# Rectifiable sets and the Traveling Salesman Problem

#### Martí Prats

Universitat Autònoma de Barcelona

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#### First session

Martí Prats Rectifiable sets and the Traveling Salesman Problem

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Find the closer one to it. Find the shortest segment with endpoint in one of the previous, and keep doing it until you have united all of them.

The resulting spanning tree is minimal in length. Call it G.



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Suppose K connects all these points with minimal length. You can do a tour with double length...

But you can shorten it by taking straight lines instead of repeating vertices. Call the minimal tour *T*.

#### $2\ell(K) \geq \ell(T).$



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Suppose K connects all these points with minimal length. You can do a tour with double length...

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Obviously, T contains a spanning tree and G is minimal among them.



 $2\ell(K) \geq \ell(T) > \ell(G) \geq \ell(K)$ :

Suppose K connects all these points with minimal length. You can do a tour with double length...

But you can shorten it by taking straight lines instead of repeating vertices. Call the minimal tour T.

Obviously, T contains a spanning tree and G is minimal among them.

Furthermore, K is shorter than any spanning tree.

The greedy algorithm provides us with the best route up to constant 2.

## Non-finite sets

When it comes to a non-finite set *E*, the Traveling Salesman Problem consists in finding a minimal rectifiable curve Γ ⊃ *E*. This would give us also a minimal tour up to a constant.

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## Non-finite sets

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- We say that a set is rectifiable when the set is contained in the image of a finite interval by a Lipschitz function.

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## Non-finite sets

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- We say that a set is rectifiable when the set is contained in the image of a finite interval by a Lipschitz function.
- ➤ One necessary condition for E to be rectifiable is that the Hausdorff one-dimensional (outer) measure of the set, H<sup>1</sup>(E), is finite, but it is not sufficient unless E is connected [Falconer].

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## The Peter Jones' Betas (1)

Definition Let Q be a (dyadic) square of side  $\ell(Q)$ .



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$$\beta_E(Q) = \frac{2}{\ell(3Q)} \inf_{L} \{ \sup_{E \cap 3Q} \operatorname{dist}(z, L) \}.$$



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## The Peter Jones' Betas (2)

#### Definition

Given a set E, we associate to it the coefficient

$$eta^2(E) = \operatorname{diam}(E) + \sum_{\substack{Q \in \Delta \\ \ell(Q) \leq \operatorname{diam}(E)}} eta^2_E(Q) \ell(Q).$$

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$$\beta^2(E) = \operatorname{diam}(E) + \sum_{\substack{Q \in \Delta \\ \ell(Q) \leq \operatorname{diam}(E)}} \beta^2_E(Q) \ell(Q).$$

Notice that  $\beta_E(Q)$  is adimensional, and we can see that  $\beta^2$  has a linear behavior up to a constant.

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## Main Result

#### Theorem

Suppose  $E \subset \mathbb{C}$  is a bounded set. Then E is contained in a rectifiable curve if and only if  $\beta^2(E)$  is finite. Moreover, there are constants  $c_1$ ,  $c_2$  such that

$$c_1\beta^2(E) \le \inf_{\Gamma \supset E} \mathcal{H}^1(\Gamma) \le c_2\beta^2(E) \tag{1}$$

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where the infimum is taken over all rectifiable curves containing E.

Notice that, even though we do not find the best path for the salesman, we bound the distance the salesman must travel if he designs his route wisely.

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#### Finding a good route

We are about to prove that  $\beta^2(E) < \infty$  implies that *E* is rectifiable, with

$$\inf_{\Gamma\supset E}\mathcal{H}^1(\Gamma)\leq c_2\beta^2(E).$$

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 Consider a given bounded set E<sub>0</sub>.

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- Consider a given bounded set E<sub>0</sub>.
- Cover it by a strip of minimal width and shrink to a rectangle S<sub>0</sub>.

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- Consider a given bounded set E<sub>0</sub>.
- Cover it by a strip of minimal width and shrink to a rectangle S<sub>0</sub>.
- Divide in three equal parts.

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Case 1: The middle third has a point  $p \in E_0$ .

Divide S<sub>0</sub> in two rectangles A<sub>0,j</sub> by p.

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- Cover each part *E*<sub>0,*j*</sub> by a rectangle as before.

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► 
$$L_{0,j} \leq \sqrt{\alpha_{0,j}^2 + \beta_0^2} L_0 \leq (1 + 5\beta_0^2) \alpha_{0,j} L_0.$$

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Case 2: The middle third has a no points in  $E_0$ .

• Fix  $\alpha_{0,0} = \alpha_{0,1} = 1/2$ .

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- Cover each part of E<sub>0</sub> by a rectangle as before.
- Call  $E_{0,j} = E_0 \cap S_0 \cap S_{0,j}.$
- ► Still  $L_{0,j} \le (1+5\beta_0^2)\alpha_{0,j}L_0.$
- The minimal segment joining them
  |T<sub>0</sub>| ≤ (1 + β<sub>0</sub><sup>2</sup>)L<sub>0</sub>.

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► Cover E by a rectangle S<sub>0</sub> as before. Break the rectangle as shown to get S<sub>0,0</sub> and S<sub>0,1</sub>. In case 2 you get also a segment T<sub>0</sub>.

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- ► Cover E by a rectangle S<sub>0</sub> as before. Break the rectangle as shown to get S<sub>0,0</sub> and S<sub>0,1</sub>. In case 2 you get also a segment T<sub>0</sub>.
- Iterate the process as usual. After *n* steps, you have 2<sup>n</sup> rectangles S<sub>I</sub> covering E<sub>I</sub>, I = (0, i<sub>1</sub>,..., i<sub>n</sub>), with long sides L<sub>I</sub>, weights α<sub>I</sub> ∈ [1/3, 2/3] and factors β<sub>I</sub>.

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- If case 2 is applied to S<sub>I</sub>, we get also a segment T<sub>I</sub> connecting the sets E<sub>I,0</sub> and E<sub>I,1</sub> which are contained into its sons S<sub>I,j</sub>.

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- Iterate the process as usual. After n steps, you have 2<sup>n</sup> rectangles S<sub>I</sub> covering E<sub>I</sub>, I = (0, i<sub>1</sub>,..., i<sub>n</sub>), with long sides L<sub>I</sub>, weights α<sub>I</sub> ∈ [1/3, 2/3] and factors β<sub>I</sub>.
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- After N = 25 steps the diameter of a rectangle drops by at least 1/2.

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## Bounds for the length (1): the rectangles

Let  $R_n$  be the sum of the diameters of the rectangles at stage n.

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### Bounds for the length (1): the rectangles

Let  $R_n$  be the sum of the diameters of the rectangles at stage n. For  $S_I$ ,

 $L_{I,0} + L_{I,1} \leq (1 + 5\beta_I^2)\alpha_{I,0}L_I + (1 + 5\beta_I^2)\alpha_{I,1}L_I = (1 + 5\beta_I^2)L_I.$ 

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Arguing by induction, we will have the uniform bound

$$R_n \leq R_0 + \sum_{|I| \leq n} 5\beta_I^2 L_I \lesssim \operatorname{diam}(E) + \sum \beta_I^2 L_I.$$

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If case 2 is applied and  $L_{I,0} + L_{I,1} \ge 0.9L_I$ , then  $\beta_I \ge \tilde{\beta}$  for a fixed constant  $\tilde{\beta}$ .

