$L^p$ and weak $L^1$ estimates for the maximal Riesz transform and the maximal Beurling transform

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Abstract

We prove $L^p$ estimates for the maximal Riesz transform in terms of the Riesz transform itself, for $1 < p \leq \infty$. We show that the corresponding weak $L^1$ estimate fails for the maximal Riesz transform, but surprisingly does hold for the maximal Beurling transform.

1 Introduction

Let $T$ be a classical Calderón-Zygmund singular integral operator on $\mathbb{R}^n$ with smooth kernel $K$ and let $T^*$ be the associated maximal singular integral

$$T^*f(x) = \sup_{\epsilon > 0} |T^\epsilon f(x)|,$$

where $T^\epsilon f(x)$ is the truncation at level $\epsilon$

$$T^\epsilon f(x) = \int_{|y-x|>\epsilon} f(x-y)K(y)\,dy.$$

In this note we consider the problem of controlling $T^*f$ by $Tf$. The control we seek is in terms of $L^p$ and weak $L^1$ estimates and we restrict our attention to the Riesz and Beurling transforms. In the forthcoming paper [MPV] one considers pointwise estimates and more general kernels.

The $j$-th Riesz transform, $1 \leq j \leq n$, is the singular integral operator

$$R_j f(x) = \text{PV} \int f(x-y)\frac{y_j}{|y|^{n+1}}\,dy \equiv \lim_{\epsilon \to 0} \int_{|x-y|>\epsilon} f(x-y)\frac{y_j}{|y|^{n+1}}\,dy. \quad (1)$$

The principal value integral above exists for all $x$ if $f$ is a compactly supported smooth function and one shows for such functions the $L^p$ estimate

$$\|R_j f\|_p \leq C\|f\|_p, \quad 1 < p < \infty,$$
for some positive constant $C$ independent of $f$. Then a bounded operator $R_j$ can be defined on $L^p$ by the obvious density argument. A subtle issue arises when one tries to show that the principal values in (1) exist for almost all $x$ in $\mathbb{R}^n$ for each function $f$ in $L^p$. Following a well known principle, one looks for an $L^p$ estimate for the maximal Riesz transform $R_j^* f$ and one indeed proves that

$$\|R_j^* f\|_p \leq C\|f\|_p, \quad 1 < p < \infty.$$  

For the classical results just mentioned one may consult [Du] or [St]. Our first result improves the last inequality.

**Theorem 1.** For $1 < p \leq \infty$ there exists a constant $C = C_{p,n}$ such that

$$\|R_j^* f\|_p \leq C\|R_j f\|_p, \quad (2)$$

for each function $f$ belonging to some $L^q(\mathbb{R}^n)$, $1 \leq q \leq \infty$.

One may wonder whether (2) still holds in the limiting case $p = 1$ and the answer is provided by our next result.

**Theorem 2.** Given $j, 1 \leq j \leq n$, and a positive constant $C$, there exist a function $f$ in $L^1(\mathbb{R}^n)$ such that

$$\|R_j^* f\|_{1,\infty} \geq C\|R_j f\|_1.$$  

Notice that the above statement is not obvious even for the Hilbert transform, which is the case $n = 1$. The surprising fact is that the weak $L^1$ inequality does hold for the Beurling transform.

The Beurling transform is the singular integral in the plane $\mathbb{C}$ defined by

$$Bf(z) = \frac{1}{\pi} \text{PV} \int f(z - w) \frac{1}{w^2} dA(w),$$

where $dA$ denotes 2-dimensional Lebesgue measure. The Beurling transform is invertible on $L^p(\mathbb{C})$, $1 < p < \infty$, and the inverse is the singular integral with kernel $1/\pi \bar{z}^2$. Thus $\|f\|_p \leq C\|Bf\|_p$, and consequently, $\|B^* f\|_p \leq C\|Bf\|_p$. Hence inequality (2) with $R_j$ replaced by $B$ is trivially true for $1 < p < \infty$. Incidentally, let’s remark that the same can be said about (2) for $n = 1$, because the Hilbert transform is invertible on $L^p$, $1 < p < \infty$.

