_{G}}}$ : $L^{2}\left(\left.\mu\right|_{G_{R}}\right) \rightarrow L^{2}\left(\left.\mu\right|_{G_{R}}\right)$ is bounded (with norm independent of $R$ ) we just have to apply Theorem 8.1 to the measure $\nu$, with $H=\varnothing$, and take into account that

$$
\left\|\mathcal{R}_{*} \nu\right\|_{L^{1}(\nu)} \lesssim\|\nu\|
$$

and that $\|\nu\|=\nu(R) \approx \mu(R)$. This completes the proof of Lemma 9.1 and hence of Theorem 1.1

## 10. Harmonic measure in uniform domains

First, in this section we will prove some general estimates involving harmonic measure and Green's function on uniform domains. In particular, we will prove Theorem 1.3 Finally we will show how Theorem 1.2 follows from Theorem 1.1 and Theorem 1.3

Let $\Omega \subset \mathbb{R}^{n+1}$ be a uniform domain and let $x_{0} \in \Omega$. Let $d\left(x_{0}\right)=\operatorname{dist}\left(x_{0}, \Omega\right)$. In the case $n \geq 2$, it is easy to check that for all $y \in \partial B\left(x, d\left(x_{0}\right) / 4\right)$,

$$
\begin{equation*}
G\left(x_{0}, y\right) \approx \frac{1}{d\left(x_{0}\right)^{n-1}} . \tag{10.1}
\end{equation*}
$$

In the case $n=1$, we have

$$
\begin{equation*}
G\left(x_{0}, y\right) \gtrsim 1 \tag{10.2}
\end{equation*}
$$

However, as far as we know, the converse inequality is not guarantied. On the other hand, by a Harnack chain argument it is easy to check that $G\left(x_{0}, y\right) \approx G\left(x_{0}, y^{\prime}\right)$ for all $y, y^{\prime} \in \partial B\left(x_{0}, d\left(x_{0}\right) / 4\right)$, where the implicit constant is an absolute constant.

For any $n \geq 1$, for a given $x_{0} \in \Omega$, we define

$$
\rho\left(x_{0}\right)=f_{\partial B\left(x_{0}, d\left(x_{0}\right) / 4\right)} G\left(x_{0}, y\right) d \mathcal{H}^{n}(y),
$$

x so that $G\left(x_{0}, y\right) \approx \rho\left(x_{0}\right)$ for all $y \in \partial B\left(x_{0}, d\left(x_{0}\right) / 4\right)$. In the case $n \geq 2$, by (10.1) we have $\rho\left(x_{0}\right) \approx d\left(x_{0}\right)^{1-n}$, and in the case $n=1$, by (10.2) it follows just that $\rho\left(x_{0}\right) \gtrsim 1$.

Lemma 10.1. Let $n \geq 1$ and let $\Omega \subsetneq \mathbb{R}^{n+1}$ be a uniform domain and $B$ a ball centered at $\partial \Omega$ with radius $r$. Suppose that there exists a point $x_{B} \in \Omega$ so that the ball $B_{0}:=B\left(x_{B}, r / C\right)$ satisfies $4 B_{0} \subset \Omega \cap B$ for some $C>1$. Then, for $0<r \leq r_{\Omega}$ (where $r_{\Omega}$ is some constant sufficiently small), and $\tau>0$,

$$
\begin{equation*}
\omega^{x}(B) \approx \omega^{x_{B}}(B) \rho\left(x_{B}\right)^{-1} G\left(x, x_{B}\right) \quad \text { for all } x \in \Omega \backslash(1+\tau) B \tag{10.3}
\end{equation*}
$$

The implicit constant in (10.3) depends only $C, \tau, n$, and the uniform character of $\Omega$. The constant $r_{\Omega}$ depends only on $n$ and the uniform character of $\Omega$, and $r_{\Omega}=\infty$ when $\operatorname{diam}(\Omega)=\infty$.