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 $|T_I| \leq (1+\beta_I^2)L_I.$ 

we get

 $|T_I| \leq C \beta_I^2 L_I.$ 

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we get

$$|T_I| \leq C\beta_I^2 L_I.$$

Thus, the sum of the lengths of the middle segments created from applications of case 2 with  $L_{I,0} + L_{I,1} \ge 0.9L_I$  is at most  $\sum \beta_I^2 L_I$ .

Now write

$$R_n = I_n + II_n$$

where  $II_n$  is the sum of the lengths of the rectangles at stage n to which case 2 will be applied and for which  $L_{I,0} + L_{I,1} < 0.9L_I$ . Let  $T_{n+1}$  denote the sum of the lengths of the segments created when  $L_{I,0} + L_{I,1} < 0.9L_I$  at stage n.

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# Bounds for the length (3): the segments in narrow rectangles

Now write

$$R_n = I_n + II_n$$

Then

$$R_{n+1} \leq \left(I_n + C\sum_{|I|=n+1}\beta_I^2 L_I\right) + 0.9II_n.$$

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Moreover, as  $|\mathcal{T}_I| \leq (1+eta_I^2) \mathcal{L}_I$ , we have

$$0.1T_{n+1} \le 0.1H_n + C \sum_{|I|=n+1} \beta_I^2 L_I.$$

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$$0.1T_{n+1} \le 0.1H_n + C \sum_{|I|=n+1} \beta_I^2 L_I.$$

Summing both inequalities,

$$R_{n+1} + 0.1T_{n+1} \le R_n + C \sum_{|I|=n+1} \beta_I^2 L_I.$$

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Moreover, as  $|\mathcal{T}_I| \leq (1+eta_I^2) \mathcal{L}_I$ , we have

$$0.1T_{n+1} \le 0.1II_n + C \sum_{|I|=n+1} \beta_I^2 L_I.$$

Equivalently,

$$0.1T_{n+1} \le R_n - R_{n+1} + C \sum_{|I|=n+1} \beta_I^2 L_I.$$

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Then

$$R_{n+1} \leq \left(I_n + C\sum_{|I|=n+1}\beta_I^2 L_I\right) + 0.9II_n.$$

Moreover, as  $|\mathcal{T}_I| \leq (1+eta_I^2) \mathcal{L}_I$ , we have

$$0.1T_{n+1} \le 0.1II_n + C \sum_{|I|=n+1} \beta_I^2 L_I.$$

As  $R_n$  is uniformly bounded by  $C \operatorname{diam}(E) + C \sum \beta_I^2 L_I$ , also

$$\sum_{n} T_{n} \lesssim \operatorname{diam}(E) + \sum \beta_{I}^{2} L_{I}.$$

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It only remains to bound

$$\sum \beta_I^2 L_I \leq \sum_Q \beta_E^2(Q) \ell(Q).$$

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$$\sum \beta_I^2 L_I \leq \sum_Q \beta_E^2(Q) \ell(Q).$$

Given I chose a dyadic cube  $Q_I$  such that  $d_I := \operatorname{diam}(S_I) \le \ell(Q_I) < 2d_I$ and with  $Q_I \cap S_I \neq \emptyset$ . As  $3Q_I \supset S_I$ , we will have the bound

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It will suffice to prove that

$$\sum_{I:Q_I=Q}\beta_I^2 L_I \leq C\beta_E^2(Q)\ell(Q).$$

Indeed, write  $\mathcal{F}(I)$  for the father index of I,  $(0, i_1, ..., i_{n-1})$ , and call  $J \ge I$  if  $I = \mathcal{F}^j(J)$  for some  $j \ge 0$ .

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Indeed, write  $\mathcal{F}(I)$  for the father index of I,  $(0, i_1, ..., i_{n-1})$ , and call  $J \ge I$  if  $I = \mathcal{F}^j(J)$  for some  $j \ge 0$ . Then, if  $J \ge I$  and  $\ell(Q_J) = \ell(Q_I)$ , then we have seen that

$$|J|-|I|\leq 24.$$

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$$|J|-|I|\leq 24.$$

We can classify the independent branches where Q occurs as follows:

$$\{I: Q_I = Q\} = \bigcup_{I:d_{\mathcal{F}(I)} > \ell(Q) \ge d_I} \bigcup_{j=0}^{24} \{J \ge I: |J| = |I| + j \text{ and } Q_J = Q\}$$

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Then, using the previous bound, given a dyadic cube Q we have

$$\sum_{I:Q_I=Q} \beta_I^2 \mathcal{L}_I \lesssim \beta_E(Q) \ell(Q) \sum_{j=0}^{24} \sum_{\substack{J:Q_J=Q\\ d_{\mathcal{F}^{j+1}(I)} > \ell(Q) \ge d_{\mathcal{F}^{j}(I)}} \beta_J$$

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Now, for  $j \leq 24$ , the domains  $E_J$  appearing in the sum

$$\sum_{\substack{J:Q_J=Q\\d_{\mathcal{F}^{j+1}(I)}>\ell(Q)\geq d_{\mathcal{F}^{j}(I)}}}\beta_J$$

are contained in disjoint convex polygons  $\tilde{S}_J$  of width  $\beta_J L_J$  and diameter comparable to  $L_J$ .

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are contained in disjoint convex polygons  $\tilde{S}_J$  of width  $\beta_J L_J$  and diameter comparable to  $L_J$ . One can see that

$$\beta_J L_J^2 \approx \operatorname{Area}(\widetilde{S}_J).$$

At the same time, all of them are in a strip of width  $\beta_E(Q)\ell(Q)$  and contained in 3Q. The areas of the polygons are bounded in consequence by the area of this strip intersected with 3Q. Thus,

$$\sum_{\substack{J:Q_J=Q\\ d_{\mathcal{F}^j(l)} > \ell(Q) \ge d_{\mathcal{F}^{j-1}(l)}}} \beta_J L_J^2 \le C \beta_E(Q) \ell(Q)^2$$

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$$\sum_{\substack{J:Q_J=Q\\ d_{\mathcal{F}^j(l)}>\ell(Q)\geq d_{\mathcal{F}^{j-1}(l)}}} \beta_J L_J^2 \leq C\beta_E(Q)\ell(Q)^2$$

Taking into account that  $L_J \approx \ell(Q)$  and summing in j we obtain

$$\sum_{I:Q_I=Q}\beta_I^2 L_I \leq C\beta_E^2(Q)\ell(Q).$$

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# Lipschitz graphs

#### Lemma

Let  $\Gamma$  be the graph of a Lipschitz function. For  $E \subset \Gamma$ ,  $\beta^2(E) \leq C\mathcal{H}^1(\Gamma)$ .