**Theorem 3.** We have

$$\|B^* f\|_{1,\infty} \leq C\|B f\|_1,$$

for any $f$ belonging to some $L^q(\mathbb{C})$, $1 \leq q \leq \infty$.

Therefore, there is an astonishing difference between even and odd kernels. This phenomenon will be further studied in [MPV]. One should not think that Theorem 3 is due to an extremely special property of the Beurling transform. Indeed, it can
be shown that it holds for a significant class of even kernels, although it is not yet clear to the authors what are the best possible assumptions one should require.

Taking into account the classical estimate $\|B^*f\|_{1,\infty} \leq C \|f\|_1$, Theorem 3 entails

$$\|B^*f\|_{1,\infty} \leq C \min\{\|Bf\|_1, \|f\|_1\}, \quad f \in L^1(\mathbb{C}).$$

Notice that there are functions $f \in L^1(\mathbb{C})$, $\|f\|_1 = 1$, such that $\|Bf\|_1$ is as small as desired. On the other hand, one can also find a function $f \in L^1(\mathbb{C})$ with $\|Bf\|_1 = 1$ and $\|f\|_1$ very small. Thus neither the inequality in Theorem 3 nor the classical weak $L^1$ estimate for $B^*f$ is stronger than the other.

In the next three sections we will provide the proofs of the above three theorems. We adhere to the standard convention of denoting by $C$ a positive constant, independent of the relevant parameters involved, and which may vary from an occurrence to another. Our notation and terminology are standard. For example, $A \simeq B$ means that the two quantities $A$ and $B$ satisfy the relation $C^{-1}A \leq B \leq CA$, for some constant $C \geq 1$.

The problem considered in this paper arose when the second named author was working on the question, still open, of whether the Riesz kernels characterize uniform rectifiability in dimensions greater than 1 (see [DS, p. 139]; see also [Ve] for a survey about the one dimensional problem and related results).

The authors are grateful to Carlos Pérez for an illuminating conversation which lead to Theorem 2.

## 2 Proof of Theorem 1

In this section we may assume that $n > 1$, because the result is obviously true in dimension 1. Let $M$ be the Hardy-Littlewood maximal operator. It is enough to prove that for each $s > 1$ there exists a positive constant $C_s$ such that

$$R^*_sf(x) \leq C_s M(\|R_jf\|^s)\frac{1}{s}^s(x), \quad x \in \mathbb{R}^n.$$  

Let $B$ denote the unit ball centered at the origin, $B^c$ its complement in $\mathbb{R}^n$ and let $K_j(x) = \frac{x_j}{|x|^{n+1}}$ be the kernel of the $j$-th Riesz transform.

**Lemma 4.** There exists a function $h$ such that

$$\chi_{B^c}(x)K_j(x) = R_jh(x), \quad x \in \mathbb{R}^n, \quad 1 \leq j \leq n. \tag{3}$$

**Proof.** As it is well known

$$\partial_j\left(\frac{1}{|x|^{n-1}}\right) = -(n-1)K_j(x),$$

in the distributions sense. Consider the function $\varphi$ that takes the value 1 on $B$ and $1/|x|^{n-1}$ on $B^c$. Since $\varphi$ is continuous on the boundary of $B$, we have, in the distributions sense,

$$\partial_j\varphi = -(n-1)\chi_{B^c}K_j.$$
Taking the Fourier transform one sees that for an appropriate constant $c_n$ one has
\[ \varphi = \frac{1}{|x|^{n-1}} * c_n \sum_{i=1}^{n} R_i(\partial_i \varphi). \]
Therefore (3) follows by taking the $j$-th derivative of $\varphi$ and setting, for another suitable constant $c_n$,
\[ h = c_n \sum_{i=1}^{n} R_i(\chi_{B^c} K_i). \] (4)