In the case $n \geq 2$, (10.3) says that

$$
\omega^{x}(B) \approx \omega^{x_{B}}(B) r^{n-1} G\left(x, x_{B}\right) \quad \text { for all } x \in \Omega \backslash(1+\tau) B
$$

Recall that the inequality

$$
\omega^{x}(B) \gtrsim \omega^{x_{B}}(B) r^{n-1} G\left(x, x_{B}\right) \quad \text { for all } x \in \Omega \backslash B_{0}
$$

is already known to hold for arbitrary Greenian domains, as stated in (3.5). To prove the converse estimate we need to assume the domain to be uniform.

Let us remark that in Lemma 3.6 of Aikawa's work [Ail] it has been shown that

$$
\omega^{x}(B) \lesssim r^{n-1} G\left(x, x_{B}\right) \quad \text { for all } x \in \Omega \backslash B_{0} .
$$

Clearly, the analogous inequality in (10.3) is sharper (at least in the case $n \geq 2$ ). The essential tool for the proof of Lemma 10.1 is the following boundary Harnack principle for uniform domains, also due to Aikawa [Ail].

Theorem 10.2. Let $\Omega \subset \mathbb{R}^{n+1}$ be a uniform domain. Then there are $A_{1}>1$ and $r_{\Omega}>0$ with the following property: Let $\xi \in \partial \Omega$ and $0<r \leq r_{\Omega}$. Suppose $u$, $v$ are bounded positive harmonic functions on $\Omega \cap B\left(\xi, A_{1} r\right)$ vanishing quasi-everywhere on $\partial \Omega \cap B\left(\xi, A_{0} r\right)$. Then

$$
\begin{equation*}
\frac{u(x)}{v(x)} \approx \frac{u(y)}{v(y)} \quad \text { for all } x, y \in \Omega \cap B(\xi, r) \tag{10.4}
\end{equation*}
$$

The constant $r_{\Omega}$ depends only on $n$ the uniform character of $\Omega$, and $r_{\Omega}=\infty$ when $\operatorname{diam}(\Omega)=\infty$.
Proof of Lemma 10.1, We may assume that $0<\tau<1$. Consider the annulus

$$
A_{\xi}:=A(\xi,(1+\tau) r, 2 r),
$$

where $\xi$ is the center of $B$. We cover $\overline{A_{\xi} \cap \Omega}$ by a family of open balls $B_{i}, i \in I$, centered at $\xi_{i} \in \overline{A_{\xi} \cap \Omega}$, all with radius equal to $c_{2} r$, where $c_{2}$ is some positive constant small enough so that $4 A_{1} B_{i} \cap B=\varnothing$ for all $i \in I$.

From the discussion above and the Harnack chain condition, we infer that

$$
\begin{equation*}
G\left(y, x_{B}\right) \approx \rho\left(x_{B}\right) \quad \text { if }\left|y-x_{B}\right| \approx r \text { and } \operatorname{dist}(y, \partial \Omega) \gtrsim r . \tag{10.5}
\end{equation*}
$$

Also, by analogous arguments,

$$
\begin{equation*}
\omega^{y}(B) \approx \omega^{x_{B}}(B) \quad \text { if }\left|y-x_{B}\right| \lesssim r \text { and } \operatorname{dist}(y, \partial \Omega) \gtrsim r \tag{10.6}
\end{equation*}
$$

Therefore, if $2 B_{i} \cap \partial \Omega=\varnothing$, then

$$
\begin{equation*}
G\left(y, x_{B}\right) \approx \rho\left(x_{B}\right) \approx \rho\left(x_{B}\right) \frac{\omega^{y}(B)}{\omega^{x_{B}}(B)} \quad \text { for all } y \in B_{i} \cap \Omega \tag{10.7}
\end{equation*}
$$

Suppose now that $2 B_{i} \cap \partial \Omega \neq \varnothing$, and take a ball $B_{i}^{\prime}$ centered on $2 B_{i} \cap \partial \Omega$ with radius $r\left(B_{i}^{\prime}\right)=$ $4 r\left(B_{i}\right)$, so that $2 B_{i} \subset B_{i}^{\prime} \subset 4 B_{i}$, which, in particular, implies that $A_{1} B_{i}^{\prime} \cap B=\varnothing$. For each ball $B_{i}^{\prime}$, consider a corkscrew point $x_{i} \in B_{i}^{\prime}$, that is, a point $x_{i} \in B_{i}^{\prime} \cap \Omega$ such that $\operatorname{dist}\left(x_{i}, \partial \Omega\right) \approx r\left(B_{i}^{\prime}\right) \approx r$, with the implicit constant depending on $\tau, A_{1}$ and other constants above. Then (10.5) and (10.6) hold for $y=x_{i}$, and thus also

$$
\begin{equation*}
G\left(x_{i}, x_{B}\right) \approx \rho\left(x_{B}\right) \approx \rho\left(x_{B}\right) \frac{\omega^{x_{i}}(B)}{\omega^{x_{B}}(B)} . \tag{10.8}
\end{equation*}
$$