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# Lipschitz graphs



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# Lipschitz graphs

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Let  $\Gamma = \{0 \le x \le 1, y = f(x)\},\$ where f is Lipschitz with constant M. It is enough to show the case  $E = \Gamma$  and f(0) = f(1).

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# Lipschitz graphs



Let  $\Gamma = \{0 \le x \le 1, y = f(x)\},\$ where f is Lipschitz with constant M. It is enough to show the case  $E = \Gamma$  and f(0) = f(1). Let  $I_j^n$  be the *j*th dyadic interval of length  $2^{-n}$ , call its image graph  $\Gamma_j^n$  and let  $J_j^n$  be the segment uniting the endpoints of  $\Gamma_j^n$ .

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# Lipschitz graphs



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# Lipschitz graphs



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 $2^{-n}\delta_{n,j}^2 \lesssim \ell(J_{2j}^{n+1}) + \ell(J_{2j+1}^{n+1}) - \ell(J_j^n)$ 

with constant depending on M.

# Lipschitz graphs

This implies

 $\sum_{m,k} c 2^{-m} \delta_{m,k}^2 \leq 2\ell(\Gamma).$ 

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# Lipschitz graphs

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$$\sum_{m,k} c 2^{-m} \delta_{m,k}^2 \leq 2\ell(\Gamma).$$

Now, by the triangular inequality,



$$\beta_{n,j} \leq \sum_{m=n}^{\infty} 2^{n-m} \sup\{\delta_{m,k} : I_k^m \subset I_j^n\}.$$

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# Lipschitz graphs



This implies

$$\sum_{m,k} c 2^{-m} \delta_{m,k}^2 \leq 2\ell(\Gamma).$$

Now, by the triangular inequality,

$$\beta_{n,j} := 2^n \sup \{ \operatorname{dist}(z, J_j^n) : z \in \Gamma_j^n \},$$

$$\beta_{n,j} \leq \sum_{m=n}^{\infty} 2^{n-m} \sup\{\delta_{m,k} : I_k^m \subset I_j^n\}.$$

Using Hölder inequalities and other standard arguments for series, one gets

 $\sum_{n,j} 2^{-n} \beta_{n,j}^2 \lesssim \sum_{m,k} 2^{-m} \delta_{m,k}^2 \lesssim 2\ell(\Gamma).$ 

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#### Indeed,

$$\sum_{n,j} 2^{-n} \beta_{n,j}^2 \le \sum_{n,j} 2^{-n} \left( \sum_{m=n}^{\infty} 2^{n-m} \sup_{l_k^m \subset l_j^n} \delta_{m,k} \right)^2$$

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#### Indeed,

$$\sum_{n,j} 2^{-n} \beta_{n,j}^2 \leq \sum_{n,j} 2^{-n} \left( \sum_{m=n}^{\infty} 2^{n-m} \sup_{l_k^m \subset l_j^n} \delta_{m,k} \right)^2 \\ \leq \sum_{n,j} 2^{-n} \sum_{m=n}^{\infty} 2^{3\frac{n-m}{2}} \sup_{l_k^m \subset l_j^n} \delta_{m,k}^2 \sum_{m=n}^{\infty} 2^{\frac{n-m}{2}}$$

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$$\leq \sum_{n,j} 2^{-n} \sum_{m=n}^{\infty} 2^{3\frac{n-m}{2}} \sup_{l_k^m \subset l_j^n} \delta_{m,k}^2 \sum_{m=n}^{\infty} 2^{\frac{n-m}{2}}$$
$$\leq C \sum_{n,j} \sum_{\substack{n,j \ l_k^m \subset l_i^n \\ l_k^m \subset l_i^n}} 2^{\frac{n}{2}} 2^{-\frac{3m}{2}} \delta_{m,k}^2$$

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#### Indeed,

$$\begin{split} \sum_{n,j} 2^{-n} \beta_{n,j}^2 &\leq \sum_{n,j} 2^{-n} \left( \sum_{m=n}^{\infty} 2^{n-m} \sup_{l_k^m \subset l_j^n} \delta_{m,k} \right)^2 \\ &\leq \sum_{n,j} 2^{-n} \sum_{m=n}^{\infty} 2^{3\frac{n-m}{2}} \sup_{l_k^m \subset l_j^n} \delta_{m,k}^2 \sum_{m=n}^{\infty} 2^{\frac{n-m}{2}} \\ &\leq C \sum_{n,j} \sum_{\substack{m \geq n \\ l_k^m \subset l_j^n}} 2^{\frac{n}{2}} 2^{-\frac{3m}{2}} \delta_{m,k}^2 \\ &\leq C \sum_{m,k} \left( \sum_{n=0}^m \sum_{l_j^n \supset l_k^m} 2^{\frac{n}{2}} \right) 2^{-\frac{3m}{2}} \delta_{m,k}^2 \end{split}$$

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#### Indeed,

$$\sum_{n,j} 2^{-n} \beta_{n,j}^2 \leq \sum_{n,j} 2^{-n} \left( \sum_{m=n}^{\infty} 2^{n-m} \sup_{I_k^m \subset I_j^n} \delta_{m,k} \right)^2$$
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#### Indeed,

$$\sum_{n,j} 2^{-n} \beta_{n,j}^{2} \leq \sum_{n,j} 2^{-n} \left( \sum_{m=n}^{\infty} 2^{n-m} \sup_{l_{k}^{m} \subset l_{j}^{n}} \delta_{m,k} \right)^{2}$$

$$\leq \sum_{n,j} 2^{-n} \sum_{m=n}^{\infty} 2^{3\frac{n-m}{2}} \sup_{l_{k}^{m} \subset l_{j}^{n}} \delta_{m,k}^{2} \sum_{m=n}^{\infty} 2^{\frac{n-m}{2}}$$

$$\leq C \sum_{n,j} \sum_{\substack{m \geq n \\ l_{k}^{m} \subset l_{j}^{n}}} 2^{\frac{n}{2}} 2^{-\frac{3m}{2}} \delta_{m,k}^{2}$$

$$\leq C \sum_{m,k} \sum_{n=0}^{m} 2^{\frac{n}{2}} 2^{-\frac{3m}{2}} \delta_{m,k}^{2}$$

$$\leq C \sum_{m,k} 2^{\frac{m}{2}} 2^{-\frac{3m}{2}} \delta_{m,k}^{2} \lesssim \ell(\Gamma)$$

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### Final step

Finally we extend the function periodically and obtain some translated coefficients  $\beta_{n,j}(t)$  related to  $\Gamma(t) = (Id \times f)([t, 1 + t]) \subset \mathbb{C}$  verifying the last inequality as well.



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The case of Lipschitz graphs A decomposition theorem The general case

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Martí Prats Rectifiable sets and the Traveling Salesman Problem

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Then, for a cube Q with  $\ell(Q) = 2^{-n-2}$ , 3Q will have projection contained in the translation of an interval  $I_{n,j}(t)$  with probability 1/4 with respect to the Lebesgue measure on t.