Set
\[ R^e_j f(x) = \int_{|y|>\epsilon} f(x - y) \frac{y_j}{|y|^{n+1}} dy. \]
We have to show that
\[ |R^e_j f(x)| \leq C_s M(|R_j f|^s)^{\frac{1}{s}}(x), \quad x \in \mathbb{R}^n. \]
By translation and dilation invariance we can assume, without loss of generality, that $x = 0$ and $\epsilon = 1$. Then
\[ R^1_j f(0) = - \int \chi_{B^c}(x) K_j(x) f(x) dx = - \int R_j h(x) f(x) dx = \int h(x) R_j f(x) dx. \]
We will see below that $h \in L^1(\mathbb{R}^n)$, but $h$ has not an integrable decreasing radial majorant. To overcome this difficulty we split the last integral into two pieces
\[ R^1_j f(0) = \int_{2B} h(x) R_j f(x) dx + \int_{(2B)^c} h(x) R_j f(x) dx \equiv I_1 + I_2. \]
To estimate the term $I_1$ notice that $h$ belongs to $L^q(2B)$ for $1 \leq q < \infty$. This follows from (4), because the functions $\chi_{B^c} K_i$ are in $L^q(\mathbb{R}^n)$ for $1 < q$, and the $R_i$ are bounded on $L^q(\mathbb{R}^n)$ if $1 < q < \infty$. Thus, if $s'$ denotes the exponent conjugate to $s$, by Holder’s inequality we obtain
\[ |I_1| \leq \left( \int_{2B} |R_j f|^s dx \right)^{\frac{1}{s}} \left( \int_{2B} |h|^{s'} dx \right)^{\frac{1}{s}} \leq C_s M(|R_j f|^s)^{\frac{1}{s}}(0). \]
The term $I_2$ can easily be estimated if we first prove that
\[ |h(x)| \leq C \frac{1}{|x|^{n+1}}, \quad |x| \geq 2. \] (5)
Indeed, the preceding decay inequality yields

$$|I_2| \leq C \int_{(2B)^c} |R_j f(x)| \frac{1}{|x|^{n+1}} dx \leq C M(R_j f)(0),$$

which is not greater than $C M(|R_j f|^s)^{\frac{1}{s}}(0)$ by Holder’s inequality.

To prove (5) express $h/c_n$ as

$$\frac{h}{c_n} = \sum_{i=1}^n K_i \ast \chi_{B^c} K_i = \sum_{i=1}^n K_i \ast K_i - \sum_{i=1}^n K_i \ast \chi_B K_i = c_n^j \delta_0 - \sum_{i=1}^n R_i(\chi_B K_i).$$

If $|x| > 1$ we have

$$R_i(\chi_B K_i)(x) = \lim_{\varepsilon \to 0} \int_{|y| < 1} K_i(x - y)K_i(y) dy = \lim_{\varepsilon \to 0} \int_{|y| < 1} (K_i(x - y) - K_i(x)) K_i(y) dy.$$

Since

$$|K_i(x - y) - K_i(x)| \leq C \frac{|y|}{|x|^{n+1}}, \quad |x| \geq 2, \quad |y| \leq 1,$$

we obtain, for $|x| \geq 2$,

$$|R_i(\chi_B K_i)(x)| \leq C \int_{|y| < 1} \frac{1}{|x|^{n+1}} \frac{1}{|y|^{n-1}} dy = \frac{C}{|x|^{n+1}},$$

which gives (5) and completes the proof of Theorem 1.