Since $A_{1} B_{i}^{\prime} \cap B=\varnothing$, and both $G\left(\cdot, x_{B}\right)$ and $w^{(\cdot)}(B)$ are bounded positive harmonic functions which vanish q.e. on $B_{i}^{\prime} \cap \partial \Omega$, by Aikawa's Theorem 10.2 and (10.8) we have

$$
\begin{equation*}
\frac{G\left(y, x_{B}\right)}{\omega^{y}(B)} \approx \frac{G\left(x_{i}, x_{B}\right)}{\omega^{x_{i}}(B)} \approx \frac{\rho\left(x_{B}\right)}{\omega^{x_{B}}(B)} \quad \text { for all } y \in B_{i}^{\prime} \cap \Omega . \tag{10.9}
\end{equation*}
$$

From (10.7) and (10.9) we infer that

$$
G\left(y, x_{B}\right) \approx \rho\left(x_{B}\right) \frac{\omega^{y}(B)}{\omega^{x_{B}}(B)} \quad \text { for all } y \in A_{\xi} \cap \Omega .
$$

By the maximum principle, since both $G\left(\cdot, x_{B}\right)$ and $\omega^{(\cdot)}(B)$ are bounded positive continuous harmonic functions in $\Omega \backslash B(\xi,(1+\tau) r)$ which vanish quasi-everywhere in $(\partial \Omega) \backslash B(\xi,(1+\tau) r)$, we deduce that

$$
G\left(y, x_{B}\right) \approx \rho\left(x_{B}\right) \frac{\omega^{y}(B)}{\omega^{x_{B}}(B)} \quad \text { for all } y \in \Omega \backslash B(\xi,(1+\tau) r)
$$

Lemma 10.3. Let $\Omega \subsetneq \mathbb{R}^{n+1}, n \geq 1$, be a uniform domain and let $\tau>0$. Let $B, B^{\prime}$ be balls centered on $\partial \Omega$ so that $2 B^{\prime} \subseteq B$. Then for all $x \in \Omega \backslash(1+\tau) B$,

$$
\begin{equation*}
\frac{\omega^{x}\left(B^{\prime}\right)}{\omega^{x}(B)} \approx_{\tau} \frac{\omega^{x_{B}}\left(B^{\prime}\right)}{\omega^{x_{B}}(B)} \tag{10.10}
\end{equation*}
$$

where $x_{B} \in B \cap \Omega$ is a corkscrew point of $B$.
Proof. By the Harnack chain condition, we may assume that $x_{B} \in B \backslash(1+\tau) B^{\prime}$. By Lemma 10.1 we have that for all $x \in \Omega \backslash(1+\tau) B$,

$$
\begin{aligned}
\omega^{x}(B) & \approx \omega^{x_{B}}(B) \rho\left(x_{B}\right)^{-1} G\left(x, x_{B}\right), \\
\omega^{x}\left(B^{\prime}\right) & \approx \omega^{x_{B^{\prime}}}\left(B^{\prime}\right) \rho\left(x_{B^{\prime}}\right)^{-1} G\left(x, x_{B^{\prime}}\right),
\end{aligned}
$$

and

$$
\omega^{x_{B}}\left(B^{\prime}\right) \approx \omega^{x_{B^{\prime}}}\left(B^{\prime}\right) \rho\left(x_{B^{\prime}}\right)^{-1} G\left(x_{B^{\prime}}, x_{B}\right) .
$$