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So

$$\sum_{\ell(\mathcal{Q})=2^{-n-2}}\beta_{\Gamma}^2(\mathcal{Q})\lesssim \int_{-1}^1\sum_j\beta_{n,j}(t)^2dt.$$

Summing with respect to n proofs the claim for Lipschitz graphs.

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### Second session

Martí Prats Rectifiable sets and the Traveling Salesman Problem

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### Back to previous steps: Main Result

#### Theorem

Suppose  $E \subset \mathbb{C}$  is a bounded set. Then E is contained in a rectifiable curve if and only if  $\beta^2(E)$  is finite. Moreover, there are constants  $c_1$ ,  $c_2$  such that

$$c_1\beta^2(E) \le \inf_{\Gamma \supset E} \mathcal{H}^1(\Gamma) \le c_2\beta^2(E)$$
(2)

where the infimum is taken over all rectifiable curves containing E.

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# Back to previous steps: Main Result

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where the infimum is taken over all rectifiable curves containing E. We have already proven left-hand side for Lipschitz graphs and right-hand side for general sets with finite  $\beta$ .

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### Purpose of the second talk

In this session we will proof the left-hand side inequality for general sets of finite length.

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# Purpose of the second talk

In this session we will proof the left-hand side inequality for general sets of finite length.

The key point is to find  $E \subset \bigcup \Gamma_j$  being each  $\Gamma_j$  the boundary of a Lipschitz domain  $\mathcal{D}_j$  with some restrictions on the constant and the shapes. We need to do this in such a way that we keep control on the total length and the relations between the original betas and  $\sum_Q \sum_{\Gamma_j} \beta_{\Gamma_j}^2(Q)$ .

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We will do that in three steps. First we present a theorem which will allow us to make the decomposition as long as E is the boundary of a simply connected domain. The second step is a simple corollary allowing us to make such a decomposition on any connected plain set  $\gamma$ . Finally we will prove the relation between betas.

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### M-Lipschitz domains

#### Definition

We call an *M*-Lipschitz domain to a simply connected domain whose boundary can be expressed as  $\{r(\theta)e^{i\theta}: 0 \le \theta < 2\pi\}$  (i.e. it is starlike with respect to the origin), with *r* a Lipschitz function of coefficient *M* and  $\frac{1}{M+1} \le r(\theta) \le 1$  after translation and dilation if necessary.

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### Decomposition theorem

#### Theorem

There is a constant M such that whenever  $\Omega$  is a simply connected domain with  $\mathcal{H}^1(\partial\Omega) < \infty$  there exists a rectifiable curve  $\Gamma$  such that

$$\bullet \ \Omega \setminus \mathsf{\Gamma} = \bigcup_{j=0}^{\infty} \Omega_j,$$

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• each  $\Omega_j$  is an M-Lipschitz domain,

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• and 
$$\sum_{j} \mathcal{H}^{1}(\partial \Omega_{j}) \leq M \mathcal{H}^{1}(\partial \Omega)$$
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### Summary of the proof

Let  $\varphi : \mathbb{D} \to \Omega$  be a Riemann mapping. By translating, rotating and rescaling the domain, we can assume WLOG that  $\varphi(0) = 0$  and  $\varphi'(0) = 1$  (i.e.  $\varphi \in S$ ).

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properties of  $\varphi$  we can ensure that the images of the domains in  $\mathbb D$  are also M-Lipschitz domains.

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We will make a division in the disk in such a way that, using the properties of  $\varphi$  we can ensure that the images of the domains in  $\mathbb{D}$  are also M-Lipschitz domains.

On the first step we will create uniformly chord-arc domains such that we keep control on the lengths. After that we will decompose these domains into smaller domains to ensure the M-Lipschitz condition is satisfied.

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Theorem (Koebe's estimate, growth and distortion theorem) Given a conformal mapping  $\varphi \in S$  ( $\varphi : \mathbb{D} \to \Omega$ ,  $\varphi(0) = 0$ ,  $\varphi(0) = 1$ ), we have

- dist $(\varphi(z), \partial \Omega) \approx |\varphi'(z)|(1-|z|^2).$
- Whitney cubes are almost invariant, with constant derivative absolute value on them.

• 
$$\frac{|z|}{(1+|z|)^2} \le |\varphi(z)| \le \frac{|z|}{(1-|z|)^2}$$

• 
$$\frac{1-|z|}{(1+|z|)^3} \le |\varphi'(z)| \le \frac{1+|z|}{(1-|z|)^3}.$$

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# Useful theorems

Theorem (Koebe's estimate, growth and distortion theorem) Given a conformal mapping  $\varphi \in S$  ( $\varphi : \mathbb{D} \to \Omega$ ,  $\varphi(0) = 0$ ,  $\varphi(0) = 1$ ), we have

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$$\frac{1-|z|}{(1+|z|)^3} \le |\varphi'(z)| \le \frac{1+|z|}{(1-|z|)^3}.$$

#### Theorem (F. and M. Riesz Theorem)

Given a Riemann mapping  $\varphi$  to a Jordan domain  $\Omega$ , it is bounded by a rectifiable curve if and only if  $\varphi' \in H^1$ , with

$$\mathcal{H}^1(\Gamma) = \|\varphi'\|_{H^1}.$$

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#### Theorem (Alexander's)

For  $\Gamma$  connected with finite length, call  $\varphi_i$  to a collection of Riemann mappings to each component of  $\mathbb{C}^*$ . Then

$$2\mathcal{H}^1(\Gamma) = \sum_i \|\varphi_i'\|_{H^1}$$

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#### Theorem (Alexander's)

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Call the cone  $\Gamma_{\alpha}(\psi) = \{z \in \mathbb{D} : |z - \psi| < \alpha(1 - |z|)\}$  and the area function  $A_{\alpha}\varphi(\psi) = \left(\iint_{\Gamma_{\alpha}(\psi)} |\varphi'(z)|^2\right)^{1/2}$ .

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#### Theorem (M. Calderon's)

Let  $\Omega$  be chord-arc domain,  $\alpha > 1$ ,  $0 , <math>\varphi : \Omega$  analytic. Then

$$\|\varphi - \varphi(z_0)\|_{H^p(\Omega)}^p \approx \|A_\alpha \varphi\|_{L^p(\partial \Omega)}^p$$

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# Some tools

Write  $F = \sqrt{\varphi'}$  and  $g = \log(\varphi')$ .

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# Some tools

Write  $F = \sqrt{\varphi'}$  and  $g = \log(\varphi')$ . Using Bieberbach's Theorem one can see that g is in the Bloch space with norm

$$\|g\|_{\mathcal{B}} \le 6 \tag{3}$$

i.e.  $\frac{|\varphi''(z)|}{|\varphi'(z)|} \leq \frac{6}{1-|z|^2}$  for all  $z \in \mathbb{D}$ .

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i.e.  $\frac{|\varphi''(z)|}{|\varphi'(z)|} \leq \frac{6}{1-|z|^2}$  for all  $z \in \mathbb{D}$ . A simple computation shows that  $4F'(z)^2 = \varphi'(z)g'(z)^2$ .