3 Proof of Theorem 2

We prove Theorem 2 for $j = 1$. Set $b = (1,0,\ldots,0)$ and $a = (-1,0,\ldots,0)$ and let $\mu$ be the length measure on the segment joining $a$ and $b$. For an appropriate constant $c_n$ we have

$$\mu = c_n \left( \frac{1}{|x|^{n-1}} \ast \sum_{j=1}^n R_j(\partial_j \mu) \right),$$

as one can easily see by taking Fourier transforms on both sides. For $n = 1$ one should replace $\frac{1}{|x|^{n-1}}$ by $\log |x|$ in the formula above. We have

$$\delta_a - \delta_b = \partial_1 \mu = R_1 \left( c_n \sum_{j=1}^n R_j(\partial_j \mu) \right).$$

Set

$$T = c_n \sum_{j=1}^n R_j(\partial_j \mu),$$
so that \( \delta_a - \delta_b = R_1(T) \).

Let \( \varphi \) be a non-negative continuously differentiable function with compact support contained in the unit ball \( B \) such that \( \int \varphi = 1 \), and set
\[
\varphi_{\epsilon}(x) = \frac{1}{\epsilon^n} \varphi \left( \frac{x}{\epsilon} \right).
\]

Convolving the identity (6) with \( \varphi_{\epsilon} \) we obtain
\[
\varphi_{\epsilon}(x - a) - \varphi_{\epsilon}(x - b) = R_1(T * \varphi_{\epsilon}).
\]

Let \( f_{\epsilon} \) stand for \( T * \varphi_{\epsilon} \), so that
\[
\| R_1(f_{\epsilon}) \|_1 \leq 2.
\]

Now
\[
f_{\epsilon} = c_n \sum_{j=1}^{n} R_j(\mu * \partial_j \varphi_{\epsilon})
\]
and \( \mu * \partial_j \varphi_{\epsilon} \) is a compactly supported function in \( L^\infty(\mathbb{R}^n) \) with zero integral. Thus \( \mu * \partial_j \varphi_{\epsilon} \) is a function in the Hardy space \( H^1(\mathbb{R}^n) \) (in fact, it is a multiple of an atom) and so \( f_{\epsilon} \in L^1(\mathbb{R}^n) \). Hence we only need to show that
\[
\| R_1^* f_{\epsilon} \|_{1, \infty} \geq \frac{1}{C} \log \left( \frac{1}{\epsilon} \right),
\]
for some constant \( C \geq 1 \) and for sufficiently small positive \( \epsilon \).

Recall from Lemma 4 that there is a function \( h \) such that \( R_1(h) = \chi_{B^\delta} K_1 \). Dilating we get \( R_1(h_{\delta}) = \chi_{(B^\delta)^c} K_{1/\delta} \), where \( h_{\delta}(x) = \frac{1}{\delta^n} h(\frac{x}{\delta}) \) and \( \delta B \) is the ball of radius \( \delta \) centered at the origin. Therefore
\[
R_1^3(T)(x) = (R_1(h_{\delta}) * T)(x) = -(h_{\delta} * R_1(T))(x)
\]
\[
= h_{\delta} * (\delta_b - \delta_a)(x) = h_{\delta}(x - b) - h_{\delta}(x - a)
\]
and, convolving with \( \varphi_{\epsilon} \),
\[
R_1^3(f_{\epsilon})(x) = ((h_{\delta}(x - b) - h_{\delta}(x - a)) * \varphi_{\epsilon})(x).
\]

To go further we need to understand the singularity of \( h \).

**Lemma 5.** We have, for some constant \( c_0 \),
\[
h(x) = b(x) + c_0 p(x)
\]
where \( |b(x)| \leq C \), \( x \in \mathbb{R}^n \), and
\[
p(x) = \int_{|y|=1} \frac{1}{|x-y|^{n-1}} d\sigma(y),
\]
\( \sigma \) being the \( n - 1 \) dimensional surface measure on the unit sphere.
Proof. Assume first that $|x| < 1$. Let $\omega_j = (-1)^{j-1} dx_1 \wedge \cdots \wedge dx_{j-1} \wedge dx_{j+1} \wedge \cdots dx_n$. Apply Green-Stokes to the domain $1 < |x| < R$ and then let $R \to \infty$ to obtain

$$
\sum_{j=1}^{n} \int_{|y|=1} \frac{1}{|x-y|^{n-1}} \partial_j \left( \frac{1}{|y|^{n-1}} \right) \omega_j = c_1 \sum_{j=1}^{n} R_j(\chi_{B^c} K_j)(x) + c_2 \int_{|y|>1} \frac{1}{|x-y|^{n-1}} \frac{1}{|y|^{n+1}} dy,
$$