So

$$
\frac{\omega^{x}\left(B^{\prime}\right)}{\omega^{x}(B)} \approx \frac{\omega^{x_{B^{\prime}}}\left(B^{\prime}\right) \rho\left(x_{B^{\prime}}\right)^{-1} G\left(x, x_{B^{\prime}}\right)}{\omega^{x_{B}}(B) \rho\left(x_{B}\right)^{-1} G\left(x, x_{B}\right)} \approx \frac{\omega^{x_{B}}\left(B^{\prime}\right)}{\omega^{x_{B}}(B)} \frac{G\left(x, x_{B^{\prime}}\right)}{\rho\left(x_{B}\right)^{-1} G\left(x, x_{B}\right) G\left(x_{B^{\prime}}, x_{B}\right)} .
$$

Thus the result will follow once we show

$$
\begin{equation*}
G\left(x, x_{B^{\prime}}\right) \approx \rho\left(x_{B}\right)^{-1} G\left(x, x_{B}\right) G\left(x_{B}, x_{B^{\prime}}\right) \tag{10.11}
\end{equation*}
$$

By the Harnack chain condition, it is immediate to check that this holds if $r(B) \approx r\left(B^{\prime}\right)$. Suppose that this is not the case, and assume then that $r\left(B^{\prime}\right) \leq \tau_{0} r(B)$, for some $0<\tau_{0} \ll \tau A_{1}^{-1}$ to be fixed below. So if we consider an auxiliary ball $\widetilde{B}$ concentric with $B^{\prime}$ of radius $r(\widetilde{B})=\tau_{0} r(B)$, then we have

$$
B^{\prime} \subset \widetilde{B} \subset 2 A_{1} \widetilde{B} \subset(1+\tau) B
$$

In particular, this tells us that $x \notin 2 A_{1} \widetilde{B}$, and thus the function $u=G(x, \cdot)$ is harmonic and bounded in $A_{1} \widetilde{B}$. Further, by taking $\tau_{0}$ small enough, we also have $x_{B} \notin A_{1} \widetilde{B}$, and then the function $v=G\left(x_{B}, \cdot\right)$ turns out to be harmonic in $A_{1} \widetilde{B}$ too. Let $x_{\widetilde{B}} \in \widetilde{B}$ be a corkscrew point of $\widetilde{B}$. Note that by the Harnack chain condition,

$$
u\left(x_{\widetilde{B}}\right)=G\left(x, x_{\widetilde{B}}\right) \approx G\left(x, x_{B}\right),
$$

and also

$$
v\left(x_{\widetilde{B}}\right)=G\left(x_{B}, x_{\widetilde{B}}\right) \approx \rho\left(x_{B}\right)
$$

Since both functions $u$ and $v$ vanish quasi-everywhere in $\partial \Omega$, by the boundary Harnack principle of Aikawa,

$$
\frac{G\left(x, x_{B^{\prime}}\right)}{G\left(x, x_{B}\right)} \approx \frac{u\left(x_{B^{\prime}}\right)}{u\left(x_{\widetilde{B}}\right)} \approx \frac{v\left(x_{B^{\prime}}\right)}{v\left(x_{\widetilde{B}}\right)} \approx G\left(x_{B}, x_{B^{\prime}}\right) \rho\left(x_{B}\right)^{-1},
$$

which proves 10.11 and thus the lemma.

Remark 10.4. Let $\Omega \subsetneq \mathbb{R}^{n+1}, n \geq 1$, be a uniform domain and let $\tau>0$. Let $B$ be a ball centered on $\partial \Omega$. By the preceding theorem, for all $x \in \Omega \backslash(2+\tau) B$,

$$
\omega^{x}(2 B) \approx_{\tau} \frac{\omega^{x_{B}}(2 B)}{\omega^{x_{B}}(B)} \omega^{x}(B) .
$$

So if $\omega^{x_{B}}(B) \approx 1$, then we deduce that

$$
\omega^{x}(2 B) \approx_{\tau} \omega^{x}(B)
$$

In particular, if $\Omega$ satisfies the so called capacity density condition, then $\omega^{x_{B}}(B) \approx 1$ for every ball $B$ centered on $\partial \Omega$ and thus $\omega^{x}$ is doubling. In this way, we recover a well known result of Aikawa and Hirata $[\mathrm{AiH}]$