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### Some help from Hardy spaces

This implies that

$$\iint_{\mathbb{D}} |\varphi'(z)| |g'(z)|^2 \log \frac{1}{|z|} dm(z) = 4 \iint_{\mathbb{D}} |F'(z)|^2 \log \frac{1}{|z|} dm(z).$$

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By the Littlewood-Paley formula for the Hardy space  $H^2$ , we have

$$\iint_{\mathbb{D}} |\varphi'(z)| |g'(z)|^2 \log \frac{1}{|z|} dm(z) \leq 2 \|F\|_{H^2}^2 = 2 \|\varphi'\|_{H^1}^2.$$

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By the Littlewood-Paley formula for the Hardy space  $H^2$ , we have

$$\iint_{\mathbb{D}} |\varphi'(z)| |g'(z)|^2 \log \frac{1}{|z|} dm(z) \leq 2 \|F\|_{H^2}^2 = 2 \|\varphi'\|_{H^1}^2.$$

Thanks to a result due to Alexander (which somehow generalizes the F. and M. Riesz Theorem to any simply connected domain) we can see that  $\varphi' \in H^1$ , and  $\|\varphi'\|_{H^1} \leq 2\mathcal{H}^1(\partial\Omega)$ . Summing up,

$$\iint_{\mathbb{D}} |arphi'(z)| |g'(z)|^2 \log rac{1}{|z|} dm(z) \leq 4\mathcal{H}^1(\partial\Omega).$$

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### The local zone



Set 
$$\mathcal{D}_0 = \{|z| \leq 1/2\}$$
 and  $\mathcal{U}_0 = \varphi(\mathcal{D}_0).$ 

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#### The local zone



Set  $\mathcal{D}_0 = \{|z| \leq 1/2\}$  and  $\mathcal{U}_0 = \varphi(\mathcal{D}_0)$ .By the growth theorem and the distortion theorem for univalent functions, one can see that  $\mathcal{U}_0$  is an *M*-Lipschitz domain.

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#### The local zone



Set  $\mathcal{D}_0 = \{|z| \leq 1/2\}$  and  $\mathcal{U}_0 = \varphi(\mathcal{D}_0)$ .By the growth theorem and the distortion theorem for univalent functions, one can see that  $\mathcal{U}_0$  is an *M*-Lipschitz domain. Since  $\varphi' \in H^1$  we also have

 $\mathcal{H}^1(\partial \mathcal{U}_0) \leq \mathcal{H}^1(\partial \Omega). \quad \ (4)$ 

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### Carleson boxes

Next form the dyadic Carleson boxes



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The case of Lipschitz graphs A decomposition theorem The general case

### Carleson boxes



Next form the dyadic Carleson boxes and consider their top halves  $T(Q) = \{z \in Q : |z| < 1 - 2^{-(n+1)}\}$ . Write  $z_Q$  for the center of T(Q).

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### Carleson boxes



Next form the dyadic Carleson boxes and consider their top halves  $T(Q) = \{z \in Q : |z| < 1 - 2^{-(n+1)}\}$ . Write  $z_Q$  for the center of T(Q).

We will choose the domains by a stoping time argument.

The domains  $D_j$  will be unions of T(Q) so that we have a covering of the unit disk with disjoint interiors.

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The domains  $\mathcal{D}_j$  will be unions of  $\mathcal{T}(Q)$  so that we have a covering of the unit disk with disjoint interiors. We will choose them so that their images  $\mathcal{U}_j = \varphi(\mathcal{D}_j)$  are such that  $\mathcal{H}(\bigcup \mathcal{U}_j) \leq C\mathcal{H}(\Gamma)$ .

The case of Lipschitz graphs A decomposition theorem The general case

### Carleson boxes



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The domains  $\mathcal{D}_j$  will be unions of  $\mathcal{T}(Q)$  so that we have a covering of the unit disk with disjoint interiors. We will choose them so that their images  $\mathcal{U}_j = \varphi(\mathcal{D}_j)$  are such that  $\mathcal{H}(\bigcup \mathcal{U}_j) \leq C\mathcal{H}(\Gamma)$ . Finally we will make a subdivision of those domains to get starlike domains with uniform Lipschitz constant.

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# Type 0 cubes



Fix  $\varepsilon$  to be determined later and consider a Carleson box Q as big as possible.

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# Type 0 cubes



Fix  $\varepsilon$  to be determined later and consider a Carleson box Q as big as possible.

$$\sup_{\mathcal{T}(Q)} |g(z) - g(z_Q)| \ge \varepsilon,$$

we say that Q is a type 0 cube and define  $\mathcal{D}(Q) = \mathcal{T}(Q)$ .

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The case of Lipschitz graphs A decomposition theorem The general case

# Type 0 cubes



Fix  $\varepsilon$  to be determined later and consider a Carleson box Q as big as possible.

$$\sup_{T(Q)} |g(z) - g(z_Q)| \ge \varepsilon,$$

we say that Q is a type 0 cube and define  $\mathcal{D}(Q) = T(Q)$ . In that case, using the Bloch norm, we can find that  $\mathcal{U}_Q = \varphi(\mathcal{D}_Q)$  is a chord-arc domain with fixed constant.

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The case of Lipschitz graphs A decomposition theorem The general case

#### Stopping time argument: almost constant derivative



If Q is not of type 0, define G(Q)to be the set of maximal boxes  $Q' \subset Q$  for which

$$\sup_{\mathcal{T}(Q')} |g(z) - g(z_Q)| \geq \varepsilon$$

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and define  $\mathcal{D}(Q) = \left( Q \setminus \bigcup_{G(Q)} Q' \right).$ 

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and define  $\mathcal{D}(Q) = \left(Q \setminus \bigcup_{G(Q)} Q'\right).$ Then,  $\mathcal{D}(Q)$  is a chord-arc domain with constant 4 and

$$\sup_{\mathcal{D}(Q)} |g(z) - g(z_Q)| \leq \varepsilon.$$

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The case of Lipschitz graphs A decomposition theorem The general case

#### Stopping time argument: almost constant derivative



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$$\sup_{\mathcal{D}(Q)} |g(z) - g(z_Q)| \leq \varepsilon.$$

For  $\varepsilon$  small enough,  $U_Q = \varphi(\mathcal{D}_Q)$ will be chord-arc domains with constant 5.

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# Type 1 and type 2



If the domain attains the border of  $\mathbb{D}$  in more than the half of the measure of  $Q \cap \mathbb{D}$ , then we say Q is of type 1.

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# Type 1 and type 2



If the domain attains the border of  $\mathbb{D}$  in more than the half of the measure of  $Q \cap \mathbb{D}$ , then we say Qis of type 1. Otherwise, we say that Q is of type 2.

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# Type 1 and type 2



If the domain attains the border of  $\mathbb{D}$  in more than the half of the measure of  $Q \cap \mathbb{D}$ , then we say Qis of type 1. Otherwise, we say that Q is of type 2. Keep finding  $\mathcal{D}(Q)$  for the successive remaining maximal cubes in  $Q \setminus \mathcal{D}(Q)$ . Then, the family  $\{\mathcal{D}_j\}_{j\geq 0}$  is pairwise disjoint.