(9)

for some constants $c_1$ and $c_2$. Thus, with other constants $c_3$ and $c_4$,

$$
h(x) = c_3 \int_{|y|=1} \frac{1}{|x-y|^{n-1}} \sum_{j=1}^{n} y_j \omega_j + c_4 \int_{|y|>1} \frac{1}{|x-y|^{n-1}} \frac{1}{|y|^{n+1}} dy.
$$

Now, the form $\sum_{j=1}^{n} y_j \omega_j$ is invariant by rotations and so, understood as a measure, is a constant multiple of $d\sigma$. To complete the proof of the lemma we only need to show that the second term in the right hand side of the preceding identity is a bounded function of $x$. This is very easy if we split the domain of integration into two parts according to whether $|x-y| < 1$ or $|x-y| > 1$. We then get

$$
\int_{|y|>1} \frac{1}{|x-y|^{n-1}} \frac{1}{|y|^{n+1}} dy \leq \int_{|x-y|<1} \frac{1}{|x-y|^{n-1}} \frac{1}{|y|^{n+1}} dy + \int_{|y|>1} \frac{1}{|y|^{n+1}} dy \leq C.
$$

If $|x| > 1$ the argument is basically the same except that one has to delete a small ball centered at $x$ before applying Green-Stokes and then let the radius tend to zero. We again get the identity (9), where now the Riesz transforms really involve principal values. 

The next simple lemma describes precisely the singularity of the potential $p(x)$. Denote by $d(x) = ||x| - 1|$ the distance from $x$ to the unit sphere $\{|x| = 1\}$.

**Lemma 6.** We have

$$
\int_{|y|=1} \frac{d\sigma(x)}{|x-y|^{n-1}} \simeq \log \frac{1}{d(x)},
$$

provided $d(x) \leq \frac{1}{2}$.

**Proof.** Take $x$ such that $d(x) \leq \frac{1}{2}$ and set

$$
A_k = \{y : |y| = 1 \text{ and } d(x)2^k \leq |y - x| \leq d(x)2^{k+1}\}, \quad 0 \leq k.
$$

If $N$ is chosen appropriately, then

$$
\int_{|y|=1} \frac{d\sigma(y)}{|x-y|^{n-1}} = \sum_{k=0}^{N} \int_{A_k} \frac{d\sigma(y)}{|x-y|^{n-1}} \simeq \sum_{k=0}^{N} \frac{\sigma(A_k)}{(d(x)2^{k})^{n-1}} \simeq \sum_{k=0}^{N} 1 \simeq N \simeq \log \frac{1}{d(x)}.
$$
**Lemma 7.** There exists a constant $C \geq 1$ such that, for sufficiently small $\epsilon > 0$ we have

\[
(p_\delta \ast \varphi_\epsilon)(x) \geq \frac{1}{C} \frac{1}{\delta^n} \log \frac{\delta}{\epsilon}, \quad \text{if} \quad \text{dist}(x, \partial B(0, \delta)) < 2\epsilon \delta, \\
(p_\delta \ast \varphi_\epsilon)(x) \leq \frac{1}{C} \frac{1}{\delta^n} \log \frac{\delta}{\text{dist}(x, \partial B(0, \delta))}, \quad \text{if} \quad 2\epsilon \delta < \text{dist}(x, \partial B(0, \delta)) \leq \frac{\delta}{2}.
\]

**Proof.** Assume first that $\delta = 1$ and that $d(x) = \text{dist}(x, \partial B(0, 1)) = 2\epsilon$. For each $y$ in the ball $B(x, \epsilon)$ one has $d(y) \leq d(x) + \epsilon \leq 3\epsilon$, and so

\[
\int \left( \log \frac{1}{d(y)} \right) \varphi_\epsilon(x - y) \, dy \geq \log \frac{1}{3\epsilon},
\]

which is not greater than $\frac{1}{2} \log \frac{1}{\epsilon}$ if $\epsilon$ is small enough.