Now we are ready to prove Theorem [1.3, which we state again here for the reader's convenience.
Theorem. Let $n \geq 1$ and let $\Omega$ be a uniform domain in $\mathbb{R}^{n+1}$. Let $B$ be a ball centered at $\partial \Omega$. Let $p_{1}, p_{2} \in \Omega$ such that $\operatorname{dist}\left(p_{i}, B \cap \partial \Omega\right) \geq c_{0}^{-1} r(B)$ for $i=1,2$. Then, for all $E \subset B \cap \partial \Omega$,

$$
\frac{\omega^{p_{1}}(E)}{\omega^{p_{1}}(B)} \approx \frac{\omega^{p_{2}}(E)}{\omega^{p_{2}}(B)},
$$

with the implicit constant depending only on $c_{0}$ and the uniform behavior of of $\Omega$.
Proof. It is enough to show that for any $p \in \Omega$ such that $\operatorname{dist}(p, B \cap \partial \Omega) \geq c_{0}^{-1} r(B)$,

$$
\begin{equation*}
\frac{\omega^{p}(E)}{\omega^{p}(B)} \approx \frac{\omega^{x_{B}}(E)}{\omega^{x_{B}}(B)} . \tag{10.12}
\end{equation*}
$$

By Lemma 10.3 and the Harnack chain condition it turns out that 10.12 holds in the particular case when $E$ equals some ball $B^{\prime}$ such that $2 B^{\prime} \subset B$. Then, the comparability $(\overline{10.12})$ for arbitrary Borel sets $E$ follows by rather standard arguments. We show the details for the reader's convenience.

By taking a sequence of open balls containing $B$ with radius converging to $r(B)$, it is easy to check that we may assume the ball $B$ to be open. For an arbitrary $\varepsilon>0$, consider an open set $U \subset B$ which contains $E$ and such that $\omega^{p}(U \backslash E) \leq \varepsilon$. By Vitali's covering theorem, we can find a family of disjoint balls $B_{i}, i \in I$, centered at $E$, with $2 B_{i} \subset U$ for every $i \in I$, and such that


$$
\begin{aligned}
\omega^{x_{B}}(E) & \leq \sum_{i} \omega^{x_{B}}\left(B_{i}\right) \lesssim \frac{\omega^{x_{B}}(B)}{\omega^{p}(B)} \sum_{i} \omega^{p}\left(B_{i}\right) \\
& \leq \frac{\omega^{x_{B}}(B)}{\omega^{p}(B)} \omega^{p}(U) \leq \frac{\omega^{x_{B}}(B)}{\omega^{p}(B)}\left(\omega^{p}(E)+\varepsilon\right) .
\end{aligned}
$$

Letting $\varepsilon \rightarrow 0$, we get

$$
\frac{\omega^{p}(E)}{\omega^{p}(B)} \lesssim \frac{\omega^{x_{B}}(E)}{\omega^{x_{B}}(B)}
$$

The proof of the converse estimate is analogous.
Finally we show how Theorem 1.2 follows from Theorem 1.1 in combination with the preceding result.

[^1]Proof of Theorem 1.2, The arguments are very standard but we give the details for the reader's convenience again. We assume that, for some point $p \in \Omega$, there exist $\varepsilon, \varepsilon^{\prime} \in(0,1)$ such that for every $\left(2, c_{d b}\right)$-doubling ball $B$ with $\operatorname{diam}(B) \leq \operatorname{diam}(\Omega)$ centered at $\partial \Omega$ the following holds: for any subset $E \subset B$,

$$
\begin{equation*}
\text { if } \quad \mu(E) \leq \varepsilon \mu(B), \quad \text { then } \quad \omega^{p}(E) \leq \varepsilon^{\prime} \omega^{p}(B) \tag{10.13}
\end{equation*}
$$