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#### Lengths in domains of type 0

If Q is of type 0, then using the Bloch norm of g and  $\sup_{\mathcal{T}(Q')} |g(z) - g(z_Q)| \ge \varepsilon$ , we see that there is a significative part of  $\mathcal{T}(Q)$  with  $|g'| > C \varepsilon \ell(Q)$ , so  $\ell(Q)^2 \lesssim \int |g'|^2$ .

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$$\ell(Q)=1-|z|pprox 1-|z|^2pprox \lograc{1}{|z|}.$$

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We also have that in Whitney cubes  $|\varphi'(z)|$  is almost constant, so that

$$egin{aligned} \mathcal{H}^1(\partial\mathcal{U}_j) &= \int_{\partial\mathcal{T}(\mathcal{Q})} |arphi'(z)| \ &\lesssim \ell(\mathcal{Q})|arphi'(z_\mathcal{Q})| \leq \iint_{\mathcal{T}(\mathcal{Q})} |arphi'(z)||g'(z)|^2\lograc{1}{|z|} \end{aligned}$$

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Finally, using the previous estimates on the last integral over  $\mathbb{D}$ ,

$$\sum_{ ext{type }0}\mathcal{H}^1(\partial\mathcal{U}_j)\leq C\mathcal{H}^1(\partial\Omega).$$

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## Starlike domains come out

Dividing the region into a fixed number of polar rectangles, we can apply yet the previous reasoning. Furthermore, using again the Bloch estimate for g we find that the derivative is almost constant so that the image of the regions are M-Lipschitz domains.

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For Q of type 1, using F. and M. Riesz Theorem for Jordan domains we know that

$$\mathcal{H}^1(\partial\mathcal{U}_j) = \iint_{\partial\mathcal{D}_j} |arphi'(z)|$$

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and using that  $\varphi'$  is almost constant in type 1 domains, we have

$$\iint_{\partial \mathcal{D}_j} |arphi'(z)| \lesssim \iint_{\partial \mathcal{D}_j \cap \partial \mathbb{D}} |arphi'(z)|.$$

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$$\iint_{\partial \mathcal{D}_j} | arphi'(z) | \lesssim \iint_{\partial \mathcal{D}_j \cap \partial \mathbb{D}} | arphi'(z) |.$$

Finally, as this arcs have zero superposition in  $\mathcal{H}^1,$  we have using Alexander's result that

$$\sum_{ ext{type }1} \mathcal{H}^1(\partial \mathcal{U}_j) \leq \mathcal{C} \iint_{\partial \mathbb{D}} |arphi'(z)| \leq \mathcal{C} \mathcal{H}^1(\partial \Omega).$$

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When it comes to type 2 cubes, the reasoning is more involved. We sketch the proof.

Call  $\{J_k\}$  to the top edges of the boxes in G(Q). Then

$$\mathcal{H}^1(J_k) \geq rac{\mathcal{H}^1(\partial \mathcal{D}(\mathcal{Q}))}{12}.$$

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By equicontinuity, there is a big part of  $J_k$  where

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This allows us to prove that

$$\mathcal{H}^1(\partial\mathcal{U}_j)\lesssim \int_{\partial\mathcal{D}(\mathcal{Q})}|\mathsf{F}(z)-\mathsf{F}(z_\mathcal{Q})|^2.$$

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By M. Calderon's Theorem,

$$\int_{\partial \mathcal{D}(Q)} |F(z) - F(z_Q)|^2 \leq C \iint_{\mathcal{D}(Q)} |F'(z)|^2 \mathcal{H}^1(B(z, 2\mathrm{dist}(z, \partial \mathcal{D}(Q))))$$

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and using that chord-arc domains are bounded by Ahlfors-regular curves,

$$egin{aligned} &\int_{\partial\mathcal{D}(Q)}|F(z)-F(z_Q)|^2\leq C \iint_{\mathcal{D}(Q)}|F'(z)|^2 ext{dist}(z,\partial\mathcal{D}(Q))\ &\leq C \iint_{\mathcal{D}(Q)}|F'(z)|^2\lograc{1}{|z|} \end{aligned}$$

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By M. Calderon's Theorem,

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Therefore,

$$\sum_{\text{type } 2} \mathcal{H}^1(\partial \mathcal{U}_j) \leq C \mathcal{H}^1(\partial \Omega).$$

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# Starlike domains in type 1 or 2

It only remains to subdivide the domains  $\mathcal{D}(Q)$  related to cubes of type 1 and type 2 into domains  $\mathcal{D}_{Q,k}$  such that  $\mathcal{U}_{Q,k} = \varphi(\mathcal{D}_{Q,k})$  are *M*-Lipschitz domains with lendth still bounded.

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#### Starlike domains in type 1 or 2: visual explanation



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#### Starlike domains in type 1 or 2: visual explanation



 $\mathcal{H}^1(T(Q_k)) = C\ell(Q_k)$ 

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#### Starlike domains in type 1 or 2: visual explanation



 $\mathcal{H}^1(\mathcal{T}(Q_k)) = \mathcal{C}\ell(Q_k)$ 

$$\mathcal{D}_j \setminus igcup_{G(\mathcal{Q})} \mathcal{T}(\mathcal{Q}_k) = igcup_{D_{j,k}}$$

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### Starlike domains in type 1 or 2: visual explanation



 $\mathcal{H}^1(T(Q_k)) = C\ell(Q_k)$ 

$$\mathcal{D}_j \setminus igcup_{G(\mathcal{Q})} \mathcal{T}(\mathcal{Q}_k) = igcup \mathcal{D}_{j,k}$$

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 $\sum \mathcal{H}^1(\partial arphi(\mathcal{D}_{j,k})) \leq \mathcal{C} ert arphi'(z_{\mathcal{Q}}) ert \ell(\mathcal{Q}) \leq \mathcal{C} \mathcal{H}^1(\mathcal{U}_j)$ 

#### Given any connected set

#### Corollari

There exists a constant  $M < \infty$  such that if  $\Gamma$  is a connected plane set with  $\mathcal{H}^1(\Gamma) < \infty$ , then there exists a connected plane set  $\widetilde{\Gamma} \supset \Gamma$  such that  $\mathcal{H}^1(\widetilde{\Gamma}) \leq M \mathcal{H}^1(\Gamma)$ , the bounded components  $\mathcal{D}_j$  of  $\mathbb{C} \setminus \widetilde{\Gamma}$  are M-Lipschitz domains with  $\Gamma \subset \bigcup \partial \mathcal{D}_j$ , and the boundary of the unbounded component  $\mathcal{D}_0$  of  $\mathbb{C} \setminus \widetilde{\Gamma}$  is a circle at least  $3\sqrt{2}\mathcal{H}^1(\Gamma)$  units from  $\Gamma$ .

# The shortest proof

#### Proof.

Apply the previous result to each bounded component of the original set united to a circle big enough by a segment.