If $2\epsilon < d(x) < \frac{1}{2}$, then

\[
\int \left( \log \frac{1}{d(y)} \right) \varphi_\epsilon(x - y) \, dy \leq \log \frac{2}{d(x)} \leq 2 \log \frac{1}{d(x)}.
\]

Consider now an arbitrary positive $\delta$. Then

\[
(p_\delta \ast \varphi_\epsilon)(x) = \frac{1}{\delta^n} (p \ast \varphi_\frac{x}{\delta})(\frac{x}{\delta}).
\]

Since

\[
\text{dist}\left(\frac{x}{\delta}, \partial B(0, 1)\right) = \text{dist}(x, \partial B(0, \delta)) \delta^{-1},
\]

the lemma follows. \qed

We proceed now to prove (7). Consider the cone $K$ with vertex at $b$, aperture $\frac{\pi}{4}$ and with axis the positive $x_1$-axis. In other words,

\[
K = \left\{ x \in \mathbb{R}^n : \langle x - b, b \rangle \geq \frac{1}{\sqrt{2}} |x - b| \right\}.
\]

Take $x \in K$ and set $\delta = |x - b|$. We are going to apply the second inequality in Lemma 7 with $x$ replaced by $x - a$. Thus we have to check that

\[
2\epsilon \delta < |x - a| - \delta \leq \frac{\delta}{2}.
\]

The second inequality is obvious if we assume $\delta \geq 4$, because then $|x - a| \leq |x - b| + 2 \leq \frac{3}{2} \delta$. A simple estimate based on the fact that $x \in K$ shows that $|x - a| - \delta \geq \sqrt{2}$.
and thus the first inequality in (10) holds provided that $\delta < \frac{1}{\sqrt{2}}$. Using (8), Lemma 6 and Lemma 7, we obtain

$$|R_1^\delta(f_\epsilon)(x)| = |((h_\delta(x - b) - h_\delta(x - a)) \ast \varphi_\epsilon)(x)|$$

$$\geq \frac{1}{C} |((p_\delta(x - b) - p_\delta(x - a)) \ast \varphi_\epsilon)(x)| - C$$

$$\geq \frac{1}{\delta^n} \left( \frac{1}{C} \log \frac{\delta}{\epsilon} - C \log \frac{\delta}{\text{dist}(x, \partial B(a, \delta))} - C \right).$$

Since $\text{dist}(x, \partial B(a, \delta)) = |x - a| - \delta > \sqrt{2} > 1$,

$$|R_1^\delta(f_\epsilon)(x)| \geq \frac{1}{\delta^n} \left( \frac{1}{C} \log \frac{\delta}{\epsilon} - C \log \delta - C \right),$$

which is greater than or equal to

$$\frac{1}{\delta^n} \left( \frac{1}{C} \log \frac{1}{\epsilon} - C \log \delta \right),$$

because $\log \delta \geq \log 4 > 1$. Since

$$C \log \delta \leq \frac{1}{2C} \log \frac{1}{\epsilon},$$

provided

$$\delta \leq \epsilon^{-\eta}, \quad \eta = \frac{1}{2C^2},$$

we conclude that

$$|R_1^\delta(f_\epsilon)(x)| \geq \frac{1}{\delta^n} \frac{1}{C} \frac{1}{|x - b|^n} \log \frac{1}{\epsilon}, \quad x \in K, \quad 4 \leq |x - b| = \delta \leq \epsilon^{-\eta}, \quad (11)$$

for $\epsilon$ so small that $\epsilon^{-\eta} \leq \frac{1}{\sqrt{2}}$.