Fix $E$ and $B$ as above, so that $\mu(E \cap B) \leq \varepsilon \mu(B)$. Let $x_{B}$ be a corkscrew point for $\kappa B$. That is, $x_{B} \in \kappa B \cap \Omega$ satisfies $\operatorname{dist}\left(x_{B}, \partial \Omega\right) \approx r(B)$. By the assumption 10.13, $\omega^{p}(E) \leq \varepsilon^{\prime} \omega^{p}(B)$, and then by Theorem 1.3 we deduce that

$$
(1-\varepsilon) \leq \frac{\omega^{p}\left(E^{c} \cap B\right)}{\omega^{p}(B)} \leq C \frac{\omega^{x_{B}}\left(E^{c} \cap B\right)}{\omega^{x_{B}}(B)}
$$

and thus

$$
\omega^{x_{B}}(E \cap B) \leq\left(1-C^{-1}(1-\varepsilon)\right) \omega^{x_{B}}(B)
$$

So the assumptions of Theorem 1.1 are satisfied and hence $\mathcal{R}_{\mu}$ is bounded in $L^{2}(\mu)$.

## 11. THE CASE WHEN $\mu$ IS AD-REGULAR

Recall that if $\mu$ is an $n$-dimensional AD-regular measure in $\mathbb{R}^{n+1}$ and $\mathcal{R}_{\mu}$ is bounded in $L^{2}(\mu)$, then $\mu$ is uniformly $n$-rectifiable, by the Nazarov-Tolsa-Volberg theorem in [NToV1]. So from Theorems 1.1 we deduce:

Corollary 11.1. Let $n \geq 1$ and let $0<\kappa<1$ be some constant small enough depending only on $n$. Let $\Omega$ be an open set in $\mathbb{R}^{n+1}$ and $\mu$ be an $n$-dimensional $A D$-regular measure supported on $\partial \Omega$. Suppose that there exist $\varepsilon, \varepsilon^{\prime} \in(0,1)$ such that for every ball $B$ centered at $\operatorname{supp} \mu$ with $\operatorname{diam}(B) \leq \operatorname{diam}(\operatorname{supp} \mu)$ there exists a point $x_{B} \in \kappa B \cap \Omega$ such that the following holds: for any subset $E \subset B$,

$$
\begin{equation*}
\text { if } \mu(E) \leq \varepsilon \mu(B), \quad \text { then } \quad \omega^{x_{B}}(E) \leq \varepsilon^{\prime} \omega^{x_{B}}(B) \tag{11.1}
\end{equation*}
$$

Then $\mu$ is uniformly $n$-rectifiable.
Given a Radon measure $\sigma$, we write $\sigma \in A_{\infty}(\mu)$ if there exist $\varepsilon, \varepsilon^{\prime} \in(0,1)$ such that for every ball $B$ centered at $\operatorname{supp} \mu$ with $\operatorname{diam}(B) \leq \operatorname{diam}(\operatorname{supp} \mu)$ the following holds: for any subset $E \subset B$,

$$
\text { if } \quad \mu(E) \leq \varepsilon \mu(B), \quad \text { then } \quad \sigma(E) \leq \varepsilon^{\prime} \sigma(B)
$$

From Theorem 1.2 we obtain the following:
Corollary 11.2. Let $n \geq 1, \Omega$ be a bounded uniform domain in $\mathbb{R}^{n+1}$ and $\mu$ be an $n$-dimensional AD-regular measure supported on $\partial \Omega$. Let $p \in \Omega$ and suppose that $\omega^{p} \in A_{\infty}(\mu)$. Then $\mu$ is uniformly $n$-rectifiable.

It is worth comparing Corollary 11.1 with the main result of the work [HM2] of Hofmann and Martell, which reads as follows:

Theorem A ([[HM2]). Let $\Omega$ be an open set in $\mathbb{R}^{n+1}$, with $n \geq 2$, whose boundary is $n$-dimensional AD-regular. Suppose that there exists some constant $C_{6} \geq 1$ and an exponent $p>1$ such that, for every ball $B=B(x, r)$ with $x \in \partial \Omega, 0<r \leq \operatorname{diam}(\Omega)$, there exists $x_{B} \in \Omega \cap B\left(x, C_{6} r\right)$ with $\operatorname{dist}\left(x_{B}, \partial \Omega\right) \geq C_{6}^{-1} r$ satisfying
(a) Bourgain's estimate: $\omega^{x_{B}}(B) \geq C_{6}^{-1}$.
(b) Scale-invariant higher integrability: $\left.\omega \ll \mathcal{H}^{n}\right|_{\partial \Omega}$ in $C_{7} B$ and