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# Small domains, big domains

Now, let  $\Gamma$  be connected with  $\mathcal{H}^1(\Gamma) < \infty$ , let  $\{\mathcal{D}_j\}$  be the Lipschitz domains given by the previous corollary and write  $\Gamma_j = \partial \mathcal{D}_j$  and  $\delta_j = \operatorname{diam}(\mathcal{D}_j)$ .

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# Small domains, big domains

Now, let  $\Gamma$  be connected with  $\mathcal{H}^1(\Gamma) < \infty$ , let  $\{\mathcal{D}_j\}$  be the Lipschitz domains given by the previous corollary and write  $\Gamma_j = \partial \mathcal{D}_j$  and  $\delta_j = \operatorname{diam}(\mathcal{D}_j)$ . Let Q be any dyadic square and define

$$\mathcal{F}(\mathcal{Q}) = \{ \mathsf{\Gamma}_j : \mathsf{\Gamma}_j \cap \mathsf{3}\mathcal{Q} 
eq \emptyset, \delta_j \geq \ell(\mathcal{Q}) \}$$

and

$$\mathcal{G}(Q) = \{ \mathsf{\Gamma}_j : \mathsf{\Gamma}_j \cap \mathsf{Z} Q \neq \emptyset, \delta_j < \ell(Q) \}.$$

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#### The relation between betas

#### Lemma

There is a constant C such that if  $\ell(Q) \leq \operatorname{diam}\Gamma$  and  $\ell(Q) = \frac{1}{4}\ell(Q')$ , with  $Q \subset Q'$ , then

$$eta_{\mathsf{\Gamma}}^2(\mathcal{Q}) \leq C \sum_{\mathcal{F}(\mathcal{Q})} eta_{\mathsf{\Gamma}_j}^2(\mathcal{Q}') + C_1 rac{1}{\ell(\mathcal{Q})^2} \sum_{\mathcal{G}(\mathcal{Q})} \operatorname{Area}(\mathcal{D}_j).$$

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# Trivialities

WLOG, WMA that  $\ell(Q) = 1$  and  $\beta_{\Gamma}(Q) > 0$ , so that  $3Q \cap \Gamma_j \neq \emptyset$  for some  $\Gamma_j$  and  $3Q' \subset \bigcup D_j$ .

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# Trivialities

WLOG, WMA that  $\ell(Q) = 1$  and  $\beta_{\Gamma}(Q) > 0$ , so that  $3Q \cap \Gamma_j \neq \emptyset$  for some  $\Gamma_j$  and  $3Q' \subset \bigcup \mathcal{D}_j$ . If  $\mathcal{F}(Q) = \emptyset$  then  $\sum_{\mathcal{G}(Q)} \operatorname{Area} \mathcal{D}_j \ge 9\ell(Q)^2$ . Thus, we can assume there exists  $\Gamma_1 \in \mathcal{F}(Q)$ .

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# Trivialities

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Finding a good route The route cannot be improved much

The general case

### Case 1

$$\mathcal{F}(Q) = \{ \Gamma_1 \}.$$

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### Case 1

 $\mathcal{F}(Q) = \{\Gamma_1\}$ . Let *L* be a line such that

$$d = \sup_{\Gamma_1 \cap 3Q} \operatorname{dist}(z, L) \leq \beta_{\Gamma_1}(Q)\ell(3Q).$$

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$$d = \sup_{\Gamma_1 \cap 3Q} \operatorname{dist}(z, L) \leq \beta_{\Gamma_1}(Q)\ell(3Q).$$

Let  $z_0 \in \Gamma \cap 3Q$  have maximal distance  $d_0 = \operatorname{dist}(z_0, \Gamma_1)$  and let  $z_1 \in \Gamma_1$  have minimal distance to  $z_0$ .

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Let  $z_0 \in \Gamma \cap 3Q$  have maximal distance  $d_0 = \operatorname{dist}(z_0, \Gamma_1)$  and let  $z_1 \in \Gamma_1$  have minimal distance to  $z_0$ . Call  $z_2 = \frac{z_0+z_1}{2}$ . Then, if  $B = B\left(z_2, \frac{d_0}{2}\right)$ ,

$$B \cap 3Q \subset \bigcup_{\mathcal{G}(Q)} \overline{\mathcal{D}_j}$$

and Area $(B \cap 3Q) \approx d_0^2$ .

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 $\mathcal{F}(Q) = {\Gamma_1}$ . Let *L* be a line such that

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Let  $z_0 \in \Gamma \cap 3Q$  have maximal distance  $d_0 = \operatorname{dist}(z_0, \Gamma_1)$  and let  $z_1 \in \Gamma_1$  have minimal distance to  $z_0$ . Call  $z_2 = \frac{z_0+z_1}{2}$ . Then, if  $B = B\left(z_2, \frac{d_0}{2}\right)$ ,

$$B \cap 3Q \subset \bigcup_{\mathcal{G}(Q)} \overline{\mathcal{D}_j}$$

and Area $(B \cap 3Q) \approx d_0^2$ . Hence

$$eta_{\mathsf{F}}^2(\mathcal{Q}) \leq (d+d_0)^2 \leq 2d^2+2d_0^2 \lesssim eta_{\mathsf{F}_1}^2(\mathcal{Q}') + \sum_{\mathcal{G}(\mathcal{Q})} \operatorname{Area}\mathcal{D}_j.$$

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### Case 2

 $\mathcal{F}(Q) = \{\Gamma_1, \Gamma_2\}$  for disjoint  $\mathcal{D}_1$  and  $\mathcal{D}_2$ .

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 $\mathcal{F}(Q) = \{\Gamma_1, \Gamma_2\} \text{ for disjoint } \mathcal{D}_1 \text{ and } \mathcal{D}_2.$  In this case, we may assume that  $\beta_{\Gamma_j}^2(Q) < \varepsilon_0, j = 1, 2$ , since otherwise the lemma would hold for  $C = \varepsilon_0^{-1}$ .

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$$\beta_{\Gamma}(Q) \leq \beta_{\Gamma_1}(Q') + \beta_{\Gamma_2}(Q') + d_1.$$

Also because  $\mathcal{D}_2$  is an *M*-Lipschitz domain, there exists  $z_3 \in 4Q \setminus (\mathcal{D}_1 \cup \mathcal{D}_2)$  such that  $\operatorname{dist}(z_3, \Gamma_j) \geq Cd_1$ .