Denote by $|E|$ the Lebesgue measure of the set $E$. By (11), for small $\epsilon$ we obtain

$$|\{x \in \mathbb{R}^n : R_1^\delta f_\epsilon(x) > 1\}| \geq \left| \left\{ x \in K : 4 \leq |x - b| \leq \epsilon^{-\eta} \text{ and } \frac{1}{C} \frac{1}{|x - b|^n} \log \frac{1}{\epsilon} > 1 \right\} \right|$$

$$= \left| \left\{ x \in K : 4 \leq |x - b| \leq \epsilon^{-\eta} \text{ and } |x - b| < \left( \frac{1}{C} \log \frac{1}{\epsilon} \right)^{\frac{1}{\eta}} \right\} \right|. $$

If $\epsilon$ is such that

$$\left( \frac{1}{C} \log \frac{1}{\epsilon} \right)^{\frac{1}{\eta}} \leq \epsilon^{-\eta},$$

then
then we get

$$\left| \{ x \in \mathbb{R}^n : R_1^* f_\epsilon(x) > 1 \} \right| \geq \left| \left\{ x \in K : 4 \leq |x - b| \leq \left( \frac{1}{C} \log \frac{1}{\epsilon} \right)^{\frac{1}{5}} \right\} \right| .$$

Taking $\epsilon$ small enough we can further assume that $8 \leq (\frac{1}{C} \log \frac{1}{\epsilon})^{\frac{1}{5}}$. Therefore

$$\left| \{ x \in \mathbb{R}^n : R_1^* f_\epsilon(x) > 1 \} \right| \geq \frac{1}{C} \log \frac{1}{\epsilon},$$

which yields

$$\| R_1^* f_\epsilon \|_{1,\infty} \geq \frac{1}{C} \log \frac{1}{\epsilon},$$

and completes the proof of Theorem 2.

4 Proof of Theorem 3

Theorem 3 follows from the pointwise inequality

$$B^* f(z) \leq M(B f)(z), \quad z \in \mathbb{C}. \quad (12)$$

Let’s remark, incidentally, that the preceding estimate is an improvement of Cotlar’s inequality for the Beurling transform

$$B^* f(z) \leq C(M(B f)(z) + M(f)(z)), \quad z \in \mathbb{C},$$

because the term $Mf(z)$ does not appear in the right hand side of (12).

To prove (12) we first show the formula

$$\frac{1}{z^2} \chi_{D^c}(z) = B(\chi_D)(z), \quad (13)$$

where $D$ is the disc of center 0 and radius 1. Let

$$C(f)(z) = \frac{1}{\pi} \int f(z - w) \frac{1}{w} dA(w)$$

be the Cauchy transform of the function $f$, so that

$$\frac{\partial}{\partial \overline{z}} C(f) = f \quad \text{and} \quad \frac{\partial}{\partial z} C(f) = -B(f),$$

in the distributions sense.

Consider the function $F(z)$ which takes the value $\overline{z}$ on $D$ and the value $\frac{1}{z}$ on $D^c$. Then

$$\frac{\partial F}{\partial \overline{z}} = \chi_D \quad \text{and} \quad \frac{\partial F}{\partial z} = -\frac{1}{z^2} \chi_{D^c} .$$
Notice that $F = C(\chi_D)$, because $F - C(\chi_D)$ is an entire function vanishing at $\infty$. Thus (13) holds.  
Hence

$$B^1(f)(0) = \frac{1}{\pi} \int \chi_D(z) \frac{1}{z^2} f(z) \, dA(z)$$

$$= \frac{1}{\pi} \int B(\chi_D)(z) f(z) \, dA(z)$$

$$= \frac{1}{\pi} \int_D B(f)(z) \, dA(z).$$

Dilating and translating one obtains

$$B^\varepsilon(f)(z) = \frac{1}{\pi \varepsilon^2} \int_{D(z,\varepsilon)} B(f)(w) \, dA(w),$$

and, consequently, (12).

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