$$
\begin{equation*}
\int_{C_{7} B \cap \partial \Omega}\left(\frac{d \omega^{x_{B}}}{d \mathcal{H}^{n}}(y)\right)^{p} d \sigma(y) \leq C_{6} \mathcal{H}^{n}\left(C_{7} B \cap \partial \Omega\right)^{1-p} \tag{11.2}
\end{equation*}
$$

where $C_{7}$ is a sufficiently large constant depending only on $n$ and the $A D$-regularity constant of $\partial \Omega$.
Then $\partial \Omega$ is uniformly n-rectifiable.
Observe that the assumption (a) in the last theorem is guarantied by Lemma 3.1 if we assume that $x_{B} \in \delta_{0} B=\kappa 2 B$, taking into account the AD-regularity of $\partial \Omega$. So if moreover we assume $C_{7} \geq 2$, then from the condition $(11.2)$ in Theorem A, for any set $E \subset 2 B$, writing $\sigma:=\left.\mathcal{H}^{n}\right|_{\partial \Omega}$, we get

$$
\begin{aligned}
\omega^{x_{B}}(E) & =\int_{E} \frac{d \omega^{x_{B}}}{d \sigma}(y) d \sigma(y) \\
& \leq \sigma(E)^{1 / p^{\prime}}\left(\int_{2 B}\left(\frac{d \omega^{x_{B}}}{d \sigma}(y)\right)^{p} d \sigma(y)\right)^{1 / p} \leq C_{6} \sigma(E)^{1 / p^{\prime}} \sigma\left(C_{7} B\right)^{-1 / p^{\prime}}
\end{aligned}
$$

Using the fact that $\sigma$ is doubling and the condition assumption (a) in the Theorem A we obtain

$$
\omega^{x_{B}}(E) \leq C\left(\frac{\sigma(E)}{\sigma(2 B)}\right)^{1 / p^{\prime}} \leq C^{\prime}\left(\frac{\sigma(E)}{\sigma(2 B)}\right)^{1 / p^{\prime}} \omega^{x_{B}}(2 B)
$$

This implies that the condition (11.1) in Corollary 11.1, with $\mu=\sigma$, is satisfied by $2 B$. Thus the corollary ensures that $\partial \Omega$ is uniformly rectifiable. To summarize, Theorem A is a consequence of Corollary 11.1 if we we suppose that $C_{7} \geq 2$ and we replace the assumption (a) in the theorem by the (quite natural) assumption that $x_{B} \in \delta_{0} B$.

On the other hand, note that the support of $\mu$ in Corollary 11.1 may be a subset strictly smaller than $\partial \Omega$ and so this can be considered as a local result. Observe also that in the corollary we allow $n=1$ and we do not ask the pole $x_{B}$ for harmonic measure to satisfy $\operatorname{dist}\left(x_{B}, \partial \Omega\right) \gtrsim r(B)$, unlike in Theorem A. However, this latter improvement is only apparent because, as Steve Hofmann explained to us [ Ho$]$, it turns out that the assumption (11.1) implies that $\operatorname{dist}\left(x_{B}, \partial \Omega\right) \gtrsim r(B)$ when $\mu$ is AD-regular.

In connection with harmonic measure in uniform domains, Hofmann, Martell and Uriarte-Tuero [HMU] proved the following:
Theorem B ([|HMU]). Let $n \geq 2, \Omega$ be a bounded uniform domain in $\mathbb{R}^{n+1}$ whose boundary is $n$-dimensional $A D$-regular. Let $p \in \Omega$ and suppose that $\omega^{p} \in A_{\infty}\left(\left.\mathcal{H}^{n}\right|_{\partial \Omega}\right)$. Then $\partial \Omega$ is uniformly $n$-rectifiable.

Corollary 11.2, which also applies to the case $n=1$, can be considered as a local version of this result, because the support of $\mu$ is allowed to be strictly smaller than $\partial \Omega$, analogously to Corollary 11.1 .

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[^1]:    ${ }^{1}$ In fact, in AiH$]$ it is shown that, under the capacity density condition, $\omega^{x}$ is doubling for the larger class of semiuniform domains.