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 $\mathcal{F}(Q) = \{\Gamma_1, \Gamma_2\} \text{ for disjoint } \mathcal{D}_1 \text{ and } \mathcal{D}_2.$  In this case, we may assume that  $\beta_{\Gamma_j}^2(Q) < \varepsilon_0, j = 1, 2$ , since otherwise the lemma would hold for  $C = \varepsilon_0^{-1}$ . Let  $d_1 = \sup_{\Gamma_2 \cap 3Q} \operatorname{dist}(z, \Gamma_1)$ . Then, if  $\varepsilon_0$  is small enough,  $\Gamma \cap 3Q$  is trapped between  $\Gamma_1$  and  $\Gamma_2$ , and

$$\beta_{\Gamma}(Q) \leq \beta_{\Gamma_1}(Q') + \beta_{\Gamma_2}(Q') + d_1.$$

Also because  $\mathcal{D}_2$  is an *M*-Lipschitz domain, there exists  $z_3 \in 4Q \setminus (\mathcal{D}_1 \cup \mathcal{D}_2)$  such that  $\operatorname{dist}(z_3, \Gamma_j) \geq Cd_1$ . Consequently,

$$\beta_{\mathsf{F}}^2(\mathcal{Q}) \lesssim \beta_{\mathsf{F}_1}^2(\mathcal{Q}') + \beta_{\mathsf{F}_2}(\mathcal{Q}')^2 + \mathrm{d}(z_3,\mathsf{F}_j)^2 \lesssim \sum_{\mathcal{F}(\mathcal{Q})} \beta_{\mathsf{F}_j}^2(\mathcal{Q}') + \sum_{\mathcal{G}(\mathcal{Q})} \mathrm{Area}(\mathcal{D}_j)$$

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### Case 3

 $\mathcal{F}(Q)$  contains at least three distinct  $\Gamma_j$ .

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Case 3

 $\mathcal{F}(Q)$  contains at least three distinct  $\Gamma_j$ . Then, because each  $\mathcal{D}_j$  is an *M*-Lipschitz domain, there exist at least one  $\Gamma_j \in \mathcal{F}(Q)$  such that  $\beta_{\Gamma_j}(3Q') \ge C_1$ , as three strips intersecting 3Q will always intersect one another in 3Q'.

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# Proof of the theorem

To finish the proof of the main theorem, let  $\Gamma$  be a rectifiable curve and let  $\{Gamma_j\}$  be as in the corollary. Using the lemma on Lipschitz graphs we can see that

$$\sum_{Q}eta_{\mathsf{\Gamma}_{j}}^{2}(Q)\ell(Q)\leq C\ell(\mathsf{\Gamma}_{j}).$$

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If  $\delta_j < 2^{-n}$  there are at most 25 dyadic cubes Q such that  $\ell(Q) = 2^{-n}$  and  $\mathcal{D}_j \in \mathcal{G}(Q)$ .

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If  $\delta_j < 2^{-n}$  there are at most 25 dyadic cubes Q such that  $\ell(Q) = 2^{-n}$  and  $\mathcal{D}_j \in \mathcal{G}(Q)$ . Hence,

$$\sum_{Q} \frac{1}{\ell(Q)} \sum_{\mathcal{G}(Q)} \operatorname{Area} \mathcal{D}_{j} = \sum_{j} \operatorname{Area} \mathcal{D}_{j} \sum_{Q: \mathcal{D}_{j} \in \mathcal{G}(Q)} \frac{1}{\ell(Q)}$$

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$$\leq 25 \sum_{j} \operatorname{Area}\mathcal{D}_{j} \sum_{m=0}^{\infty} 2^{-m} \delta^{-1}$$

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$$\leq 25 \sum_{j} \operatorname{Area}\mathcal{D}_{j} \sum_{m=0}^{\infty} 2^{-m} \delta^{-1}$$
$$\leq 50 \sum_{j} \frac{\operatorname{Area}\mathcal{D}_{j}}{\delta_{j}}$$

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$$\begin{split} \sum_{Q} \frac{1}{\ell(Q)} \sum_{\mathcal{G}(Q)} \operatorname{Area} \mathcal{D}_{j} &= \sum_{j} \operatorname{Area} \mathcal{D}_{j} \sum_{Q:\mathcal{D}_{j} \in \mathcal{G}(Q)} \frac{1}{\ell(Q)} \\ &\leq 25 \sum_{j} \operatorname{Area} \mathcal{D}_{j} \sum_{m=0}^{\infty} 2^{-m} \delta^{-1} \\ &\leq 50 \sum_{j} \frac{\operatorname{Area} \mathcal{D}_{j}}{\delta_{j}} \\ &\leq C \sum_{j} \ell(\Gamma_{j}) \leq C \ell(\Gamma) \end{split}$$

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On the other hand, in the sum

 $\sum_{Q}\sum_{\mathcal{F}(Q)}eta_{\mathsf{\Gamma}_{j}}^{2}(Q')\ell(Q)$ 

each term appears sixteen times,

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On the other hand, in the sum

$$\sum_{Q} \sum_{\mathcal{F}(Q)} \beta_{\Gamma_j}^2(Q') \ell(Q)$$

each term appears sixteen times, so

$$eta^2(E) = \operatorname{diam}\Gamma + \sum_{\ell(Q) \leq \operatorname{diam}\Gamma} eta^2_{\Gamma}(Q)\ell(Q)$$

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$$eta^2(E) = \operatorname{diam} \Gamma + \sum_{\ell(Q) \leq \operatorname{diam} \Gamma} eta^2_{\Gamma}(Q) \ell(Q)$$
  
 $\leq \mathcal{H}^1(\Gamma) + \sum_Q \sum_{\mathcal{F}(Q)} eta^2_{\Gamma_j}(Q') \ell(Q) + rac{1}{\ell(Q)} \sum_{\mathcal{G}(Q)} \operatorname{Area} \mathcal{D}_j$ 

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$$egin{aligned} η^2(\mathcal{E}) = \operatorname{diam} \Gamma + \sum_{\ell(\mathcal{Q}) \leq \operatorname{diam} \Gamma} eta_\Gamma^2(\mathcal{Q}) \ell(\mathcal{Q}) \ &\leq \mathcal{H}^1(\Gamma) + \sum_{\mathcal{Q}} \sum_{\mathcal{F}(\mathcal{Q})} eta_{\Gamma_j}^2(\mathcal{Q}') \ell(\mathcal{Q}) + rac{1}{\ell(\mathcal{Q})} \sum_{\mathcal{G}(\mathcal{Q})} \operatorname{Area} \mathcal{D}_j \ &\leq C \mathcal{H}^1(\Gamma) + C \sum_{i} \sum_{\mathcal{Q}} eta_{\Gamma_j}^2(\mathcal{Q}) \ell(\mathcal{Q}) \end{aligned}$$

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$$\begin{split} \beta^{2}(E) &= \operatorname{diam} \Gamma + \sum_{\ell(Q) \leq \operatorname{diam} \Gamma} \beta_{\Gamma}^{2}(Q) \ell(Q) \\ &\leq \mathcal{H}^{1}(\Gamma) + \sum_{Q} \sum_{\mathcal{F}(Q)} \beta_{\Gamma_{j}}^{2}(Q') \ell(Q) + \frac{1}{\ell(Q)} \sum_{\mathcal{G}(Q)} \operatorname{Area} \mathcal{D}_{j} \\ &\leq C \mathcal{H}^{1}(\Gamma) + C \sum_{j} \sum_{Q} \beta_{\Gamma_{j}}^{2}(Q) \ell(Q) \\ &\leq C \mathcal{H}^{1}(\Gamma) + \sum_{j} \ell(\Gamma_{j}) \end{split}$$

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Thank you!

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